

I can not believe i did it!

Posted by mdmjerusalem - 29 Jan 2009 20:56

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I know it will be tough for my friends to accept this.

How can a legitimate person take such an absurd step?

However not being able to stand the pressure of guiltiness.

I literally told my wife about the struggle I have for years.

About he forum I found, and the 4 months of recovery.

I explained to her how this helped us in our relationship etc.

She listened attentively, without any factual reaction.

Chevra, what do you think will happen now?

How do you think she will respond?

Should I bring it up again?

Are there any important points I should tell her?

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Re: I can not believe i did it!

Posted by me - 09 Feb 2009 06:42

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MD,

I think someone may have already mentioned it up above, but if you treat your wife like the absolute queen (that she is). Showing her through words, expressions, actions, etc, I can't see how anything negative should come out of this.

There is only one thing that a women needs to know. That her husband is thinking about HER all day long. If he brings home a gift, she sees that he was thinking about her even when they

weren't together. Your wife's shock is that you gaver her information which showed that you were thinking of "other" women. BUT, when she sees, that they meant absolutely NOTHING to you, they were all just part of an illness, and you show her that she is the ONLY one in your life, (by doing the above), then she will be convinced.

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