

Thoughts

Posted by Unknowngye - 26 Feb 2017 12:44

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Baruch HaShem, me physically acting out is becoming less of an issue, however I'm in yeshiva so I wouldn't get too excited. But the lustful thoughts are getting worse and worse. Just now I layed on my bed to read a book and an inappropriate thought had to come. I'm completely isolated yet that doesn't help the bad thoughts. Any suggestions?

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Re: Thoughts

Posted by Markz - 26 Feb 2017 14:43

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Brother you wrote recently

I was told by my rebbi not to use the Taphsic method. What I try to do is learn after a slip but nowadays a slip rarely happens so it probably won't accomplish much. Any suggestions as to how I can try to eradicate this negative side?

(I know it's a constant struggle...but how do I keep the strength I gathered in yeshiva?)

I suggest you seek another Rebbe that can truly help you. Don't stop till you find the right guy, so you find real life.

If at all possible pls try stick to 1 thread and continue postin there so you and us can follow your trend.

Hatzlacha

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