

"THE TWO FACED JEW"

Posted by buildingarainbow - 19 Jan 2016 23:50

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I live 2 lives. One life is full of sex, drugs, music, and clubs. One life is full of torah, tfillah and maaasim tovim. I'm torn between both worlds and i need help.

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Re: "THE TWO FACED JEW"

Posted by markz - 19 Jan 2016 23:59

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Welcome

I like the username you chose

Alot of us lived 2 lives, and with gye we established and maintained our true selves / shiny Trucks!

I wish you much success - although the beginning can be a little tough

Checkout the GPS navigation in my signature

All the best!!!

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Re:

Posted by Shteeble - 19 Jan 2016 23:59

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Welcome to GYE!

It works if you work it, so work it, you're worth it.

We're in this together.

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Re:

Posted by cordnoy - 20 Jan 2016 00:12

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I usually don't push my thread, but perhaps take a look at the thread called tryin'. The link is below.

Some people will tell you, "hey rainbow, you're really a tzadik....Don't worry about the shmutz, as we clear it away." Others will say, "perhaps you're on a low level now, but you have the potential to be great, as you yourself indicated."

I will say neither (doesn't mean I'm right).

Practice sobriety, for your life deserves to be manageable, and then we shall see.

B'hatzlachah.

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Re:

Posted by buildingarainbow - 20 Jan 2016 00:17

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Thankyou!

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Re: Rainbow's Thread

Posted by Bigmoish - 20 Jan 2016 01:40

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Welcome.

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Re:

Posted by mggsbms - 20 Jan 2016 04:11

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[cordnoy wrote:](#)

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Some people will tell you, "hey rainbow, you're really a tzadik....Don't worry about the shmutz, as we clear it away." Others will say, "perhaps you're on a low level now, but you have the potential to be great, as you yourself indicated."

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B'hatzlachah.

Hey you just shattered some (of my) big ideas with a stroke of a pen.

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Re: "THE TWO FACED JEW"

Posted by gibbor120 - 20 Jan 2016 17:09

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WELCOME! Check out the handbook. Keep posting. Your thoughts/feelings are common.

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Re:

Posted by Eyeglasses - 20 Jan 2016 17:40

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Brother - Just no Yiosh please, you can make it B'ezh:) .

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Re:

Posted by tmayn - 20 Jan 2016 20:49

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There's no question that you can make it with the support here. So many of us have that 2nd side, the challenge is simply trying to get ourselves to realize which side we want to be our 1st side so we can work on eliminating the other. Welcome to the fight!

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Re:

Posted by Shlomo24 - 20 Jan 2016 22:00

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[buildingarainbow wrote:](#)

I live 2 lives. One life is full of sex, drugs, music, and clubs. One life is full of torah, tfillah and maaasim tovim. I'm torn between both worlds and i need help.

This should be nominated for post of the year. Such brutal honesty. Welcome!

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Re:

Posted by Shteeble - 20 Jan 2016 23:27

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[buildingarainbow wrote:](#)

I live 2 lives. One life is full of sex, drugs, music, and clubs. One life is full of torah, tfillah and maaasim tovim. I'm torn between both worlds and i need help.

I'm no expert, especially in your situation,

but I would have to recommend joining

1) Narcotics Anonymous

&

2) Sexaholics Anonymous

Find groups in your area.

Don't waste time.

GYE is great, but you sound like you need a Quick and Heavy dosage of RECOVERY.

Not judging. Just trying to help.

Be matzliach.

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Re:

Posted by Watson - 21 Jan 2016 22:56

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I certainly relate. I used to learn with tremendous hasmodoh all day long in yeshiva, from before shacharis till late at night, except for the 1 or 2 times daily I would have to take a short break to go masturbate....

I would put huge efforts into my learning and davening and was surprised every time I acted out. How is it possible that I acted out when I'm shteiging so much?! So I would go do some hisbodedus and cry my eyes out to Hashem and feel so close to Him (nuclear reset button, anyone?) and go back to shteiging, acting out, crying to Hashem, etc. I felt stuck and hopeless.

There is a solution.

Stick around. Post some, read more.

Edit:

Re SA, I joined about 2 years ago and it has changed my life. I have nowhere near enough information to be able to tell you if you would benefit from SA, (it's not for everyone) so you'll have to make your own mind up about that. I've attached an SA pamphlet. If it does grab your interest you can find a meeting at [www.sa.org/top/?f2f=1](http://www.sa.org/top/?f2f=1)

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Re:

Posted by Eyeglasses - 22 Jan 2016 17:16

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Reb Waston,

I'm very moved from your history.

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