

BAIN HAZMANIM

Posted by elaalavinu - 13 Apr 2016 19:14

Hi everyone

I wanna start by saying that i have not watched real porn in quite a few months untilyesterday the 1st day of bain hazmanim.....i went into boost mobile store plugged in my headphones to one of the iphones and....i feel likeobviously although it was only 5 minutes but ...i feel like a its now a ticking time bomb

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Re: BAIN HAZMANIM

Posted by cordnoy - 19 Apr 2016 19:15

[Aryeh821 wrote on 19 Apr 2016 17:55:](#)

fine here's the rough draft

all member of the Bain ha'azmanim program must commit to 1 hour of learning per day (not necessarily at one time) and 30 minutes of exercise per day as well if anyone wishes to use any device for any kind of entertainment (movies tv shows, games ETC)after 10:45 it must be cleared with the chevra first anyone who transgresses any of the conditions must give 5\$ to tzedakah/ GYE

Thoughts?

How would they (the others) clear it if it's after their shut off time? Unless of course they have the "i-phone 6/left hand (or brain)/under the covers/chizuk for the klal" exception.

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Re: BAIN HAZMANIM

Posted by eslaasos - 19 Apr 2016 19:43

Q. What's worse than attending a board meeting?

A. Watching it play out post by post on an online forum.

Sorry, it' a great idea, I'm not trying to rain on your parade.

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Re: BAIN HAZMANIM

Posted by inastruggle - 19 Apr 2016 20:34

I go on gye when I'm bored. Meeting guys, posting, hanging out on the JHF section. It might be serious work but it's a lot of fun here.

The other forum I'm on is not a Jewish one. I don't interact much with the other posters. I post for advice and to post my work. I'm not going to say much about it for a few reasons. Suffice to say that it's very time consuming and I'm using it to avoid watching movies and to get through the first while of being clean. I won't be able to do much of it once I go back to yeshiva and I'm happy that way.

Sorry for keeping you curious.

Here's my proposal for the group:

- 1) We agree to learn an hour a day (can be broken into as many parts as you like)
- 2)We agree to exercise 30 minutes every day
- 3)We agree to make gedarim about how late we will use the internet and post them here

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Re: BAIN HAZMANIM

Posted by Aryeh821 - 19 Apr 2016 21:20

I'm up for anything it was just a rough draft so we could have something concrete to comment on

i agree that it should be a total device shutdown as we all know how easy it is to get off "topic" just let me know whatever we decide

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Re: BAIN HAZMANIM

Posted by thanks613 - 19 Apr 2016 21:51

Sounds like a plan ina

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Re: BAIN HAZMANIM

Posted by thanks613 - 20 Apr 2016 02:26

Day 1 - or do we count down till the end of bain hazmanim?

I mowed the lawn for 45 min. Got a decent sweat from it, and made my mom happy. Learned after Maariv for a bit over an hour. Some Hagadah and some Nedarim. I'll try to post about it later tonight/tomorrow.

I'm committing to B"N shut down my internet at 12:00 AM, starting tonight and continuing through (gulp) the end of bain hazmanim (when is that by the way? I'm not actually in Yeshiva now).

Thanks for the Chizuk and Hatzlacha to all who join (I hope ela stops in to say hello)

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Re: BAIN HAZMANIM

Posted by inastruggle - 20 Apr 2016 03:20

I'll also agree to the no internet for entertainment after 12:00. An exception is if I'm with someone else.

I plan on starting the kabalos at 12 tonight.

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Re: BAIN HAZMANIM

Posted by thanks613 - 21 Apr 2016 03:54

I was occupied for most of the day, but managed to fill my exercise quota between cleaning and doing push ups and stuff till I satisfied myself that it was about a legit half hour. I also sat down to learn after marriv mostly, but a bit in the morning too while I was on the go. Tonight I did some more hagaddah and I came across an interesting piece in the Chinuch - It's quite famous actually, but it was much more impactful to just happen upon it rather than hearing someone reference it in a shmooze or something. Look it up if you're interested. It was Mitzvah 20, or the mitzvah of not breaking a bone of the Korban Pesach. I also signed off GYE last night . I guess I will do the same tonight,

I wanted to share an idea quickly: We say that if Hashem had not taken us out then we would still be slaves to Pharaoh. Question is, do we really mean this? Is it conceivable that Egypt would still be a world powerhouse and that the Jewish nation would still be in slavery there after all these year? Many nations and empires have after all risen and fallen since then (Greeks, Romans, Germans, Turks, (British), Canada ;)

So here are a couple of thoughts/answers I saw:

1. No. We are using this point to imagine ourselves as slaves in Mitzrayim, as if we were personally taken out by Hashem. It doesn't matter that historically, this statement might not have technically played out this way (with Hashem's Hashgacha of course). The

whole point is to feel as if it happened to us.

2. Yes. History has always had the same guiding hand as the One that took us out of Mitrayim all those years ago. So actually maybe we do mean that if Hashem had not taken us out then, and He would not have taken us out later either (we would have been spiritually lost or unworthy maybe), maybe we would still be slaves to Paraoh in Mitzrayim. Maybe the Greeks, Romans, etc. would never have risen to power and fallen at all if Hashem had not allowed history to progress this way.
3. Sort of. The story we tell about leaving Mitrayim doesn't end as soon as we crossed the Yam Suf. It continues through Kabalos Hatorah, spending 40 years in the Midbar eating from Hashem's hand, directly, literally and figuratively. And entering E"Y and forming a nation and eventually a Malchus and a Beis Hamikdash. So, if Hashem had not taken us out of Mitrayim when He did, then this whole chain would have been interrupted. So, while we might not actually be slaves today to Paraaoh in Mitrayim, where would we be... (paraphrased from R' Sacks)
4. Not exactly. When Hashem took us out how and when He did, He did so in a way that allowed us to break our shackles to Paraoh, both physically and spiritually, and to instead devote ourselves to Hashem. Kay'adua, there are many forms of "slavery" - fear, desire, pride, fame, fortune, "saving-face", etc. If we would have been freed at some later point by "history", we would be technically free, but still slaves to other worldly things (Meshubadim Leparao). Only because Hashem took us out when He did, showed us the truth, and gave us the Torah are we able to serve Him as our own selves and as free men. (paraphrased from R' Soloveitchik hagadah)

didn't mean for this to be quite so long. thanks for reading

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Re: BAIN HAZMANIM

Posted by inastruggle - 21 Apr 2016 15:40

I was very busy yesterday and didn't get a chance (aka was too lazy) to do the exercise and learning until after 10 pm. I took a walk and listened to a shiur at the same time to try to squeak by the requirements.

I will bli neder make it up today.

The shiur was about bloodspots in eggs in case anyone is curious.

I went offline at 11:40ish which is a record for bein hazmanim.

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Re: BAIN HAZMANIM

Posted by markz - 21 Apr 2016 15:49

In yeshiva after Bein Hazmanim

working out is pass nisht?

--acting out is ok?

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Re: BAIN HAZMANIM

Posted by thanks613 - 21 Apr 2016 17:57

In or out - I've done lots of acting...

Acting like everything's fine

Acting like I'm happy to see people

Acting like I'm having Kavanah for success in learning rather than tearing my heart out over last night's fantasy

Acting like it's not big deal whether they leave the room ASAP and lock the door behind them so I could get on with.....

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Re: BAIN HAZMANIM

Posted by Aryeh821 - 22 Apr 2016 03:03

Thanks613 I heard a Shuir today by rabbi leib (Lawrence) keleman and in it he mentioned that a pshat may be not that it's physical mitzraim but rather spiritual mitzraim he said that the literal translation of that is boundaries or restrictions and the leader of the group was pharoh who was

the Wildest of the the group of mitzraim the one most enslaved to his taivos (pereh Adam) so when it says we would be slaves to mitzraim and pharoh it means we would be slaves to our taivos (I probably said it wrong listen to the actual Shuir it's really amazing)

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Re: BAIN HAZMANIM

Posted by inastruggle - 22 Apr 2016 03:52

Today was a good day.

Did a lot for pesach.

Took a five mile walk today with a family member.

Going to finish up the learning now.

Good night shefelach.

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Re: BAIN HAZMANIM

Posted by thanks613 - 22 Apr 2016 13:59

Thanks for the pshat Aryeh. And Wow for your 5 mile hike ina!

Yesterday was really busy, but I managed to learn 45 minutes in the morn, and another 15 if you count the between mincha/maariv drash that I dozed off for...Did some walking and pretty grueling pesach cleaning

If I don't post later - Have a Chag Kosher Vesameach!

GYE - Guard Your Eyes

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