

The Answer

Posted by jerusalemsexaddict - 25 Oct 2009 12:21

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Sorry.

I just didn't know what else to name the thread, and I knew this title would get people excited.

This thread is **not** about how to not watch porn.

It is not about how to be clean.

It is not about how to deal with withdrawal.

I think the time has come for a "new" approach.

This approach will teach us how to be happy with ourselves and how to embrace and feel comfortable with life, two things that will basically insure that this whole thing will become a non-issue.

Now,are we ready to start the journey of healing?

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Re: The Answer

Posted by jerusalemsexaddict - 27 Oct 2009 14:36

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put buckets outside and send them here

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Re: The Answer

Posted by habib613 - 27 Oct 2009 14:44

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[7Up wrote on 27 Oct 2009 14:28:](#)

Okay, does this come easier:

"mom 7up loves me bacuase she sees how special I really am"

nope. cuz i don't see what you see. i think not saying i hate you 1x is about all i can handle right now

but thanks mom :-[

[Kedusha wrote on 27 Oct 2009 14:26:](#)

Uri, you've got talent! Why not get the appropriate training, and use that talent to help others in a professional setting? In other words, you'll be able to do what you're doing now, but get paid

that is by far the most genius idea on this forum. go for it!

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Re: The Answer  
Posted by 7yipol - 27 Oct 2009 15:04

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"mom 7up loves me because she sees what I cant"

yet

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Re: The Answer  
for it!

Posted by the.guard - 27 Oct 2009 18:06

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I totally agree with kedusha. Here's the best training schedule for you:

Year 1: Get healed. Therapy with Reb Shraga

Year 2: Help many others heal on GYE, while taking a course on how to be a professional counselor.

Year 3: Get paid by GYE to offer phone counseling

Year 4: Get promoted to GYE Admor

Year 5: Get rid of guard (hit men), and take over GYE (which by then will be a mulit-million dollar org.)

Year 6: Get help for PA (power addiction) ;D

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Re: The Answer

Posted by letakain - 27 Oct 2009 18:20

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[habib613 wrote on 27 Oct 2009 14:44:](#)

nope. cuz i don't see what you see. i think not saying i hate you 1x is about all i can handle right now

but thanks mom :-[

how bout just "mom, letakain, and trying love me."

no reason, we're just crazy!

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but you are loved.

Re: The Answer  
Posted by the.guard - 27 Oct 2009 19:46

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**RATM sent me the following:**

Uri's thread "The Answer" reminds me of the ole snl skit with Al Franken....you remember it?

Daily Affirmation With Stuart Smalley

Stuart Smalley.....Al Franken

Stuart Smalley V/O: I deserve good things. I am entitled to my share of happiness. I refuse to beat myself up. I am attractive person. I am fun to be with.

Announcer: "Daily Affirmation with Stuart Smalley". Stuart Smalley is a caring nurturer, a member of several 12-step programs, but not a licensed therapist.

[ open on Stuart giving himself a pep talk in his full-length mirror ]

Stuart Smalley: I'm going to do a terrific show today! And I'm gonna help people! Because I'm good enough, I'm smart enough, and, doggonit, people like me!

[ turns to camera ]

Hello, I'm Stuart Smalley! Well, I'm still receiving some negative reaction from my show on Pee Wee Herman, titled, "There But For The Grace Of God Go I", and, I have to admit, it's not my best show.. but that's o-kay. I have to give myself permission to do a bad show every now and then. Okay.. for those of you who watch the show regularly, you know that I don't have guests, I always do the show alone.. and that's.. o-kay. But yesterday, my producer said, "Stuart, I can get you a guest that you would be insane not to have on the show." So I decided to take a risk - in life, you have to take risks - and, today we have a guest.. [ reveal Michael Jordan sitting next to Stuart ] ..and his name is Michael J. - I'll protect your anonymity. Michael is a basketball player for a professional basketball team. Well, that's very good, Michael, you should be very proud of yourself.

Michael Jordan: Well, thank you, Stuart. I am.

Stuart Smalley: Well, good for you! Good for you! Um, Michael.. I know there must be a lot of pressure for you to play very well, and I can imagine that the night before a game, you must lie awake thinking, "I'm not good enough.. everybody's better than me.. I'm not going to score any points.. I have no business playing this game.."

Michael Jordan: Well.. not really.

Stuart Smalley: Michael, denial ain't just a river in Egypt.

Michael Jordan: Well.. I do sometimes get a little nervous before important basketball games.

Stuart Smalley: I thought so. And that's.. o-kay. You're not alone. Believe me, I know what it's like.. laying there alone.. all those tapes rolling: "I'm a fraud.. tomorrow, I'm going to be exposed for what I am, a big imposter.. I just want to curl up and lay in bed all day and eat Fig Newtons."

Michael Jordan: Well.. something like that.

Stuart Smalley: Right. Well, Michael, those negative thoughts are your critical inner thoughts

saying those things to you, and I want you to replace those negative thoughts with something positive - a daily affirmation.

Michael Jordan: Affirmation?

Stuart Smalley: Yes. Now, look in the mirror. Come on, don't look at me. Only you can help you. [ Michael faces the mirror ] That's it. Say, "Hello, Michael."

Michael Jordan: [ trying to suppress his laughter ] "Hello, Michael."

Stuart Smalley: "I don't have to be a great basketball player.."

Michael Jordan: "I don't have to be a great basketball player.."

Stuart Smalley: "I don't have to dribble the ball fast, or throw the ball into the basket.."

Michael Jordan: "I don't have to dribble the ball fast, or throw the ball into the basket.."

Stuart Smalley: "Because all I have to do is be the best Michael I can be."

Michael Jordan: "All I have to do is be the best Michael I can be."

Stuart Smalley: "Because I'm good enough, I'm smart enough, and doggonit, people like me!"

Michael Jordan: "Because I'm good enough, I'm smart enough, and doggonit, people like me!"

Stuart Smalley: Now, don't you feel better?

Michael Jordan: Well, I never really felt bad!

Stuart Smalley: Michael..

Michael Jordan: No, it's true. Stuart, I guess pretty much of the time, I'm a very happy person. I mean, I'm a blessed person - God gave me the talent to play basketball, and I have been able to spread some of that talent, and some of that good feeling, towards everybody, to inspire other people, and help people achieve their dreams.

Stuart Smalley: [ glum ] I am just a fool.. I.. I don't know what I'm doing.. they're gonna cancel the show.. I'm gonna die homeless and penniless and twenty pounds overweight.. and no one will ever love me..

Michael Jordan: Stuart, that's just not true. I think what you say on your show can be very helpful to people.

Stuart Smalley: You think so?

Michael Jordan: Yes! Definitely! I just don't think it helps beating yourself up that way.

Stuart Smalley: You're right. It's just stinking thinking.

Michael Jordan: And, after all, this show is your dream. It's a good dream! You deserve to have dreams come true! [ Stuart nods ] Feel better? Would you like a hug?

[ Stuart and Michael hug ]

Stuart Smalley: Thank you, Michael.

Michael Jordan: Thank you, Stuart!

Stuart Smalley: You know what? I think this is the best show I've ever done. And you know what? I deserve it! [ turns to his mirror ] Because I'm good enough, I'm smart enough, and, doggonit, people like me!

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Re: The Answer  
Posted by Efshar Letaken - 27 Oct 2009 19:58

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1032 GYE points!

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Re: The Answer  
Posted by 7yipol - 27 Oct 2009 23:03

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RATM,

GET THE H\*\*K BACK HERE ALREADY!

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Re: The Answer  
Posted by Kedusha - 28 Oct 2009 00:02

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[7Up wrote on 27 Oct 2009 23:03:](#)

RATM,

GET THE H\*\*K BACK HERE ALREADY!

:D ;D

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Re: The Answer  
Posted by habib613 - 28 Oct 2009 03:17

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lol.

lol.

rofl.

how long did it take to type that up???

you coulda spent all that time on GYE making us laugh.

You'll have to be a bit more explicit if you want Rage to feel welcome!

i agree with mom.

GET THE H BACK HERE!!!!

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Re: The Answer

Posted by the.guard - 28 Oct 2009 08:09

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mom, watch it. Even *hinting* the word "heck" could have serious consequences.

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Re: The Answer

Posted by 7yipol - 28 Oct 2009 09:24

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[guardureyes wrote on 28 Oct 2009 08:09:](#)

mom, watch it. Even *hinting* the word "heck" could have serious consequences.

:-[

I REALLY REALLY wanted to write a different word (um, wonder what, duh)

but figured Rage would faint if head flake got nasty and explicit.

But yeh;

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Re: The Answer

Posted by the.guard - 28 Oct 2009 14:18

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You know how the goyim depict the devil from h\*ll as a red guy with horns and a pitchfork? So

in Dilbert (a cartoon strip for the amaratzim here), there's this devil from "heck" not "h\*ll"... And he carries a spoon, not a pitchfork.

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Re: The Answer

Posted by 7yipol - 28 Oct 2009 15:16

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[guardureyes wrote on 28 Oct 2009 14:18:](#)

You know how the goyim depict the devil from h\*ll as a red guy with horns and a pitchfork? So in Dilbert (a cartoon strip for the amaratzim here), there's this devil from "heck" not "h\*ll"... And he carries a spoon, not a pitchfork.

Maybe that should be my new avatar

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