

making the silent battle...not.

Posted by silentbattle - 04 Dec 2009 04:12

Because isn't that why I'm here? And silent battles are always more difficult to fight. There are very few people in the "real world" (you know, the one where people lie, cheat, steal, and are) that I can talk to about this - so this is my chance, I guess.

I'm in my late 20s, single. I learned in Eretz Yisroel for a bunch of years, and had tremendous success, both in learning, in middos, and general personal growth.

When I came back to america, though, things were different. I didn't have the same social framework of the yeshiva that I'd gotten used to. Most of my friends were married, in a different country/state, or both. And the few friends who were still around were crazy busy with their own things. So there I was, lonely, without any support system to speak of, having trouble with dating, and full of the standard drives that guys have. And no real outlet for any of my emotional and physical needs.

Speaking to Uri and reading his posts, yes, I suppose I have a deeper neediness, and to me, "loneliness" includes that - the feeling of not having people to rely on, not feeling wanted, needed, etc.

So I started going to various websites - I started by using them as fuel for fantasies, but eventually ended up meeting women in real life. And while I was honest with them, and made sure they were aware that it could never become something truly serious (how ironic, that my being frum influenced me even while I was doing these terrible aveiros!), I got involved in one unhealthy relationship after another. They provided a fleeting comfort, and even some support, but nothing lasting, and in retrospect, it's no surprise that my dating wasn't very successful (even though I wasn't in any other relationships at the time of dating, I just wasn't in a very healthy place overall).

And then...Hashem helped me. I'm very close with my rebbe, but I could never bring myself to tell him about this, even though I wished he would somehow find out. Well, he did - and I was horrified, but amazingly relieved at the same time. He directed me to a therapist, and the therapist mentioned this website - so here I am.

So, the major issue I'm dealing with is not meeting people in real life - but while I'm at it, my therapist recommended trying for complete abstinence - and I thought, "why not?" After all, if I'm looking to improve myself on a ruchniyos level, then I should try to stop mz"l too, right? And, so far, so good. Clearly, Hashem has been helping me. I've been clean over a month from unhealthy relationships, and something like 11 days on the WOH.

Thank you, everyone, for being part of this group.

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Re: making the silent battle...not.

Posted by Yosef Hatzadik - 30 Apr 2010 19:05

Reb **Silentbattle**, have a GEVALDIGER Shabbos!!

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Re: making the silent battle...not.

Posted by silentbattle - 30 Apr 2010 22:28

Thank you - have a great shabbos everyone!

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Re: making the silent battle...not.

Posted by silentbattle - 05 May 2010 17:57

Not sure how I feel about the new layout, but i guess I'll do my best to adjust.

had a couple of secons of realy strong urge today, but moved past, thank God. Also had a few times when I felt myself gettign a bit too edgy, so i knew i needed to get up and walk away from the computer.

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Re: making the silent battle...not.

Posted by Yosef Hatzadik - 05 May 2010 18:05

For now, I am sure, and it is in the negative range. When we think a bit deeper, we realize that it is probably because we are used to the old format. WE DO NOT LIKE CHANGE. We like what we know. A bit like little kids, afraid to taste a new food that Mommy made for them. :-X

GUARD has our best interest in mind. He must researched & concluded that this new look is better. Otherwise he wouldn't give the site a face-lift. :D

checker for writing posts... , and I do like the idea that there is a spell-

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Re: making the silent battle...not.

Posted by silentbattle - 05 May 2010 18:12

OK, so I misspelled a couple of things on my last post! Anyway, most computers I've been on have a built in spell-checker, I just sometimes miss stuff.

Yeah, some of it is the newness factor, I'm sure. Some of it, though, is just clarity - there were certain details that were clearer before - like the fact that "views" and "posts" were on two different columns. minor detail, but that's the kinda thing I mean.

I do like some of the emoticons' new looks, though.

Also, just in general, I prefer darker, slightly more bold lettering, instead of smaller, lighter, thinner letters. Same reason. It just makes things easier to see, notice, etc.

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Re: making the silent battle...not.

Posted by zalmandovid - 05 May 2010 18:15

I think the new layout is way cool, although I think we lost some emoticons in the process. Hey solent nice to see you hope all is well.

ZD

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Re: making the silent battle...not.

Posted by Yosef Hatzadik - 05 May 2010 18:18

[silentbattle wrote on 05 May 2010 18:12:](#)

OK, so I misspelled a couple of things on my last post! Anyway, most computers I've been on have a built in spellchecker, I just sometimes miss stuff.

Reb **SilentBattle**, can't you read English *at all*?

[Yosef Hatzadik wrote on 05 May 2010 18:05:](#)

Now that I use Google Chrome for this forum I have a spellchecker built in. Does Internet Explorer have one too?

Besides, the spell checker in Microsoft Word does a better job at recommending better spell choices than Google Chrome's.

I agree with your other observations; The look is too *dainty* for my liking.

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Re: making the silent battle...not.

Posted by zalmandovid - 05 May 2010 18:24

Is anyone experiencing a problem when visiting the wall of honor. It shows up in html form on my system. I am running a mac.

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Re: making the silent battle...not.

Posted by admin2 - 05 May 2010 18:29

[zalmandovid wrote on 05 May 2010 18:24:](#)

Is anyone experiencing a problem when visiting the wall of honor. It shows up in html form on my system. I am running a mac.

www.mydumpinggrounds.com/smf/index.php?topic=2267.msg63919#msg63919

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Re: making the silent battle...not.

Posted by Chazak Amenu - 05 May 2010 18:39

i have had trouble with it i think that is why the link goes to me saying that.

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Re: making the silent battle...not.
Posted by sci1977 - 09 May 2010 19:05

SB, Hope all is well. KUTGW!!

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Re: making the silent battle...not.
Posted by silentbattle - 09 May 2010 20:05

Doing well, thanks. The new layout isn't helping with me spending more time here, but I'm dealing as best I can.

I've had passing urges recently, and I need to remember that little slips are a big danger.

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Re: making the silent battle...not.
Posted by Yosef Hatzadik - 11 May 2010 18:35

Why is it that Reb **Silentbattle** seems to be more active in other threads than his own?

I am wondering if it is a good sign???

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Re: making the silent battle...not.

Posted by silentbattle - 12 May 2010 00:24

Touche!

Possibly not. I probably should be doing more introspection, checking my own pulse.

Thank you!

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