

GYE - Guard Your Eyes

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30 days

Posted by chizukmachine - 13 Mar 2015 00:10

Hi All. Not able to hit ninety days: way too high. I want to start with thirty as of tomorrow. Anyone want to start with me? We can post along the way: every day. Let me know if your in!!!

Would be helpful to me to have a partner or two that are struggling as well and would want to hit a holy thirty!!

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Re: 30 days

Posted by GYEmember - 13 Mar 2015 04:49

Welcome!

I'm in, but let us take it one day at a time, with 30 days as an incentive to help us along.

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Re: 30 days

Posted by yiraishamaim - 13 Mar 2015 04:53

Good luck to you both

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Re: 30 days

Posted by doingtshuva - 13 Mar 2015 11:47

by working one day at a time it will bring you to 40 50 60 70 80 90 10000 10000000

Hatzluche raba

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Re: 30 days
Posted by cordnoy - 13 Mar 2015 15:33

Make a daily email group!

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Re: 30 days
Posted by chizukmachine - 13 Mar 2015 16:30

So: i agree we should take it one day at a time: but there has to be some king of overarching goal no? some day's i'm not confronted with the nisayon: and some days yes: so on days were I am: having an overarching goal should be helpful: don't think we're disagreeing, i guess it's just a matter of where the focus should be: on the one or on the thirty. Each day I'm successful is a great day. Thirty successful day's is off the charts: no pun intended. So today's day one . . . let's make it a great one!

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Re: 30 days
Posted by Jay-jay - 13 Mar 2015 16:30

Alright. Starting tomorrow... I guess I'm in...

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Re: 30 days
Posted by cordnoy - 13 Mar 2015 16:34

[chizukmachine wrote:](#)

So: i agree we should take it one day at a time: but there has to be some king of overarching goal no? some day's i'm not confronted with the nisayon: and some days yes: so on days were I am: having an overarching goal should be helpful: don't think we're disagreeing, i guess it's just a matter of where the focus should be: on the one or on the thirty. Each day I'm successful is a great day. Thirty successful day's is off the charts: no pun intended. So today's day one . . . let's make it a great one!

the overarchin' goal is life.

Focus on the white lines before you; not those that are beyond the bend.

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Re: 30 days

Posted by chizukmachine - 13 Mar 2015 21:33

Alright! So we have three people in this: me; Jay-jay and GYEMember. I'm counting on you guys to help me through this: as well as help you guys as well.

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Re: 30 days

Posted by ineedchizuk - 14 Mar 2015 22:57

Shalom aleichem, Jay Jay, gyemember, and chizuk machine (the last one sounds vaguely familiar)

Much hatzlacha on your 30 day 1momentsatatime challenge!

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Re: 30 days

Posted by Bigmoish - 15 Mar 2015 01:31

Nc, think your chizuk needs can be somewhat alleviated if we hook you up to the chizuk machine?

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Re: 30 days
Posted by chizukmachine - 15 Mar 2015 01:32

Thank you ineedchizuk!! so do we all!! today is day two. What's crazy about the internet is that there are so many triggers: even if going on a seemingly innocent website: a slight picture can be a trigger: kind of like walking in the street and seeing a woman inadvertantly: it's kind of not fair: but today's day two: an easier day since it's shabbos: but one day at a time: so let's go!!

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Re: 30 days
Posted by chizukmachine - 17 Mar 2015 21:12

So: how's everyone who committed doing? any updates??

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Re: 30 days
Posted by GYEmember - 20 Mar 2015 15:07

I fell a few. I am confused as to the right mehalech. For now I am using GYE forum less.

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Re: 30 days
Posted by Bigmoish - 20 Mar 2015 15:09

Are you using anything else instead? Any ideas what ultimately caused the falls?

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