

I am Back After a Long Leave Of Absence

Posted by waydown - 12 Sep 2016 21:06

Hi All Ish Kodoshim,

Unfortunately , I have been gone for a long while. I have been out there up to no good. I'll just cut to the chase. Recently, I meet a semi- frum lady albiet not in person. She was almost ready to take it all the way. But as we continued to chat she made two observations which convinced her not to go further.

1) My marriage is basically a happy one. Despite the fact she was married too, her marriage was not a happy one while mine is (other than intimacy which is my own doing). Therefore, she felt that she was not comfortable wrecking someone else's marriage if at least the other party is in a happy marriage.

2) While we are both orthodox she is barley frum and does not always keep shabbos anymore. I on the other hand am a very upstanding jew in all other areas. I am a bal chesed and learned person. I still attend minyan 3 times a day etc... She felt it was unbecoming of me to sin. It did not pas for someone on my level to stoop so low.

I thought both those two thoughts were very powerful enough to send me back home. Plus its elul where we all return to our father. (whether we return or not hashem is near us in Elul. (ani ledodi vdoedi li). So I unplugged all sinful e-mails and social media profiles and I am back home.

I should add that it is a tough time now as BH my wife is in her first trimester. That means I need to be a single dad for the time being because she has no koach to clean the house , watch and take the kids on trips. of course no relations follow suit. But I am still glad to be back.

Before you all ask whats your plan just please let me settle down and then we will talk. This all happened today!!!!

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Re: I am Back After a Long Leave Of Absence

Posted by cordnoy - 19 Dec 2016 13:35

It has been my feelin' and it is still is my feelin' (Although I may be wrong) that there is but only one level for all addicts. The difference in what people do lies in opportunity and the makeup of the individual characters.

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Re: I am Back After a Long Leave Of Absence
Posted by waydown - 19 Dec 2016 17:02

Just kind of circling to cord's point although not exactly. I don;t have much of tavaia for porn and never did much. I always viewed that as too fake and it never resonated with me.

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Re: I am Back After a Long Leave Of Absence
Posted by Watson - 19 Dec 2016 18:44

Waydown, what do you make of this:

www.slaafws.org/download/core-files/Characteristics-of-Sex-Love-Addiction.pdf

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Re: I am Back After a Long Leave Of Absence
Posted by waydown - 19 Dec 2016 20:26

some were very on point some not relevant to me and #7 is exactly the opposite of what i sought.

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Re: I am Back After a Long Leave Of Absence
Posted by YidFromMonsey - 19 Dec 2016 20:38

[waydown wrote on 15 Dec 2016 18:16:](#)

Ok I know I will sound like a broken tape recorder. But I need to write.

Once again I am back. I tried to meet a frum women in person (just to meet not a total affair.) Our connection was only over a short time span (day or 2). We did chat on the phone. But today she dumped me and I am not even sure why. Here are my feelings straight off the press.

- 1) As many people have, she respected my upstanding values and was wondering why I was there.
- 2) Prior to the dump like over the past day or so I was like excited and very very nervous to the point of butterflies in my stomach. Like extremely uncomfortable and not a good feeling but still dying for it. And I did not sleep well last night.
- 3) Now after the dump I am a bit saddened about being rejected but I kind of have a serene feeling. Like now I have nothing to hide and I am not doing any wrongs.
- 4) Why do I only resort to GYE when it flops for me?? Like I only realize the wrong when I get dumped? is that normal?

Overall I am right now just an emotional wreck with so many feelings hitting me at once. But I hope I can finally give my full attention to my wife.

Been there done that, the deeds and the feelings afterwards (my strongest MO is building relationships with other married frum women).

What can I say, I relate to the feeling of being crushed and rejected, but serene is not something I ever experienced even after hearing the "I really don't want to do this anymore" line (only to get a "Hi" text message 2 days later....). I did act out and felt horrible and even suicidal afterwards, but like a true addict I kept on running back, even when my wife was available and even to women who weren't half as beautiful as my wife, man I'm sick. Tflms

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Re: I am Back After a Long Leave Of Absence

Posted by Watson - 19 Dec 2016 20:43

[waydown wrote on 19 Dec 2016 20:26:](#)

some were very on point some not relevant to me and #7 is exactly the opposite of what i sought.

I'm not sure what the opposite is, but thank you for reading the list.

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Re: I am Back After a Long Leave Of Absence

Posted by YidFromMonsey - 19 Dec 2016 21:08

[Watson wrote on 16 Dec 2016 14:59:](#)

Welcome back.

I hope you get all the support you need.

Just wondering, what do you make of this:

www.slaafws.org/download/core-files/Characteristics-of-Sex-Love-Addiction.pdf

(No pressure but check out the second link in my signature if you feel so inclined).

Watson,

This describes me about 98% accurate.

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Re: I am Back After a Long Leave Of Absence
Posted by Markz - 12 Jan 2017 13:34

I am Back After a Long Leave

Time to turn a new leaf?

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Re: I am Back After a Long Leave Of Absence
Posted by Markz - 14 Mar 2017 14:18

Waydown, I been thinking about you

Have you been watching your back recently

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Re: I am Back After a Long Leave Of Absence
Posted by waydown - 20 Mar 2017 22:10

No I am a total emotional wreck although no new "averious" its still very bad both spritully and physically.

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Re: I am Back After a Long Leave Of Absence

Posted by Markz - 20 Mar 2017 22:19

[waydown wrote on 20 Mar 2017 22:10:](#)

No I am a total emotional wreck although no new "averious" its still very bad both spritully and physically.

I feel for you brother

We are always here for you

Thanks for checking back in

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Re: I am Back After a Long Leave Of Absence

Posted by cordnoy - 21 Mar 2017 03:27

Me2

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Re: I am Back After a Long Leave Of Absence

Posted by workingmyprogram - 23 Mar 2017 07:08

"An anonymous website has not helped in the long run"? What are you basing that on? Please be careful before you claim to know that this website hasn't helped anyone in the long run, because that's a lie. Sorry for being so blunt but this site might be the best thing for him and you could be really hurting him by trying to turn him away.

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Re: I am Back After a Long Leave Of Absence

Posted by stillgoing - 23 Mar 2017 17:40

[cordnoy wrote on 21 Mar 2017 03:27:](#)

Me2

Me 3

I don't know if it was the mods, or just a mistake to begin with, but it's nice to see it gone.

Way, are you gone too? Just post a joke. Just say hi. Just keep in touch. (Btw, it seems that the
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jokes don't even have to be funny, so you don't have that excuse