

A Bakasha to the Ribono Shel Oilam.

Posted by Fightingaddictionnow - 28 Jul 2015 05:10

".?' ?????? ?????? ??????? ??????? ?????? ?????????? ??????????????????. ??????? ?????????????? ??????????????"

For the benefit of those who have not heard this song (you're missing out, incidentally,) the above is a Posuk from Tehillim, 2:7. Loosely translated, Hashem invites us on our birthday to make requests of Him, and He will grant them. I must add that I am in no way qualified to interpret this, and I may be entirely wrong. I believe that is the gist, however - please feel free to correct me.

Today is my birthday. My Hebrew birthday. The irony that at 18, when the world tells you that you are a grown up and can do whatever you please, I am once again on this journey. Beginning Shabbos, I have been clean 3 days. I have been totally disregarding my addiction since I last fell, and I think it's been about a year since I tried. Therefore today I want to try and write my Bakoshos down, to ask Hashem to help me (though of course remembering that Hashem is always there to hear our tfilos) - we know we are powerless without Him.

Hashem - help me. Help me to overcome the tremendous challenge You have faced me with. Help me to channel my strengths that I know You have placed within me to become a better person. Help me help myself.

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Re: A Bakasha to the Ribono Shel Oilam.
Posted by peloni almoni - 28 Jul 2015 05:31

amein. its easy to forget (maybe atzas hayetzer) - that besides for tefilla if we wanna succeed long term we need a practical battle plan. my birthday was thursday, and i spend the entire day davening. and based on previous experiences, i have seen actual yeshuos from tefillos on birthdays. (i gave a 3 part shiur on the subject once upon a time. fascinating stuff) so i wish you a year and life of success, sobriety, purity, and continuously finding comfort and support in our daddys warm embrace. obviously, on gye we are all rooting for you. so keep blogging. and keep in mind that despite all of this, you need a practical plan. for some that means planning their entire next day in advance, for some it is phone conferences and a sponsor, and for others it may be the double taphsic. get help if you need to, but dont wing it if you want it to succeed long term. just one guy's opinion.

Posted by cordnoy - 28 Jul 2015 19:37

[peloni almoni wrote:](#)

[cordnoy wrote:](#)

That is not the translation of the passuk.

reb cordnoy,

although you may be right in the meaning of the pasuk ?? ?? strict ????? ??? (although i think there is some room to debate even here), there is definite validity to what our brother is saying ?? ?? ?????? ??? ?? ???????. i brought some sources below (although this is just what i have in my immediate notes - not at all exhaustive).

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Thank you so much.

I was discussin' the literal peshat, but I appreciate and really like the sources cited above.

Yasherkoach Gadol!

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Re: A Bakasha to the Ribono Shel Oilam.
Posted by Fightingaddictionnow - 29 Jul 2015 14:51

Oy vey. I get all emotional and Cordnoy comes and pops my bubble.

Reb Ploni Almoni - Thank you for coming to my aid. I was pretty sure there was a pshat like that. (Also the song version of it definitely interprets it that way!) Thank you Cordnoy for

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Re: A Bakasha to the Ribono Shel Oilam.
Posted by cordnoy - 29 Jul 2015 15:03

[challenging me though](#)
[Fighting a dictator now wrote:](#)

Oy vey. I get all emotional and Cordnoy comes and pops my bubble.

Reb Ploni Almoni - Thank you for coming to my aid. I was pretty sure there was a pshat like that. (Also the song version of it definitely interprets it that way!) Thank you Cordnoy for

No problem; i am sure I will do it again sometime.

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