

This is actually happening

Posted by Fightingaddictionnow - 02 Aug 2015 02:36

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Just an update. Thought I'd say my thoughts and open discussion for more advice and sharing what works for each of us.

Hello all my wonderful friends here at GYE

I'm a week clean now since last Shabbos when I started again on GYE and actually decided to try again. B"H I haven't fallen since! Don't get excited and tell me it's going to get hard, because don't worry it has already been a challenge which I am thankful to have the passed with the help of Hashem.

I have kept a lot more busy, used the 3 second rule which has helped alot, and asked Hashem constantly. I don't feel like talking much now anymore, but thank G-d it's been amazing and I'm happy with where I am. I could always use chizuk though, so positive messages left and any encouraging advice would be appreciated. Kol Tuv my friends.

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Re: This is actually happening

Posted by Changing - 03 Aug 2015 02:38

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Amazing! You should have alot of hatzlocho going foward!

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Re: This is actually happening

Posted by dd - 03 Aug 2015 11:13

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KEEP UP THE GOOD WORK!!!!!!

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