

Growing With The Chevra

Posted by yiraishamaim - 20 Apr 2017 18:43

Good afternoon gentlemen,

I must tell you that I have not been conducting myself appropriately for the last couple of months. I have been slipping to the point that only the most *lomdeshe grobbe* finger would rule not a fall. Obviously I am not happy. Now perhaps there are those that would argue that after such a significant time of not clearly falling by an obscure standard, that perhaps I should continue counting. After all, stopping a long count can have it's own repercussions. However, I have done a lot of soul searching I want to begin my count again. Of course perfection is only in Hashem's level and slips could surely come my way. However, I plan on using the forums standards and **keeping them strictly**. GYE leaves a little room for slips/errors and that must be enough for me.

Do not misunderstand me.

I do not look at this as a self-righteous fellow who is choosing just to be *machmir*. I unfortunately, have swayed too much and starting again is in my view the only way to go.

I have tweaked my home situation so that there is no internet without either an extreme filter or a code that is not known to me. I have no phone access.

My big challenge is at work. The company where I work at has a shomer shabbos head who has installed a filter in the computer. However, it is a weak filter and the IT guy told me years ago that once the history is erased they cannot retrieve your viewing sites.

I still need some hadracha in that vein.

I am in contact with someone on the phone and our dialogues are honest and helpful.

I plan to participate more on the forum.

I sit here with mixed emotions. I am sorry that I haven't lived up to the standards I should have but I am very excited to start fresh with a truly legitimate count.

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Re: Growing With The Chevra

Posted by yiraishamaim - 17 May 2018 01:10

My economic hurdle continues. B"H I am clean.

Less pressure today to look for "fake comfort" in the forbidden fruit.

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Re: Growing With The Chevra

Posted by newaction - 17 May 2018 06:04

Every single time you close your eyes from watching what's wrong you become the immediate recipient of a miracle. Keep on trucking and the miracles will start pouring on to you bringing ???
???? ??????.

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Re: Growing With The Chevra

Posted by shmiraashachaim - 17 May 2018 12:16

You weren't very clear. Which forbidden fruit?

If it's your chavrusa's wallet, please control yourself... Stealing isn't a game you know.

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Re: Growing With The Chevra

Posted by yiraishamaim - 22 May 2018 16:31

[newaction wrote on 17 May 2018 06:04:](#)

Every single time you close your eyes from watching what's wrong you become the immediate recipient of a miracle. Keep on trucking and the miracles will start pouring on to you bringing ???
???? ??????.

Amen. May they pour in for all of us.

Much appreciated.

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Re: Growing With The Chevra

Posted by yiraishamaim - 22 May 2018 16:38

[shmirashachaim wrote on 17 May 2018 12:16:](#)

You weren't very clear. Which forbidden fruit?

If it's your chavrusa's wallet, please control yourself... Stealing isn't a game you know.

The forbidden fruit is inappropriate gazing.

Need I say more?

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Re: Growing With The Chevra

Posted by shmirashachaim - 23 May 2018 12:22

Haha. Think I know what your referring to now.

Hope all is well.

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Re: Growing With The Chevra

Posted by yiraishamaim - 23 May 2018 15:03

In *Parshas Bechukosy*, the *Or Hachaim Hakadosh* writes that for the individual Jew(as opposed

to the community as a whole) if you see there is a lack of funds it means there is not enough learning.

That's what it means when it says: "*Eyn Kemach, Eyn Torah*"

There is not enough Kemach- *Eyn Kemach*?

That's because there is not enough Torah - *eyn Torah*

Needless to say, bli neder, I am trying to learn more

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Re: Growing With The Chevra

Posted by yiraishamaim - 30 May 2018 01:09

Today I had some anxiety. Certain issues came together and the result caused me to think that if only I indulge in some of the forbidden stuff, I'll be comforted.

Hashem helped me and I didn't do it.

Later in the day I again felt this anxiety. I remembered the challenge I had earlier on and the fact I didn't act out.

I sat back and a warm, deep seated comforting feeling enveloped me.

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Re: Growing With The Chevra

Posted by Changing - 30 May 2018 01:44

Good on you! I also think that stress is a major trigger for me.. your an insipration!

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Re: Growing With The Chevra

Posted by shmirashachaim - 30 May 2018 21:19

Great to hear.

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Re: Growing With The Chevra

Posted by yiraishamaim - 12 Jun 2018 14:28

Everytime I seem to get to a dramatic milestone in my life - that could bring about much Beracha - like a new job etc. I find myself being particularly challenged to look at the shmutz.

I then wonder: Maybe its because of it being a time of anxiety.

Maybe it has to do with the idea of being zoche for the new good situation

Then again, maybe I shouldn't even wonder.

Just KOT - Just do what works for me to be sober and let G-d take over the results.

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Re: Growing With The Chevra

Posted by mzl - 12 Jun 2018 14:37

I have a talent for jumping to conclusions when I see certain new events and decide that NOW Hashem will force my wife to provide me with whatever I want. Then soon after reality hits home.

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Re: Growing With The Chevra

Posted by cordnoy - 12 Jun 2018 15:38

[mzl wrote on 12 Jun 2018 14:37:](#)

I have a talent for jumping to conclusions when I see certain new events and decide that NOW Hashem will force my wife to provide me with whatever I want. Then soon after reality hits home.

Which reality hits home?

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Re: Growing With The Chevra
Posted by mzl - 12 Jun 2018 15:50

That I made it up in my mind in order to pleasure myself.

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Re: Growing With The Chevra
Posted by yiraishamaim - 19 Jun 2018 01:06

I'm clean a year.

In the past when I've hit a milestone I can't seem to contain myself.

I can't wait to write a testimonial to express my inner feelings.

However, now I am going through a financial crisis and I am just thankful that I am still clean taking into account the anxiety involved.

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