How to help a family member? Posted by David26fr - 19 May 2015 10:53 Hello all, I have a question about helping a member of my family. A close member of my family is addicted to p... sites on the internet. I don't know exactly what is the gravity of his addiction, but when I have to use his computer, I see often in the browser's history that he visited p... sites (for clarification, I don't check the browser's history willingly, being myself a dependant and aware of the danger to check this by myself, but even with a regular using of the computer, the information could appear to me). He is a member of my wife's family, and she is aware of the problem, but she wants to ignore his problem completly. He is not very religious: he celebrate the chagim, but he don't go to shul on shabbos, and he don't put tfilin if I don't offer to do so. I wonder how it will be possible to help him, if it will be possible... Of course, I can't speak about this clearly with this person, for questions of respect, and I think that talking clearly with him can do the things worse. And my wife can't also do this. Maybe to sign up him discretly to the mails of 'Hizuk? Or something else? Or I have to give up, and just pray and wait that one day he will begin to "open his eyes"? Thank you for your help!

later.

I think that I must pray for the moment for him, and perhaps to sign up him to the emails a little

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GYE - Guard Your Eyes

GYE - Guard Your Eyes Generated: 11 July, 2025, 18:19 Re: How to help a family member? Posted by David26fr - 15 Jun 2015 11:26 Hello Cordnoy, I am fine... I got some 130 days of sobriety, but I fallen last monday: many tiredness, and I think also I was beginning to be too confident after all this time of sobriety, and I didn't keep in mind the big danger of the addiction, that was always here after 90 days of sobriety... But I am very glad that I reached this amount of days, that was an accomplishment that I never done before! Soon after, I managed to keep up again, and to not begin to dig in the mud of p*... And always a day at a time. This message helped me a much after my fall: guardyoureves.com/forum/11-Working-Through- the-GYE-Handbooks/83910-28-We-don%E2%80%99t-lose-past-gains-after-a-fall#83910 There is nothing new about my friend... I am davening for him, and I hope that with Hashem help, things will become better for him Re: How to help a family member? Posted by cordnoy - 15 Jun 2015 11:34

Good to hear.

Thanks for the update.

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