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Posted by Shivisi_Hashem - 09 May 2017 04:11

Im starting this thread solely for shabbes, as i disscussed with many GYE members, one of our biggest struggle is, when it comes shabbes, foe some reason the lust in Shabbes is at the highest level, so here we can share our ideas how to calm and get rid of this lust, share our shabbess sucess story's etc..

i could decide which name the thread should have, so my great partner came up with this name
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Which means: My soul is sick from so much love to you ??? and ??? ?????This might be a good phrase as when we have lust, our bodies get's sick to the lust and we can't think straight so for a ????? ????? we ask ??? to put in such a ??? that we should be able to exchange our lust for ????? to luts for ??? and ??? ?????

everybody is welcomed to share thier struggles and success within Shabbos.

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Re: ??? ???? ???? ???? ?????

Posted by Shivisi_Hashem - 26 May 2017 17:26

[Hashem Help Me wrote on 26 May 2017 17:12:](#)

For all those davening for a clean Shabbos please have me in mind too! Its my hardest day. And 2 days yom tov coming too. (I remember acting out Shavuos morning after vasikin..... and then again when i took a nap later in the day.... and then again.....) I do have everyone in mind when i say those 2 kapitlech every day so please think of me. Most appreciated.

Ill have all the GYE memebbers in mind shabbes, ???????, its a very big shabbes.

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Re: ??? ???? ???? ???? ?????

Posted by cordnoy - 26 May 2017 17:33

[Shivisi_Hashem wrote on 26 May 2017 17:20:](#)

[cordnoy wrote on 26 May 2017 15:58:](#)

[eslaasos wrote on 26 May 2017 15:46:](#)

Would you like to share why? It doesn't have to be on the forum, or at all if that's your preference.

Alternatively I can try the desensitization approach by setting up an automatic email on the hour

to ping you with the "K" word.

It is a defect with me.

If I would use the word, I would be foolin' myself into thinkin' that I was really comin' closer to God.

As I am a moderator on this site, if I would write that I think others are foolin' themselves and are full of BAD WORD REMOVED when they write that and other type of things, it would create an uproar. Do I think like that? Email me. Do other (moderators) also say or feel like that? Email them. Some of them may have even posted once or twice on the forum regardin' this.

Regardless, my feelings of others are irrelevant. It is what I feel about myself. I have readily said over and over that I don't really know God. I have said lately that I'd like to begin a relationship with Him. By the fact that I have been in recovery for four years, does that make me a kadosh, or feel kedushah? Nope. Would I like to? I don't know. Do I think you feel it? Could be; I have no idea.

But as a lustaholic who has no idea what kedushah is, and one who is workin' on recovery, I resent the term, but that is my problem, not yours. I am simply sharin' my thoughts for my benefit, for I am a selfish prick.

what's bad of talking of good stuff when you are not there, and you dont know what it is?

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Foolin' yourself is not a good idea.

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Re: ??? ????? ????? ????? ??????

Posted by Shivisi_Hashem - 26 May 2017 18:01

[cordnoy wrote on 26 May 2017 17:33:](#)

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Re: ??? ????? ????? ????? ??????

Posted by cordnoy - 26 May 2017 18:08

[Shivisi_Hashem wrote on 26 May 2017 18:01:](#)

[cordnoy wrote on 26 May 2017 17:33:](#)

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TTThat's not calling foolin, we all know our situation,

I have no idea if that is true or not, but my hunch says that it's not.

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Re: ??? ????? ????? ?????

Posted by Markz - 26 May 2017 18:09

[Shivisi Hashem wrote on 26 May 2017 17:20:](#)

[cordnoy wrote on 26 May 2017 15:58:](#)

[eslaasos wrote on 26 May 2017 15:46:](#)

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I think ????? ??? ????? can only be said about something defined yet it's done ??? ?????. But if you don't know what it is, how can there be a ??? ?????

This whole discussion is irllevant to me that's been having intimacy ????? for too many years. I don't do things ??? ?????

[Sorry cord's you'll have to give me a cryptic ticket]

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Re: ??? ????? ????? ????? ?????

Posted by Shivisi_Hashem - 28 May 2017 04:54

A good vuch all,

i had a struggling friday afternoon but i won, BH nothing happaned, i stayed clean.

shabbes afternoon was a wonderful one, no struggle at all, definitely because of your tefilos,
and becuase of hashems help,.

im still clean, and hope to continue this path..

thank you all.

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Re: ??? ????? ????? ????? ?????

Posted by Hashem Help Me - 28 May 2017 05:30

Easier on my end too. Thanks for all the tefilos.

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Re: ??? ????? ????? ????? ?????

Posted by eslaasos - 28 May 2017 05:33

BH for all the good news. I too had an easier time than expected and I know I had you all in

mind a few times over Shabbos.

Thank you both for building ??? ?? ????

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Re: ???

Posted by Shivisi_Hashem - 30 May 2017 19:25

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The yom tov is here, in a few hours, im very nervous it should pass clean, im getting tomorrow 6 weeks clean, please have me in mind at your tefiles i shouldn't fall, i should stay clean in such a big yom tov, the struggles are bigger in yom tov, please, ill have you in mind too.

Thank You

have a wonderfull good and nice Yom Tov

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Re: ???

Posted by eslaasos - 30 May 2017 21:22

We'll have each other in mind.

Hatzlacha!

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Re: ???

Posted by Shivisi_Hashem - 02 Jun 2017 04:33

Gut vuch all.

i had BH a great and clean yom tov, no struggles at all, for me it means a toooon, 2 days of yom tov and not to act out? Not even struggling? Thats something special, it was my Oineg Yom Tov.

i had all GYE members in mind by my tefiles and thilim.

tomorrow is Friday and Shabbos again, i hope to stay sober.

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Re: ??? ????? ????? ????? ?????

Posted by bb0212 - 02 Jun 2017 06:02

[Shivisi Hashem wrote on 02 Jun 2017 04:33:](#)

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Very happy to hear. Because you specifically made a request before chag, I remembered to put in a word for you when I was talking to our Father...

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Re: ??? ????? ????? ????? ?????

Posted by Hashem Help Me - 02 Jun 2017 12:14

BH a pleasant and clean yom tov here too. What a difference from times past. Thanks for all the tfillos. There is no question that everyone's being mispallel be'ad chaveiro is helping for the whole oilam as well as for themselves. Good Shabbos to all.

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Re: ??? ???? ???? ???? ?????

Posted by mikestruggling - 03 Jun 2017 21:25

i did not have a gr8 yom tov i acted out on the second day i bli'n pledge to join the davening group to daven for the oilem on shabbos (also during the week)

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