

rosh hashana

Posted by tovmeod - 21 Sep 2014 23:32

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hi im now only day 2 clean since friday i feel very bad its almost rosh hashana how could i stand before the ribbono shelolom on rosh hashana with such a bad year i really want to be good from now on i need help here i need a sponser .

i feel here this is the place i will be able to stay clean and do what hashem wants from me to do; not sin...

i need help and i wish all of us a ksiva vchasima tova !!!

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Re: rosh hashana

Posted by unanumun - 22 Sep 2014 01:10

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Perhaps for this rosh hashana it will be enough to honestly come to a realization that your life is not manageable and you need to do something concrete to change it.

Then you can work on things next year.

I remember I once had a rebbe that said after succos, "Ok. In ellul we only had time to work on the four steps of teshuva. Now we have time to work on all the rest of the steps that rabbeinu yonah says are part of teshuva.

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Re: rosh hashana

Posted by cordnoy - 22 Sep 2014 03:36

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I wouldn't focus on next year.

Tell God that you would like to be sober for right now...that itself should lift your spirits.

b'hatzlachah

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Re: rosh hashana

Posted by godhelp - 22 Sep 2014 03:40

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[tovmeod wrote:](#)

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You Should really keep all to one thread like that things are neat do not keep creating new threads it is hard to keep track of you.

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Re: rosh hashana

Posted by skeptical - 22 Sep 2014 04:03

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Hashem is not a mean old tyrant.

He created you, and just like every inventor, He knows the specs of His creations very well.

He knows and understands everything about you - your potential, your shortcomings, your accomplishments - **everything**. He **loves** His creations.

Rosh Hashana is about accepting Hashem as king. It's when we commit to serving Him to the

best of our abilities.

We need to put thoughts of this "struggle" out of mind on Rosh Hashana. Don't think about whether we are over it or not, whether we will ever give in again or not.

Leave the accounting to Hashem. He's much better at it.

Focus on committing to serve Hashem to the best of our abilities, and simply ask Hashem to help us make the right decisions, as they come up, moment by moment.

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