

To tell or not to tell

Posted by thatslife - 17 Jan 2017 15:02

hi

i have a mz"l problem and come bein hazmanim also a porn problem (most of you would say that i am not an addict). now for the question: should i or shouldn't i tell my parents? a few points here 1. my father is a very normal understanding person, so i think he will come to terms with it and help me out. BUT he is not an addict (to my knowledge). and only an addict will really understand what i'm going through. 2. i have a phone at home that TAG filtered, and my parents think everything is fine and dandy, but i broke thru the filter a long time ago already. so even if i'm not gonna tell my parents i don't have any way to filter my phone without my parents knowing, being that i'm gonna need to put in a normal filter that charges per month. and if i don't filter it then nothing will stop me. 3. i'll be very very embarrassed from them, as they consider me a very good normal boy. in other words not someone who would fall prey to such things. 4. also deep deep down i don't want to tell them cause than i won't be able to watch porn cause they'll be breathing down my neck....

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Re: To tell or not to tell

Posted by fresh start - 14 Feb 2017 21:56

[thatslife wrote on 14 Feb 2017 20:31:](#)

thanks all of you i'm still amazed at the amazing people on gye. but i still don't understand why i can't go and tell my father straight out. of course without all the gory details. but what would be the problem?

Some were worried about how daddy would take the information, with him possibly reacting in an unhealthy way.

Shlomo described very scary consequences that presented itself when he opened up to his parents.

However, your relationship with your father and his openness sounds different than what he experienced.

If you are still uncomfortable with telling him straight, HHM had an idea to kind of gauge what your father's view and feelings would be towards you if he found out.

What do you think of his plan?

Hatzlacha!

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Re: To tell or not to tell
Posted by Workingguy - 14 Feb 2017 22:57

I have no problem with you telling him straight out. The gory details aren't necessary. You can just say you have a problem with porn and masturbation and tell the gory details to a therapist

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Re: To tell or not to tell
Posted by Hashem Help Me - 15 Feb 2017 02:56

If that's how you feel go ahead and do just that. We will daven for you that it go well. Please let us know what happens.

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Re: To tell or not to tell
Posted by Shlomo24 - 15 Feb 2017 03:20

[thatslife wrote on 14 Feb 2017 20:31:](#)

thanks all of you i'm still amazed at the amazing people on gye. but i still don't understand why i can't go and tell my father straight out. of course without all the gory details. but what would be the problem?

I feel like my concerns aren't being heard. I would definitely admit the gory details. You're dad is emotionally attached to you. Emotional decisions usually aren't the best ones.

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Re: To tell or not to tell
Posted by thatslife - 15 Feb 2017 20:16

[Shlomo24 wrote on 15 Feb 2017 03:20:](#)

[thatslife wrote on 14 Feb 2017 20:31:](#)

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can you please explain?

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Re: To tell or not to tell
Posted by Shlomo24 - 15 Feb 2017 22:13

Maybe we could speak over the phone? My number is in my signature. You can use *67, I don't mind. Also, I think it would be helpful to be in one on one contact, please email me at iam24zman@gmail.com.

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