

ALMOST MADE IT.... ;(

Posted by bestrong - 27 Oct 2016 04:01

Hello there! I am killing myself, I went clean for 75 days and the day after Yom Kippur I lost it! It was biggest streak and I really thought I'd make it. I'm really beside myself cuz I fell couple times since then already. Anyone out there hav any chizuk for me!?!? Thanks

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Re: ALMOST MADE IT.... ;(

Posted by cordnoy - 27 Oct 2016 19:59

[YidFromMonsey wrote on 27 Oct 2016 19:48:](#)

[bestrong wrote on 27 Oct 2016 17:33:](#)

Also just wanna ask the oilam out there, if you stop for a certain period of time and then u fall and start doing stuff worse does that make it ur worse off then before and u hav to gain back double ground?!?!?

NO NO NO NO!!!! If you stopped for a certain period of time you're already better off, no matter if you fall again or how deep!!!!

Yes, you are worse off.

dol not know about the double ground.

You might have more ammunition with you, as you once stopped before.

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Re: ALMOST MADE IT.... ;(

Posted by Watson - 28 Oct 2016 07:00

I'm not sure what 'making it' means to you. To me it means living sober and well for the next 24

hours, irrespective of what happened yesterday.

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Re: ALMOST MADE IT.... ;(

Posted by bestrong - 28 Oct 2016 16:52

As I don't know how to quote previous posts I'll be old fashioned, to YFM, could be u are saying same as cordnoy that ur better off cuz u know what works if that's what cordnoy meant when he said "ammunition". And to Watson u hav a point, does that mean u hold that it doesn't matter how long u have been clean for? Again thanks everyone for there replys

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Re: ALMOST MADE IT.... ;(

Posted by Watson - 29 Oct 2016 19:07

[bestrong wrote on 28 Oct 2016 16:52:](#)

And to Watson u hav a point, does that mean u hold that it doesn't matter how long u have been clean for?

Does it matter *to you* how long you've been clean for?

Why?

(That's a genuine question btw, I really would like to hear your thoughts on it.)

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Re: ALMOST MADE IT.... ;(

Posted by bestrong - 30 Oct 2016 13:30

Isnt being clean for a long while proof that you somewhat managed to get it under control ??

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Re: ALMOST MADE IT.... ;(

Posted by Watson - 30 Oct 2016 15:01

Such pressure

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