

yetzer hara got me

Posted by torahismyantidote - 22 Jan 2015 04:26

after 112 days of being completely free the yetzer hara got to me and I really cant take this anymore I keep trying but then fall later on what should I do I made a deal with Hashem that if I keep clean then he should allow something I really want come true for example I want a car then He should make it happen that I get a car so now I am afraid that the deal is off and I am afraid that in the future I will keep falling what should I do to motivate myself and how can I finally stop waisting seed and get rid of all the bad stuff in my head that keeps poping up

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Re: yetzer hara got me

Posted by Watson - 22 Jan 2015 04:38

Wow, a lot of stuff here. I haven't got a huge amount of time so I'll just say one or two things:

First of all amaaaazing that you were clean for 112 days!! Well done! You should be really happy with that.

Personally I want to be sober much more than I want a nice car. You make it sound like you're doing Hashem a favour by staying sober and He should therefore reward you. From my perspective the biggest favour Hashem can do for me is to keep me sober.

You're worried the deal is off? The deal was never on! I don't imagine He signed anything or entered a verbal contract to your deal.

What should you do? Well, that's what this whole website is about. Keep on posting, keep on reading, keep on trucking!

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Re: yetzer hara got me

Posted by Hashivalisesonyishecho - 22 Jan 2015 06:49

torahismyantidote,

Please do this. Every time after a clean day, please report this here. We will be rooting for you. Also if and when any issue comes up at any point, please post about it here. Do it for us. Do it for you!

Hatzlacha raba!

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Re: yetzer hara got me

Posted by cordnoy - 22 Jan 2015 09:22

Great job on stayin' sober for so long.

your post, though, is slightly confusin'; perhaps my fault.

did you fall, or didn't you fall?

Are you worried about now, or later?

How have you stayed clean?

How will you stay sober?

What have you tried?

How will the car come to you?

My last question (sorry for so many, and you don't need to answer 'em all, and truth be told, you don't need to answer any): You wrote: what can I do to motivate yourself? Watson wrote to you

that there's an entire website for that. I'm not sure there's an entire website for your question (although there might be some tidbits); there is an entire site for what to do, but you asked: what can I do to motivate yourself? Sadly, I don't think there's an answer to that question. If you are not motivated to stay sober, chances are pretty high that you won't.

I know what motivated me; my life was unbearable.

Others say that the fear of Hell openin' up and swallowin' them limb by limb motivated them.

Others will say that they read they will need to swim in boilin' stuff, so that was kinda deterrent.

Some say that it contaminated them.

Others wanted to save for their wife.

Whatever....

You decide if there is motivation.

If there is (and it sounds like there was, for otherwise, how da hell did you do it for so long?), then peruse the site to see what method fits for you.

b'hatzlachah

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Re: yetzer hara got me

Posted by Shakeitoff - 01 Feb 2015 08:57

I'm late, but I would like to second that comment. Please let everybody know how you are doing. Thank you.

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Re: yetzer hara got me

Posted by skeptical - 01 Feb 2015 09:25

112 days!

That's *amazing!*

112 days!

That's *terrific!*

112 days!

Mazel Tov!

Why are you getting all stuck on one poor decision in 112 DAYS?? *Keep on moving forward!*

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Re: yetzer hara got me

Posted by Ezra - 02 Feb 2015 01:39

Your a smart man Watson

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