GYE - Guard Your Eyes Generated: 27 July, 2025, 11:14 a new start Posted by mggsbms - 24 Jun 2015 14:48 After being here for many years and succeeding sometimes more then others, I have left GYE. im trying to start this thing again with renewed motivation hopefully with good results. Re: a new start Posted by mggsbms - 14 Mar 2016 00:00 I'm still stuck in the rut. Can't get myself in the mood to work the steps. I know what I have to do to be sober. I'm just to downtrodden to care. I know it sounds depressing. But it is. So if anyone has an idea to get me working again, shoot. Re: a new start Posted by cordnoy - 14 Mar 2016 00:42

In a moment of non-turbulence, reach out and call.

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Re: a new start

Posted by realsimcha - 14 Mar 2016 11:54

mggsbms wrote on 14 Mar 2016 00:00:

GYE - Guard Your Eyes Generated: 27 July, 2025, 11:14 I'm still stuck in the rut. Can't get myself in the mood to work the steps. I know what I have to do to be sober. I'm just to downtrodden to care. I know it sounds depressing. But it is. So if anyone has an idea to get me working again, shoot. But you haven't stopped posting and sharing, that takes courage. My first time falling off this site was a fall that I didnt have the courage to get back on and tell the chevra that I fell. So kudos to you for the dtrength and courage and we are all rooting for you ==== Re: a new start Posted by Yesod - 14 Mar 2016 13:45 Hi, Did you start working the steps? What's your involvement thus far? ==== Re: a new start Posted by mggsbms - 15 Mar 2016 15:37 I'm back (I hope so).

It's been a awful two weeks as documented above. Was in a deep freeze hardly in touch with

reality. I snapped out of it for now. So help me hashem.

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| Re: a new start Posted by pischoshelmachat - 15 Mar 2016 16:36 |
|--|
| I wish you. L'yehudim hoisa oira! V'simcha,Vekar |
| ======================================= |
| Re: a new start Posted by mggsbms - 15 Mar 2016 16:47 |
| Umein! |
| As I'm not sure the "Thank you" button constitutes a "umein". |
| ======================================= |
| Re: a new start Posted by cordnoy - 15 Mar 2016 18:52 |
| mggsbms wrote on 15 Mar 2016 16:47: |
| Umein ! |
| As I'm not sure the "Thank you" button constitutes a "umein". |
| It does. |
| ======================================= |
| Re: a new start Posted by mggsbms - 15 Mar 2016 19:23 |
| A rayeh please |

GYE - Guard Your Eyes Generated: 27 July, 2025, 11:14 Re: a new start Posted by cordnoy - 15 Mar 2016 19:27 mggsbms wrote on 15 Mar 2016 19:23: A rayeh please I will let the lamdanim (and at the end of call today, there were plenty) explain the true meanin' of umein, and thanks...hodaah. Then we shall see if they are similar. Re: a new start Posted by Shlomo24 - 15 Mar 2016 21:11 mggsbms wrote on 14 Mar 2016 00:00: I'm still stuck in the rut. Can't get myself in the mood to work the steps. I know what I have to do to be sober. I'm just to downtrodden to care. I know it sounds depressing. But it is. So if anyone has an idea to get me working again, shoot.

In my experience, when I am not willing, i ask god to grant me the willingness to do his will. He

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Generated: 27 July, 2025, 11:14 Re: a new start Posted by mggsbms - 15 Mar 2016 21:31 And what's if I'm not willing to ask god to give me willingness. That's a tough one. Basically when one is happy in the dirt. Re: a new start Posted by Shlomo24 - 16 Mar 2016 06:07 Then I ask one level deeper, I actually have done that btw, not just spewing. Re: a new start Posted by mggsbms - 05 Apr 2016 00:18 A lot has been going on behind the scenes since I last posted, some good some not so good and some out right bad (the out right bad is my doing goes without saying). I can't believe that all the positive sentiment that I felt a mere four weeks ago are gone with the wind. In any case we're working on some major changes that will hopefully work for the long haul. One day at a time.

GYE - Guard Your Eyes