

Solutions for Tonight

Posted by waydown - 16 Aug 2015 22:06

Guys I need some ideas how to overcome my yetzer for tonite. As I have posted before I normally fall asleep via J/O. And if I wake up in middle of the nite I'll do it again. Any ideas how not to? So far for starteres read something clean before sleeping.

I will be on only for another hour or two. I do not want log in to the internet once I get home from shul even if its just for GYE. Its just too dangerous. Thus the urgency

=====

Re: Solutions for Tonight

Posted by waydown - 10 Dec 2015 20:55

Again the facts speak for themselves Moish.

When boys say the only want pretty girls and they must see pictures of them too. When boys won't even consider girls who are not drop dead gorgeous what does that say? Do I have to be in their head to know that drop dead gorgeous = lust? Why then does someone need a drop dead gorgeous girl? And yes that's very common in certain circles. Now if you want to say the world is not normal then OK.

=====

Re: Solutions for Tonight

Posted by Bigmoish - 10 Dec 2015 21:11

[waydown wrote:](#)

Again the facts speak for themselves Moish.

When boys say the only want pretty girls and they must see pictures of them too. When boys won't even consider girls who are not drop dead gorgeous what does that say? Do I have to be

in their head to know that drop dead gorgeous = lust? Why then does someone need a drop dead gorgeous girl? And yes that's very common in certain circles. Now if you want to say the world is not normal then OK.

There are no facts. I don't go on such websites that post pictures of engaged couples anymore, because it is dangerous for me, but suffice it to say that in my eyes, most girls who get engaged are not so gorgeous. Why one person may need a strikingly beautiful woman at his side is of no consequence to me, and there is no point trying to assume, again, not based on any facts whatsoever, why he would. Maybe because his ego needs everyone to see what a "catch" he got. Maybe he has pure motives and is not addicted to lust, porn, and masturbation like me, but rather, just wants to make sure, as the gemara in kiddushin says, that he is not disgusted by the way she looks. And, by the way, I have many friends, and redt shidduchim to many others. None of them have admitted that they needed a "drop-dead gorgeous" girl, and only a very very small percentage even had a "kol" about them that that's what they were looking for. (Strangely, the general reaction when those guys got engaged was "THAT'S what he was holding out for!?!?!", so really it's about each person's individual perception, anyway.) Your "facts" are fiction.

=====
=====

Re: Solutions for Tonight

Posted by waydown - 10 Dec 2015 21:51

You don't need to go on websites my friend. Not to long ago I have been in shidduchim and I have had friends in shidduchim and family members as well. I can gladly bring you around to some infamous dormitories which I will not post in public (but I think you know which one I am referring to) and you can see if its the minority as you say. And its irrelevant if in your eyes those girls are pretty or not. The point is why are guys obsessed with looks. Its the first question many guy asks each other when they shmuz shidduchim.

Re "Maybe because his ego needs everyone to see what a "catch" he got."

For some reason money and prestige matter less and looks take a precedent. That's despite the fact that he will get honors and kavod for the shidduch. So perhaps its just ego but you tell me why looks are #1 then.

Re", as the gemara in kiddushin says, that he is not disgusted by the way she looks.

Come on that's why he needs only drop dead gorgeous. I don't mean an ugly deformed person but I mean when guys want only very pretty. That's all just the gemara in kiddushin?

"And, by the way, I have many friends, and redt shidduchim to many others. None of them have admitted that they needed a "drop-dead gorgeous" girl, and only a very very very small percentage even had a "kol" about them that that's what they were looking for"

I had very different experience of friends and they were generally ehrich too. And it got worse now-days not better. Ask any shadchan.

Re "Your "facts" are fiction"

My facts are facts. The fact is many guys want more than just what the gemara in kiddushin means to like the looks of an isha. Now you can argue that the reason is not due to lust but other reasons. I can't laydown a fact to prove its lust other than logical sense. I mean if one is in the woods and a tree falls does it really make noise? Well yes. Prove it how do you know. The answer is certain things in life are so obvious that no proof is necessary.

As I said before, in the haste of you and many heiliga yidden on GYE's quest and zeal to become heilieg and surrender lust we want the normal to be no lust and rightfully so. You want only what's totally the shpitz as you are a ben aliyah. The intentions is very good and proper. But I think sometimes we forget the true norms of those left behind not on such high madrigas.

=====

Re: Solutions for Tonight
Posted by eslaasos - 11 Dec 2015 14:17

[waydown wrote:](#)

The point is why are guys obsessed with looks. Its the first question many guy asks each other when they shmuz shidduchim.

And it got worse now-days not better. Ask any shadchan.

I have no idea of the statistics, and if what you're saying is true it's tragic. I ask Hashem to help me to raise my children so they will not be part of that statistic. Shortly after marriage they will realize that looks don't make for a happy marriage and I hope they learn the lesson gracefully. But it doesn't make one iota of difference to me. I'm not willing to use that information to change my mind about defining right and wrong. I don't see this as a shailoh that should be answered by puk chazi mei ama dvar.

As I posted previously, I am not qualified to say whether you're right or wrong to use your wife as a lust quencher. However, the fact that a certain percentage of young men have their priorities wrong is irrelevant to me, and it makes no difference whether that percentage is 1% or 90%.

The only conclusion I can draw from this imaginary poll is that lust is a normal part of the human condition, but we knew that already.

As I said before, in the haste of you and many heiliga yidden on GYE's quest and zeal to become heilieg and surrender lust we want the normal to be no lust and rightfully so. You want only what's totally the shpitz as you are a ben aliyah. The intentions is very good and proper. But I think sometimes we forget the true norms of those left behind not on such high madrigas.

I'm certainly no tzaddik, and I'm 99% sure that Bigmoish doesn't see himself as a tzaddik either. I'm sure he will let me know if I'm wrong.

IMHO, feeling lust is normal - but I don't think the One Above wants me to accept it as a valid factor that should be allowed to influence on my actions.

Does lust still influence my actions? Absolutely! Does that make it acceptable? Absolutely not!

What should I do about it? I'm still figuring it out, but probably should be working on my step 4 rather than trying to prove my point here.

=====
=====

Re: Solutions for Tonight

Posted by waydown - 11 Dec 2015 15:46

Eislassos,

But maybe since feeling lust is the way of the world then that is what hashem wants for ones wife? That's my point. If that's the norm then perhaps hashem just wants us to channel it in a kosher way? Who says its has no place. If it wasn't the norm then you would have a valid argument. If we know its part of the human condition then its unlikely that it has no place in our lives. Perhaps an addict has to take extraordinary measures and so it should have no place in an addict's live. But for everyone else?

Personally I hope my children are normal and well balanced. And yes I do want my daughter to look pretty But I hope none of my children are addicted to it as me (and my father was as well.) One more pointer, if its the norm even if its true that one should not lust for his wife its surely not wise telling a newbie that us chevar on GYE are not normal! We don't want to scare anyone

Sorry one more pointer which I vehemently disagree and will fully point it out. You say that you & big Moish are not tzadkim. But you are 1000% one zillion percent wrong. As a luster myself, I can attest that tackling this problem of lust is ten times harder than finishing shas. Its very hard to be committed and learn torah every day no matter what.(I am already half way done shas) But this is just so much harder. Yet you & big moish grabbed the bull by its horns and are dealing with this issue while I still lack the commitment. There is no way that you guys are not tzadkim.

=====

====

Re: Solutions for Tonight

Posted by Bigmoish - 11 Dec 2015 16:05

=====

====
away.

Re: Solutions for Tonight

Posted by waydown - 11 Dec 2015 16:13

Great Cartoon I loved it!!!

=====

=====

Re: Solutions for Tonight

Posted by Gevura Shebyesod - 11 Dec 2015 16:16

Perhaps we need to distinguish between "lust" and "desire". It is normal and proper to desire one's wife, in the context of bringing a loving relationship to its ultimate physical connection by each one giving to the other. And yes, you are allowed to (perhaps supposed to) enjoy it, but that should not be the focus. When the focus turns towards one's own pleasure then it becomes lust, and it doesn't matter whether it's for your wife or someone else.

And just because a lot of people have their priorities wrong doesn't make it right. We are working towards an ideal, which may be very hard for most people to fully achieve. But just because so many others can't or won't get there doesn't mean we shouldn't try.

=====

=====

Re: Solutions for Tonight

Posted by waydown - 11 Dec 2015 16:32

Again if the norm is to lust ones wife perhaps its is Ok to please ourselves. I do contend that its shouldn't be our primary focus. But what's wrong with pleasing ones self while also pleasing others.

Re "And just because a lot of people have their priorities wrong doesn't make it right. "

Its does make it the way the world which begs to say that their is something to it. hashem made us lust for a reason. And by the way I mean a lot of frum people.

"We are working towards an ideal, which may be very hard for most people to fully achieve".

Just realize its a lofty ideal. Its not wrong and its commended. But then when a guy posts about his disappointment that he didn't have kosher fun on mikva nite. OK he is not lofty. That doesn't make his kosher fun ideal wrong.

=====

=====

Re: Solutions for Tonight

Posted by Gevura Shebyesod - 11 Dec 2015 17:00

[waydown wrote:](#)

Again if the norm is to lust ones wife perhaps its is Ok to please ourselves. I do contend that its shouldn't be our primary focus. But what's wrong with pleasing ones self while also pleasing others.

Re "And just because a lot of people have their priorities wrong doesn't make it right. "

Its does make it the way the world which begs to say that their is something to it. hashem made us **lust** for a reason. And by the way I mean a lot of frum people.

"We are working towards an ideal, which may be very hard for most people to fully achieve".

Just realize its a lofty ideal. Its not wrong and its commended. But then when a guy posts about his disappointment that he didn't have kosher fun on mikva nite. OK he is not lofty. That doesn't make his kosher fun ideal wrong.

Again, "desire" not "lust". And the "way of the world" is nebach very far for most people from what Hashem intended. But that shouldn't stop each one of us to strive to achieve what we can.

=====

=====

Re: Solutions for Tonight

Posted by waydown - 11 Dec 2015 17:08

Did hashem not intend us to lust for our wives? Are you so certain that hashem made lust the normal tendency of us humans to have yet he said never use it? To me that's hard to understand. Or did he say use it but only for your wife? Maybe all we need to achieve is to only lust for our wives?

=====

=====

Re: Solutions for Tonight

Posted by markz - 11 Dec 2015 17:17

Do you enjoy a Chocolate coated jelly/custard filled doughnut? You're like everyone else

Do you think about Chocolate coated jelly/custard filled doughnuts more than 2 seconds a day?
You are lusting

It's normal to enjoy tashmish, it's not 'normal' to lust for it

=====

=====

Re: Solutions for Tonight

Posted by waydown - 11 Dec 2015 17:24

Well now define lust and addiction to lust. I think lust is normal. Its not normal to obsses ourselves that, its all we think about all day every time we see someone. But its very normal to think about our wives more than two seconds a day. And again I think that's why most guys want more than just what the gemara in kiddushin labels is liking the way ones wife looks like.

=====

=====

Re: Solutions for Tonight

Posted by Gevura Shebyesod - 11 Dec 2015 17:29

But if when you think
of her all you think about is sex then you have a problem.

=====

=====