

welcome back

Posted by Net - 13 Nov 2009 03:09

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Hi guys

net is back after a long break, I stopped checking out the website, and after a recent fall, I've decided to start checking th site daily, so here goes. I'm in a computer course now in college, and the biggest problem currently facing me, is when I'm doing my work, and then I get tired or pissed off, and I just start browsing, almost always, It spirals down from there ,ending up with porn and mausterbating. I really feel like s... after. I made a hachloto to start going on here everyday, to get some help and chizzuk, I really don't know what to do. Whenever i get pissed off, i always end up feeling desperate, I went for 4 days this week being clean and then I screwed up on Thursday, then got really down, because I wanted to go the whole week clean. And then today, I was working on an assignment, and didnt get anywhere, (If anyone here knows php that would be great!, on the side). I was really upset and started browsing, everyone walked out of the class, and it just got bad from there.

Anyway, have a good shabbos

Cheers

Bye

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Re: welcome back

Posted by Eye.nonymous - 13 Nov 2009 08:11

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Welcome back, net.

Just posting here again is already a good step.

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Re: welcome back

Posted by Noorah BAmram - 13 Nov 2009 13:17

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Welcome back,

I find that the chizuk email's, asides from the inspiring and uplifting messages are another way that I keep myself together and part of the holy group of warriors, no matter how busy I get!! Guard usually highlights the going ons and the great posts.

Do u get the Chizuk emails?

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