

offline chizuk

Posted by doingtshuva - 26 Mar 2015 10:09

I use to have @ at home but for the sake of my sobriety, through the past year I managed to disconnect the Internet at home and to change to a simple talk and text phone.

At work I have Filtered Internet and there is were I log on to GYE.

My work is not on the computer, so it makes me even harder to spend time on GYE.

It also wasn't easy for me to convince my wife to give up on the internet at home, but today she can come to my office at any time if she needs @.

I know that it's hard not to have @ at home, but life isn't easy and recovering is even harder.

So there are times that I need chizuk when I'm offline.

At home, on the way, waiting at the dentist, when I'm in bed and can't fall asleep.....

Any suggestions?

Thanks chevra

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Re: offline chizuk

Posted by doingtshuva - 26 Mar 2015 10:31

I'm going to try to use my simple phone for chizuk. I just have to buy earphones.

I'll make a list of playback numbers, like this I'll be able to listen to shiurem and chizuk on the phone when ever I need a boost.

This idea can be helpful for those who don't have @

I would like to start posting a list of playback numbers,

Everyone can help build the list

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Re: offline chizuk

Posted by gibbor120 - 26 Mar 2015 17:04

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Re: offline chizuk

Posted by belmont4175 - 26 Mar 2015 21:18

I do actually have a smartphone [kosherized] with the Kol Haloshon App I download a shiur and listen when in the car or by the dentist/doctor, they have a variety of shiurim in several languages.

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Re: offline chizuk

Posted by ted - 26 Mar 2015 23:43

Call in to one of the three daily gye phone conferences. And then people exchanges numbers all Why not use the phone to actually connect with a real live person on the other end the time on those calls

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Re: offline chizuk

Posted by doingtshuva - 27 Mar 2015 14:14

First thanks you all, and I'll answer

gibbor120 - I can't call cause I have it very hard to open up to new people.

belmont4175 - very nice idea, I looked it up and found a phone-number to call in and listen.

www.kolhalashon.com/Info/KhlNumbers.aspx?English=True

ted - I wish I would be able to share a call, but all the 3 calls just don't fit with my work and family. I know I'm missing out but.

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Re: offline chizuk

Posted by gibbor120 - 27 Mar 2015 16:09

[doingtshuva wrote:](#)

gibbor120 - I can't call cause I have it very hard to open up to new people.

perhaps reconsider. It may make all the difference.

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Re: offline chizuk

Posted by cordnoy - 29 Mar 2015 03:56

send an email to people and perhaps they can make a conference call with you on an unmarked number.

i know I could; I'm sure others can as well.

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Re: offline chizuk

Posted by ted - 30 Mar 2015 02:28

You can call someone from a blocked number and not tell him your name.

And believe whatever you do/done there are plenty of people that have done the same and worse

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Re: offline chizuk

Posted by doingtshuva - 30 Mar 2015 09:13

I wont make a phone to someone I don't know even with a blocked number.

Making a list of people to call is a great idea,

but what I'm looking now is a way of getting chizuk when I'm offline.

sometimes I need my corner and listen to a shiur.

I would like to ask from GYE to set up a phone number which people can call in and easily listen to all the old recorded shiurem (like on kol halashon)

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