

I'm a Comfortaholic

Posted by neshamaincharge - 08 Jul 2015 19:51

I'm addicted to taking the easy road. When the going gets tough, I look for a couch.

Ever since I started with GYE, it has had a ripple effect on my entire life- and I am trying to become a person that takes on challenges rather than running away from them like I've always done.

I would like to have a thread where we can share our thoughts, feelings, victories and struggles related to this issue. Hopefully, it can be a chizuk to all.

KOTU!

Keep on trucking uphill!

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Re: I'm a Comfortaholic

Posted by stillgoing - 08 Jul 2015 20:21

I'm a comforthaloic (come-for-tall-ick)

In my house and on the road

I'm as lazy as a toad

Always looking for a nap

With my energy all vapped

You wouldn't find me on a job

Oh my piggy bank did sob

I wished a bank I'd rob

So I wouldn't have to jog

But slowly I began to change

Like a golfer, on his range

No more was I in my cage

Of laziness below my age

How you ask? What did I do?

To burst on forth from my stew?

I began to work, and really try

To control, my very own two eyes

I found the energy, to persist

No longer would, I plead the fifth

I'll go out there, and do the job

Caus' I'm not gonna, be a slob

So this new habit, that I do

Of watching what, my eyes consume

Is spreading through me, like a bolt

To make me faster, then a colt

I'm interested, in life again

Meaning, has become my friend

My family, has seen the change

They've asked me, if I'm drinkn' strange

But now my days, are full and thick

Watching my eyes, has done the trick

And I rebuild my life, brick by brick

I'm no longer, a comforthaloic (come-for-tall-ick)

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Re: I'm a Comfortaholic

Posted by neshamaincharge - 08 Jul 2015 20:24

[stillgoing wrote:](#)

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Re: I'm a Comfortaholic

Posted by Shteeble - 19 Dec 2016 15:21

bump

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Wow! Great job- keep it coming!!

Re: I'm a Comfortaholic

Posted by will Succeed Beh - 19 Dec 2016 17:08

I would recommend a book called The 7 Habits of Highly Effective People by Stephan Covey.

Its a masterpiece.

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Re: I'm a Comfortaholic

Posted by Shteeble - 20 Dec 2016 00:43

[will Succeed Beh wrote on 19 Dec 2016 17:08:](#)

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It most certainly is.

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Re: I'm a Comfortaholic

Posted by Singularity - 20 Dec 2016 08:58

[stillgoing wrote on 08 Jul 2015 20:21:](#)

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Watch out! We got a poet here!

Nice one.

Anyone see that video on the new site of the guy writing a letter to his 8yo self?

Pornography embedded into your mind like a squeaking saxophone,

lust plays like tambourines and symbols

that change up the tempo

your own flesh plays like notes that build

to a SINFUL CRESCENDO,

Utter gold.

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