

Solutions for Tonight

Posted by waydown - 16 Aug 2015 22:06

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Guys I need some ideas how to overcome my yetzer for tonite. As I have posted before I normally fall asleep via J/O. And if I wake up in middle of the nite I'll do it again. Any ideas how not to? So far for starteres read something clean before sleeping.

I will be on only for another hour or two. I do not want log in to the internet once I get home from shul even if its just for GYE. Its just too dangerous. Thus the urgency

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Re: Solutions for Tonight

Posted by cordnoy - 07 Oct 2015 02:00

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[eslaasos wrote:](#)

[markz wrote:](#)

If I'd be locked in a room myself, that would be a tough challenge!

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I got an email one of the guys was makin a comment about humor. So I want to set it straight.

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How do we encourage our YH to stick to this great website? By makin it fun

Yeah, go be serious. Tell the YH "oy ye yoy ye yoy du sheigetz baal aveira, baal taiva..."

See where that gets you. Your 18 wheeler might leave fat skid marks somewhere... I don't wanna think what may happen with ye.

Ever since I accidentally joined this astounding website I have not had a depressin' moment - my addiction has been emptied from my tank and the YH hasn't had any opportunity to depress

It gets borin' sometimes truckin' for miles - and this is how we keep ourselves awake when we run out of tea an' cofee.

Any other ideas to stay awake? Keep postin'

Looks like that post was deleted. I think he had a point but it's beyond me to know where to draw the line, and one of the tools is a spoonful of me thru sins, and if we ever went over it. I'm curious if the poster deleted it or if a moderator did. But you know what they say about curiosity, so I don't want to be catty about it.

I think he did.

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Re: Solutions for Tonight  
Posted by Gettingcloser - 07 Oct 2015 02:12

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[eslaasos wrote:](#)

[markz wrote:](#)

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Because I was unsure if I'm right, & also I don't want to criticize when I know that the kavuna at least was definitely good,

and when we are in a struggle it's hard to be so ?????? on not crossing lines,

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Re: Solutions for Tonight

Posted by eslaasos - 07 Oct 2015 04:01

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[cordnoy wrote:](#)

[markz wrote:](#)

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There was never a moment where we joked about lustin. We were talking to our YH that wants

to do those things mentioned above, and it was also meant in all seriousness

**Warning: Spoiler!**

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Another southerner, or is he imitatin' or makin' fun of me?

My guess is he's British - who else uses the word bloke?

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Re: Solutions for Tonight

Posted by eslaasos - 07 Oct 2015 04:04

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[Gettingcloser wrote:](#)

[eslaasos wrote:](#)

[markz wrote:](#)

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Good to know if I delete a post all the subscribers will still have it in their emails. ?? ?????? ?????  
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Re: Solutions for Tonight  
Posted by markz - 07 Oct 2015 04:05

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Br'i'sh southerner. You guys are getting close

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Re: Solutions for Tonight  
Posted by waydown - 08 Oct 2015 14:14

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Ok guys yesterday was not too great. The work pressure is still on. Once again I have to pound away for a nice few hours all alone. I feel that when I post on GYE my family holds my hand. So here I am again.

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Re: Solutions for Tonight  
Posted by markz - 08 Oct 2015 14:29

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It's about time you changed your name, you're Wwway up!

If you're really desperate how about askin one of the guys to be your partner to remote view on your PC?

He doesn't have to be on 24hr, but the thought that he could access anytime - would that help?

I know this idea is ludicrous ridiculous madddddd, but, porn is more

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Re: Solutions for Tonight  
Posted by waydown - 08 Oct 2015 18:09

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Markz thanks man. And thanks for the chizuk. I have no admin rights to my computer, Thus unless one can be my partner without downlaoding anything to my laptop it won't work. But thnaks for the advice.

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Re: Solutions for Tonight  
Posted by waydown - 08 Oct 2015 18:09

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Oh and yes so far so good BH.

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Re: Solutions for Tonight  
Posted by markz - 09 Oct 2015 01:24

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[waydown wrote:](#)

I have no admin rights to my computer...

I love how the YH twists us around his dirty little finger.

Porn sites we have admin rights to... everything else not

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Re: Solutions for Tonight  
Posted by waydown - 09 Oct 2015 01:44

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LOL Markz you are kind of right but wrong. I have no access to porn sites. But work filter blocks it. But in the secular world you tube is not porn. And in fact in my field its occasionally needed for educational business matters. (Yes you tube has a nasty and an educational side to it). And of course there are a few other borderline sits with kosher and non kosher mixed in.

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Re: Solutions for Tonight

Posted by markz - 09 Oct 2015 02:03

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I think YouTube is enough of a pornsite.

Again I think my remote view idea is ludicrous meshige. Almost no guy here would want to allow another friend randomly access your pc, but again porn is toit meshige

My point was IF you DO want to do it eg install teamviewer, you have lost work b/c of porn so that's enough reason to request admin permission to install as its for work purposes - or you can say you need for yourself when you need remotely access this pc from elsewhere, or you can say you need remote technical support...

Just throwin out some ideas from the back of my new truck

I'm still waitin... ..

When you gonna change your name to waydownrightup...??

Huh???

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Re: Solutions for Tonight

Posted by waydown - 09 Oct 2015 14:31

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Markz,

Let me make it clear I am not advocating nor am I promoting you tube. But I disagree with the notion that youtube is a pornsite. I personally use it for educational stuff. There are lots of educational videos that help me with my work as well. And by the way yes as an addict I know some porn gets threw. But offically you can't post porn on you tube and it gets pulled if you do. I think you tube is like the rest of the internet. They say that 90% of the internet is porn. Does that mean porn= internet? No. Does it mean that no good come sout of the internet? No. Gye is good after all! Should a lust addict use the internet with caution? Yes. The same is with you tube. (yes its not exactly anlagous becuase the internet you can filter, while you tube you can't only filter for the good stuff. But there are still precautions that can be taken.)

Once again Disclosuer I am not promoting you tube. Those that don't need it should not use it.

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Re: Solutions for Tonight

Posted by Mesayin - 09 Oct 2015 15:54

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Keep improving waydown(up)!

Personally I never intently went onto dirty sites or watched dirty stuff but for years I watched movies and TV shows (not even rated R) and that alone drove me bananas.

Point being now that B"H I'm off of those for a while, I've become very sensitive to anything, even the smallest sight of romance Etc. I can't breath normally for the rest of the day.

A couple of days ago I was on a "frum" website and there was an advertisment from a wedding photographer and there was a photo of a choson with a bendown hat kissing his kallah, other than being outraged that frum jews would post such photos online it also drove me nuts (which is worse than bananas) the rest of the day especially when I saw someone in a bendown hat.

Point being I try staying away from any small thing that might trigger urge and that includes youtube ETC.

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Re: Solutions for Tonight

Posted by waydown - 09 Oct 2015 16:00

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Mesyain,

If you can stay away kol Hakovod. Yes us addicts have to be careful. By the way, its probably advisable to stay away from times square as well. But if you have a job on 42nd street, I don't know that I would tell you change careers. On the other hand if had a job for playboy, I'd probably advise you to change careers. I think the same is true for you tube. Don't go there for entertainment. But if you need for your job or schooling, its not a porn site in the literal sense.

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