

I've got to break free!

Posted by Helpmrstop22 - 15 Oct 2014 23:31

I've been following gye for a few months now n and off. Reading the forums etc...

This being hazmanim so far has been a total disaster.

I need to break free!

Until this point I guess I never cared enough to really want to break free. Well, of course technically I wanted to but it wasn't something that I felt I could really hack.

These past few weeks have been so downhill for me. It's as if I was rolling down a mountain and I just hit the bottom with a loud thump. Now I realize how high of hill I came rolling down. I got hit pretty hard.

The main problem I have is needing to constantly stay busy. I don't have much going on in my life. Yes, I do have a few hobbies, but it still doesn't occupy me and my mind still tells me lies like 'i'm under so much stress, act out now I deserve it'. My situation at home isn't the best either.

Gonna work one day at a time. It's a really rough road ahead.

I'm not looking forward to the battle, but I've got to battle to win (win = one day at a time + get up after a fall)

Thank you GYE for helping klal yisroel!

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Re: I've got to break free!

Posted by Gevura Shebyesod - 22 Oct 2014 02:45

[Helpmrstop22 wrote:](#)

Thanks!

Actually my user name was supposed to be helpmestop22 :-) a typo on my end!

And definitely, the y'h sometimes tries telling me "you just fell give it another shot you'll start fresh tomorrow"

Oh i was wondering who is Mrs. Top and why are you helping her.

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Re: I've got to break free!

Posted by decidingtotry - 22 Oct 2014 03:22

Just wanted to say I can relate to everything you've said here and yasher koach for taking the initiative to post! Keep it up and don't lose hope. Hatzlacha!!!

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Re: I've got to break free!

Posted by skeptical - 22 Oct 2014 03:35

[Helpmrstop22 wrote:](#)

I'm waiting for gye to have a game room

It's called the Just Having Fun section.

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Re: I've got to break free!

Posted by dms1234 - 22 Oct 2014 05:49

Gevura Shebyesod

Oh i was wondering who is Mrs. Top and why are you helping her.

HAHAHAHA. I was looking at as help Mr. Stop 22...im not sure what are the 22 things he is stopping. Maybe monkeys or giraffes or tigers or lust?

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Re: I've got to break free!

Posted by Helpmrstop22 - 22 Oct 2014 09:12

Its been a rough day. But b'h still clean!!

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Re: I've got to break free!

Posted by Helpmrstop22 - 23 Oct 2014 09:25

Having a really rough time!

Gonna try.....

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Re: I've got to break free!
Posted by ineedchizuk - 23 Oct 2014 18:11

Oy!

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