

This time I mean business!

Posted by Hashivalisesonyishecho - 27 Feb 2017 18:27

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Hi all,

Hashiva has hashiva-d. I don't know to what extent I will be posting or reading, but at this time I want to post about my current situation. I have been inconsistent. I guess I wasn't committed enough to be ready to do what it takes. Or maybe I thought that what it takes will not be possible for me to fulfill. But now I had a thought. Why do BTs usually remain BTs and never ever go back to be non frum? The answer is because they made a sharp cut. They cut themselves off from their old ways and paid a price. They bled when they cut. So it was a real cut - a real cut off. Up until now I have not really cut. There was nothing in place preventing me from going back in a weak moment. So I decided to cut.

I have given up internet access. My computer is whitelist only. My wife's computer is with a new changed password - her password which I don't know. I have decided not to access internet on my own. I am still in search for additional safeguards, which I plan to implement as I find them. Anyone with ideas for me, please say. I have started a new streak today. Not that I fell yesterday, but I have not been clean in the sense that I didn't cut. Today I cut, so today I'm considered clean. The streak is a plan of never return. I am discussing this with another GYE member, so that I make sure it's solid. I had been davening for a good plan, and Hashem hears even the prayers of sinners. May Hashem help us all.

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Re: This time I mean business!

Posted by Hashivalisesonyishecho - 08 Mar 2017 20:30

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[MayanHamisgaber wrote on 08 Mar 2017 20:01:](#)

Way to go

KOMT

Thanks for the chizuk. I had been starting to worry about the lack of feedback, so your comment was very appreciated.

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Re: This time I mean business!

Posted by Markz - 08 Mar 2017 20:33

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[Hashivalisesonyishecho wrote on 08 Mar 2017 20:30:](#)

[MayanHamisgaber wrote on 08 Mar 2017 20:01:](#)

Way to go

KOMT

Thanks for the chizuk. I had been starting to worry about the lack of feedback, so your comment was very appreciated.

Hey I'm also here to voice my support, and KUTGW on the BT'ing

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Re: This time I mean business!

Posted by cordnoy - 08 Mar 2017 20:44

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Feedback

Whatl worked for me:

Step zero: stop

Step one: start

B'hatzlachah

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Re: This time I mean business!

Posted by MayanHamisgaber - 08 Mar 2017 20:55

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[cordnoy wrote on 08 Mar 2017 20:44:](#)

Feedback

WhatI worked for me:

Step zero: stop

Step one: start

B'hatzlachah

Well that can translate into the old adage of how to deal with being on fire

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Re: This time I mean business!

Posted by cordnoy - 08 Mar 2017 21:25

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[MayanHamisgaber wrote on 08 Mar 2017 20:55:](#)

[cordnoy wrote on 08 Mar 2017 20:44:](#)

Feedback

What I worked for me:

Step zero: stop

Step one: start

B'hatzlachah

Well that can translate into the old adage of how to deal with being on fire

stop and roll but what happened to drop?

that, I leave for others.

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Re: This time I mean business!

Posted by Hashivalisesonyishecho - 08 Mar 2017 23:47

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[cordnoy wrote on 08 Mar 2017 20:44:](#)

Feedback

Whatl worked for me:

Step zero: stop

Step one: start

B'hatzlachah

Can you explain? I may understand stop. The way I understand it is to stop being in situations where you are bound to fall. But what does start mean? Start what?

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Re: This time I mean business!

Posted by Markz - 09 Mar 2017 00:32

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[Hashivalisesonyishecho wrote on 08 Mar 2017 23:47:](#)

[cordnoy wrote on 08 Mar 2017 20:44:](#)

Feedback

WhatI worked for me:

Step zero: stop

Step one: start

B'hatzlachah

Can you explain? I may understand stop. The way I understand it is to stop being in situations where you are bound to fall. But what does start mean? Start what?

Maybe my avatar message?

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Re: This time I mean business!

Posted by cordnoy - 09 Mar 2017 00:59

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[Hashivalisesonyishecho wrote on 08 Mar 2017 23:47:](#)

[cordnoy wrote on 08 Mar 2017 20:44:](#)

Feedback

WhatI worked for me:

Step zero: stop

Step one: start

B'hatzlachah

Can you explain? I may understand stop. The way I understand it is to stop being in situations where you are bound to fall. But what does start mean? Start what?

Il will not fall prey into the discussion again of what recovery steps look like, but I will say this: change from within is required.

Whenever you see recovery discussions on this site, keep this rule of thumb in mind: are they/it actually effectin' change from within (and keep in mind that stoppin' is not effectin' change; it is merely a pause of the festivities).

Just my opinion; of course, there are no shortage of others.

B'hatzlachah

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Re: This time I mean business!

Posted by Hashivalisesonyishecho - 09 Mar 2017 01:27

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[Markz wrote on 09 Mar 2017 00:32:](#)

[Hashivalisesonyishecho wrote on 08 Mar 2017 23:47:](#)

[cordnoy wrote on 08 Mar 2017 20:44:](#)

Feedback

WhatI worked for me:

Step zero: stop

Step one: start

B'hatzlachah

Can you explain? I may understand stop. The way I understand it is to stop being in situations where you are bound to fall. But what does start mean? Start what?

Maybe my avatar message?

I presume that you mean the video message about having a fulfilling life.

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Re: This time I mean business!

Posted by Markz - 09 Mar 2017 01:36

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"Stop stopping, Start living"

On PC it's below my name

On mobile it's on my profile page

In real life it's a work in progress

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Re: This time I mean business!

Posted by Hashivalisesonyishecho - 09 Mar 2017 04:04

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[Markz wrote on 09 Mar 2017 01:36:](#)

"Stop stopping, Start living"

On PC it's below my name

On mobile it's on my profile page

In real life it's a work in progress

Yes, I see it now. It's a great message!

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Re: This time I mean business!

Posted by Hashivalisesonyishecho - 14 Mar 2017 01:35

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I have only whitelisting on my device. I had a slip today, as one of the blogs I have whitelisted, a Jewish blog, had an article today which was inappropriate to read and somewhat triggering, so I had my filter blacklist it. I wish I would have stopped reading it as soon as I saw what it was saying, but I continued. The truth is that blog often has some anti frumkeit ideas, and I am probably better off not having access to such things, as they don't give any yiras shomayim or anything positive.

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Re: This time I mean business!

Posted by Markz - 14 Mar 2017 02:54

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[Hashivalisesonyishecho wrote on 14 Mar 2017 01:35:](#)

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Don't know if I should write this, cos I like you and want you to keep on posting with us, but isn't this forum got some posts that need blacklusting?

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Re: This time I mean business!

Posted by Hashivalisesonyishecho - 14 Mar 2017 03:42

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[Markz wrote on 14 Mar 2017 02:54:](#)

[Hashivalisesonyishecho wrote on 14 Mar 2017 01:35:](#)

I have only whitelisting on my device. I had a slip today, as one of the blogs I have whitelisted, a Jewish blog, had an article today which was inappropriate to read and somewhat triggering, so I had my filter blacklist it. I wish I would have stopped reading it as soon as I saw what it was saying, but I continued. The truth is that blog often has some anti frumkeit ideas, and I am probably better off not having access to such things, as they don't give any yiras shomayim or anything positive.

Don't know if I should write this, cos I like you and want you to keep on posting with us, but isn't this forum got some posts that need blacklusting?

First, I love that you said you like me, and I like you too.

Second, The Gemara said that when he is machzir alov lesorfo there is no chashash of shema yavo le'ochlo.

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Re: This time I mean business!

Posted by Hashivalisesonyishecho - 15 Mar 2017 13:33

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I have lot's of tzaros R'L. I basically can trace most of it back to the time that I initially got an internet connection on a laptop, around 9 - 10 years ago. (But not all, because some started before that.) Now B'H it seems that one of the big problems is somewhat improving. I hope it gets completely resolved. If it does, it will be very to interesting that it happened at the time that I have made this new commitment.

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