

Solutions for Tonight

Posted by waydown - 16 Aug 2015 22:06

Guys I need some ideas how to overcome my yetzer for tonite. As I have posted before I normally fall asleep via J/O. And if I wake up in middle of the nite I'll do it again. Any ideas how not to? So far for starteres read something clean before sleeping.

I will be on only for another hour or two. I do not want log in to the internet once I get home from shul even if its just for GYE. Its just too dangerous.Thus the urgency

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Re: Solutions for Tonight

Posted by waydown - 16 Oct 2015 14:42

Not soo good last night but I refuse to give myself a zero.

1) I held out for a while.

2) When I woke up wanting to sin again. My yetzer or lust devil told me you are tamai anyhow why not just enjoy it again. But my sechel got the better of me and said no every single time I do it is wrong. Even hoding myself back once in my life is a tremendous feat! So i went back to sleep without sinning.

Sorry if I boor you guys out!

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Re: Solutions for Tonight

Posted by Mesayin - 16 Oct 2015 16:32

Boring?! You might have saved 100,000 people in israel because of your strength, you should be on the front cover of the newspaper.

Keep on trukin' one day at time.

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Re: Solutions for Tonight

Posted by Hashivalisesonyishecho - 16 Oct 2015 16:47

[Mesayin wrote:](#)

Boring?! You might have saved 100,000 people in israel because of your strength, you should be on the front cover of the newspaper.

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Waydown in his humility forgoes the kavod and doesn't want the story to go public.

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Re: Solutions for Tonight

Posted by waydown - 16 Oct 2015 21:14

hey guys thanks and yes very little bit is a zechus. But I still call myself "waydown". i ma far from a bal teshuva on an aggregate sense. But if you wnat to meet tzadkim on this site I'll refer you to Dov, Cordnoy, Watson, Gibor120 Serenty for starters. Sorry if left others out. There are many more both hidden and non hidden tzadkim on this site.

May we all have a "hielliga" Shabbos yidden!!!

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Re: Solutions for Tonight

Posted by cordnoy - 16 Oct 2015 21:49

[waydown wrote:](#)

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May we all have a "hielliga" Shabbos yidden!!!

You also put in those who don't belong....referrin' to myself, who is far, far removed from bein' a tzaddik.

And yes, I agree...May we all have a hellaga Shabbos.

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Re: Solutions for Tonight

Posted by markz - 16 Oct 2015 21:52

Waydown I have a suspicion your name was gonna be VayDown

One time too many you fell in lusting, and you said

oy VAY I fell DOWN

To hide your identity somewhat you changed the Vay to Way... Down

But it's too late we all know who you are. A chassidishe yungerman with [waydown wrote:](#)

a cholent boch and... bald.

. And a chashuve one too. Too late mein chaver.

Now please 'tu ins alle a toive un toish dein nicknummen hecher, odder nitz dein echte hilige nummen'

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Re: Solutions for Tonight
Posted by markz - 16 Oct 2015 21:56

[cordnoy wrote:](#)

[waydown wrote:](#)

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Click [HERE](#) to report Cor'noy to the moderator

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Re: Solutions for Tonight

Posted by cordnoy - 18 Oct 2015 00:37

[markz wrote:](#)

[cordnoy wrote:](#)

[waydown wrote:](#)

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And yes, I agree...May we all have a hellaga Shabbos.

Click [HERE](#) to report Cor'noy to the moderator

Bring it on!

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Re: Solutions for Tonight

Posted by Gevura Shebyesod - 18 Oct 2015 04:56

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Gardnoy IS the moderator!!
Re: Solutions for Tonight

Posted by waydown - 19 Oct 2015 15:26

Markz

Hey don't make fun of my baldness and cholent boch or actually chulent (the chasidish way). I thank hashem that I ain't that good lookin. It saves me from sinning. And the same is true for wealth. If I was a rich man... unlike tevel from fiddler on the roof, I would prob indulge alot more in lust. Unfortantley for the right price one can get what they want in this crazy world. This does bring me to an interesting question, is it OK to look at a rich guy in ones community who seemed to be brought down by lust (yes its often rumors and pur loshon hara)? He was king and top askan in the community. And lust brought it all down. Do I want the same? Again I am not knocking this wealthy guy, even if rumors are true I would not be better and I would probably worse. It takes one to know one. But is it OK to look at it and chap a tziter?

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Re: Solutions for Tonight

Posted by waydown - 19 Oct 2015 15:29

So last nite, I had strong itch to sin. But BH I was so tired from just doing local sunday errands that I didn't even have koach to contemplate fighting it verse surrender. I just said to myself you are so tired just go to sleep and skip the nonsense. Halvei tonite as well.

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Re: Solutions for Tonight

Posted by eslaasos - 19 Oct 2015 15:42

[waydown wrote:](#)

So last nite, I had strong itch to sin. But BH I was so tired from just doing local sunday errands that I didn't even have koach to contemplate fighting it verse surrender. I just said to myself you are so tired just go to sleep and skip the nonsense. Halvei tonite as well.

Mazel tov, very happy for you.

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Re: Solutions for Tonight
Posted by markz - 19 Oct 2015 15:56

[waydown wrote:](#)

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You're makin a mistake. The YH is very kind, he doesn't discriminate between poor and rich

And btw you're probably good lookin'.

We gotta now do some good inward looking. All the best my friend

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Re: Solutions for Tonight

Posted by waydown - 19 Oct 2015 16:08

Markz yes very true, but we do know that often the eibishter doesn't give us nisyanos that we can't pass. There are lots of chasidish stories of people that wanted ashires but either didn't get it or got it and realized that they couldn't deal with it. (My rav said over that R mier Permashlinar use to give the seventh hakafa to one who needed ahsires. But if the guy was a kamtzan he didn't give him the zechus. A similar concept)

Oh just a point in hand. There was recently an public display article about an OTD kid that I knew somewhat who made it very rich. The front cover of the article had a pic of him and two very good looking women. (Not very good for lusters like me) Its clear that his money bought him that. (Yes he was a poor nerdy not good looking kid till he made it rich). Would I be better? No. Thats my point thank you hashem that I am not rich for this reason alone. But hashem I wouldn't mind a little more help paying my bills bmnuchas hanefeshB)

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