Who will be my helper in the way to freedom? Posted by astronaut129 - 21 Oct 2009 15:12 shalom everyone here at GYE. since may i receive the daily mails, but didnt read them. only when it got over me, and then a ton in a row. anyway, two days ago again i had a reading fit of the mails and decided to register and sign up here. the last time i acted out - as some of you call it - was actually already a while back, a day before hoshana raba. and i could have kicked myself in the butt about it... because the last time before then was in elul. and while immersing in the mikve on erev rosh hashana i again pleaded to the almighty that i am finished with looking at 'dirty' pics and acting out... i was a few times on the brink in the shower but stopped. well it depends what you mean with being clean? dont do both things? i have a very long history of m...g, since age 7 or 8. and even my mom catched me and try to make me mussar, it didnt help at all. well its a long story..... and i dont want to write about it all right now, im just looking for a person i can have a s a mentor on the way out. have a great clean time.