### **GYE - Guard Your Eyes**

Generated: 24 August, 2025, 15:57

mikva in shower Posted by Dexterboy - 05 Apr 2016 19:47

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A rabbi once mentioned to me according to some opinions that there is a way to do mikvah in the shower for a seminal emission. He never got to tell me how though. Can anyone shed some light on this?

**Thanks** 

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Re: mikva in shower

Posted by markz - 05 Apr 2016 20:02

After 9 kav = apprx 8 gallon

# 

markz wrote on 05 Apr 2016 20:02:

After 9 kav = apprx 8 gallons

Warning: Spoiler!

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Re: mikva in shower Posted by mggsbms - 05 Apr 2016 23:25
This could get exciting. A full fledged machlokes in the varying opinions of shiurim.
Btw I recall seeing that it's aprox. 2-3 min. It's not a given since water pressure could vary.
======================================
Re: mikva in shower Posted by Dexterboy - 06 Apr 2016 02:21
what does going to the mikvah for being a baal kerri have to do with GYE? you're joking right?
===== ====
Re: mikva in shower Posted by Dexterboy - 06 Apr 2016 02:22
you just stand under the water for 2 -3 minutes? no other specifications?
======================================
Re: mikva in shower Posted by markz - 06 Apr 2016 02:27
Dexterboy wrote on 06 Apr 2016 02:21:

what does going to the mikvah for being a baal kerri have to do with GYE? you're joking right?

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- <b>9</b> 1,
no
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Re: mikva in shower
Posted by peloni almoni - 06 Apr 2016 02:41
go to this site:
dafyummy.blogspot.com/2012/08/berachot-22a-how-long-is-9-kav-shower.html?m=1
i think mark means that GYE is not meant to be a generic one stop shop for all things sperm related. it is specifically for stopping, recovering, strategizing, and collaborating (not necessarily in that order). otherwise, people may as well discuss submarines on this website, cause they are all full of seamen too!
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Re: mikva in shower Posted by markz - 06 Apr 2016 02:46
markz wrote on 06 Apr 2016 02:27:
Dexterboy wrote on 06 Apr 2016 02:21:
what does going to the mikvah for being a baal kerri have to do with GYE? you're joking right?
no
Let me 'splain

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- 1. ?KOM Many guys keep masturbating and keep mikey'ing
- 2. KOT ?Many guys stopped masturbating and don't do mikva besides for rare occassions

If you are part of the 1st group as the impression was portrayed <u>here</u>, then I ask, what has that got to do with gye

I think I'm not explaining it right - I'm tired - someone else please?				
======================================				
Re: mikva in shower Posted by peloni almoni - 06 Apr 2016 02:55				
markz wrote on 06 Apr 2016 02:46:				
markz wrote on 06 Apr 2016 02:27:				
Dexterboy wrote on 06 Apr 2016 02:21:				
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???? ??"? ????
=======================================
Re: mikva in shower Posted by Dexterboy - 06 Apr 2016 03:03
mikvah is a part of spiritual recovery (and possibly even mental) I don't understand what you're saying sorry. It is also a chance for a new beginning, a spiritual cleaning in the way the Torah prescribes. I'm lost onto how you are saying how this is not GYE related as wellfor Jewish men who wish to recover and grow spiritually
=======================================
Re: mikva in shower Posted by markz - 06 Apr 2016 03:04
Dexterboy wrote:
A rabbi once mentioned to me according to some opinions that there is a way to do mikvah in the shower for a seminal emission. He never got to tell me how though. Can anyone shed some light on this?
Thanks
My boy
May I ask you to please detail to me - perhaps 5 reasons, why you want to Mikva after emission

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Re: mikva in shower

Posted by Dexterboy - 06 Apr 2016 03:07

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1st off, do us all a favor and don't group the entire jewish people into 2 categories that you made up just now. Secondly, please dont link past posts of mine as any proof of my question RIGHT NOW not being valid... you are trying judge me. This website is not for judging. its for helping.... we dont need to cast judgement and also group jewish men into 2 groups that you deem I must be from one of them. mikvah is a part of spiritual recovery (and possibly even mental)... It is also a chance for a new beginning, a spiritual cleaning in the way the Torah prescribes. I'm lost onto how you are saying how this is not GYE related ..for Jewish men who wish to recover and grow spiritually, depending on who they are, it can do a lot for them. I was asking a simple halachic question.

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Re: mikva in shower

Posted by peloni almoni - 06 Apr 2016 03:17

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## Dexterboy wrote on 06 Apr 2016 03:03:

mikvah is a part of spiritual recovery (and possibly even mental)... I don't understand what you're saying sorry. It is also a chance for a new beginning, a spiritual cleaning in the way the Torah prescribes. I'm lost onto how you are saying how this is not GYE related as well...for Jewish men who wish to recover and grow spiritually

mikveh has nothing to do with recovery. it has to do with purity.

recovery comes with acceptance and humility and a lifetime of work.

and it can be detrimental for people who are not yet on this level to go dipping, thinking they are now done and pure and holy, when in an hour or two (or tomorrow) they will be right back at it again. fooling themselves into thinking the "holy water" will cleanse them from the devil within, which is really themself.

(agav, mkveh helps also for kedusha if you are holding by that, and if you are a woman or have eifer parah, it helps for actual tahara. never recovery)

in conclusion, mikveh may be the finishing touch, but it is not me'akev, it does not cleanse/erase the problem, nor is it the recovery.

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the philosophy on GYE is to treat the cause of the problem... and aim for recovery.