

Phone Community - some guidance

Posted by toraschaim - 22 Jan 2016 14:06

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I just got admitted to the phone community and could use some guidance. My questions are:

1) So anytime I feel challenged/triggered, I can just call one of the numbers and speak out what I'm going through? Or do people usually set up a relationship with someone in advance, and then call that specific person?

2) Do people have a preference for being or called?

3) Also, I'm assuming one should check the time zone of the person you're calling, to make sure you don't call them at 2AM?

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Re: Phone Community - some guidance

Posted by Bigmoish - 22 Jan 2016 14:36

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Welcome back. Looks like you've been hiding for a few years. Care to share something with us here on the forum?

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Re: Phone Community - some guidance

Posted by markz - 22 Jan 2016 15:09

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Welcome - I'm a newby here, and I just wanted to say there may also be some other trucking tips you may like to partake of

OTAAT

**Warning: Spoiler!**

KOT

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Re: Phone Community - some guidance

Posted by markz - 22 Jan 2016 16:09

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[toraschaim wrote:](#)

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I personally think the phone community shouldn't be limited to triggered times

Id love to chat on the phone with you too, but I don't feel I'm the right guy for that, I'm not the chatty type - sorry

Hatzlacha

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Re: Phone Community - some guidance

Posted by Gevura Shebyesod - 22 Jan 2016 16:40

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[markz wrote:](#)

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I thought it was

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Re: Phone Community - some guidance  
Posted by Shlomo24 - 22 Jan 2016 18:42

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If this is anything like SA people who call then you can call others to share if you're struggling. I also make calls to check in even without anything specific on my mind. Also in my belief it is up to the owner of the phone to turn off the phone. If he doesn't want to receive calls then he should put it on silent or off, I personally do that myself. You can always call me if you want to, send me a pm or an email if you would like my number.

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