

BAIN HAZMANIM

Posted by elaalavinu - 13 Apr 2016 19:14

Hi everyone

I wanna start by saying that i have not watched real porn in quite a few months untilyesterday the 1st day of bain hazmanim.....i went into boost mobile store plugged in my headphones to one of the iphones and....i feel likeobviously although it was only 5 minutes but ...i feel like a its now a ticking time bomb

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Re: BAIN HAZMANIM

Posted by markz - 22 Apr 2016 14:54

Yes yes yes

But then again this is something I do between bein Hazmanims too

Dont forget there's some cool things to listen to on the dropdown above under "Shiurim" like some highly starred Dov shares, or

[How Does GYE Help People?](#)

At 90th Agudah Convention, Yaakov, Founder of GYE, was asked to explain how GYE helps thousands of Yidden to break free. This half hour shiur sums up the GYE mehalech, from A to Z. A must hear!

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Re: BAIN HAZMANIM

Posted by inastruggle - 22 Apr 2016 19:01

[markz wrote on 22 Apr 2016 14:54:](#)

between bein Hazmanims too

I just found a new way to describe yeshiva. It's just a little something I do between bein hazmanims. No biggie.

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Re: BAIN HAZMANIM

Posted by thanks613 - 22 Apr 2016 20:05

Going off now for Y"T, glad to see you're well ela!

So.. I had some grueling work today, but otherwise don't think I can keep my commits. I guess I'll shut off me computer early b4 midnight to make up for it, and maybe count the seder as

Chag Kasher Vesameach, and will get back for Chol Hamoed B"N

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Re: BAIN HAZMANIM

Posted by inastruggle - 22 Apr 2016 20:37

Same here.

Chag kasher v'sameach to all.

I'll try to be here a bit on chol hamoed too.

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learning

Re: BAIN HAZMANIM

Posted by thanks613 - 26 Apr 2016 15:11

Good Moed! Just checking in.

I was able to learn an hour yesterday.. some mishnayos, some gemara, some machshava on the yontif. And shut off my computer by 12 or maybe 12:01, frustratingly. I've been pretty busy with family and stuff, which is good. We went out yesterday, so there was lots of walking around I guess, but I didn't really do any special exercise otherwise. Will try to do some today, B"N.

One interesting thing: There is a Shira by Dovid at the end of ????? ? that we actually read on the 7th day of pesach because it has a lot to do talks about leaving mitzrayim (at least acc. to Rashi) and has hints to Kerias Yam suf. In one Pasuk Dovid says that Hashem protected him because "???????? ??????" - and there is a p'shat (brought in the blue artscroll navi) that this means he was careful about his sin, meaning the specific sin that would take him away from his personal mission in life. Each person has some personal mission that is unique to him. But he can be tempted to transgress specifically in that area, to draw him away from fulfilling his mission. David was thankful for his success in being careful in that particular area in order to fulfill his life mission.

It may be that Dovid's legacy to us is his ???? and ??????. Despite being king, he was able to say "I sinned" and to take responsibility and accept Hashem's justice against him and his family in extraordinary fashion, sometimes even to a fault. All this despite being king, etc. He also had tremendous emunah, not hurting shaul even when his own life was being threatened, and eulogizing Shaul as a tzadik despite their personal conflict.

Some people would also apply this lesson to the struggle that many of us have with lust. I'm not sure 'i would do that exactly, but it's an interesting thing to think about and contemplate and ask oneself "What is my mission?"

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Re: BAIN HAZMANIM

Posted by inastruggle - 26 Apr 2016 21:24

I totally forgot about not being online past 12, I was up really late...

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Re: BAIN HAZMANIM

Posted by thanks613 - 27 Apr 2016 03:58

How convenient... thanks for the update. What's your plan for tonight/tomorrow?

Today I learned gemara for a nice bit after shacharis, and spend the day out and about - on my feet, but not exercising exactly... and then time at home with family. I'm falling behind on my GYE!

I guess I will shut off the internet at 12:00, even though that's like 2 min, and maybe sign on in the morning.

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Re: BAIN HAZMANIM

Posted by inastruggle - 27 Apr 2016 06:20

It's really late here. I just remembered the 12 o'clock shutoff thing. Ok better late than never.

I guess that answered your question.

Good night.

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Re: BAIN HAZMANIM

Posted by thanks613 - 28 Apr 2016 03:40

I did a heckload of walking today on a trip with some family, and was able to learn after ma'ariv. Honestly, it hasn't been a productive week in terms of my "outside yontif" responsibilities, but it's been fun. And clean :)

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Re: BAIN HAZMANIM

Posted by inastruggle - 28 Apr 2016 04:06

I rediscovered an old time waster and spent the last two days on it. Today I did stuff though. A very decent amount of exercise as well. I'm going offline now because of the shutoff.

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Re: BAIN HAZMANIM

Posted by thanks613 - 01 May 2016 16:23

Hey all! Hope Y"T was good for everyone. I enjoyed, and hopefully gained something too.

So... is it still bain hazmanim? I signed off internet last night around midnight, and I will B"N try
rainy
day on the east coast. Heard lots of news past few days -- a few people died, unfortunately, a
few got engaged, very happily, and a baby was born. I guess that's life for ya.

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Re: BAIN HAZMANIM

Posted by Ecstatic - 01 May 2016 17:11

Well, I gained something too, but hopefully I'll lose it if I'm careful about exercise and what I eat

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Re: BAIN HAZMANIM

Posted by Gevura Shebyesod - 01 May 2016 17:20

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Re: BAIN HAZMANIM

Posted by thanks613 - 01 May 2016 17:35

well, the bain hazmanim group was an exercise program of sorts.. but maybe we need a post
Y"T shake down.

I've heard that you can lose a lot on a hardcore cornography diet, but I can't remember if they
promised you would lose weight or something else

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Try cutting down on the red meat