

Webcam

Posted by neshamatehora - 31 May 2014 16:36

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I've posted here in the past but lately I feel like I'm lower than ever.

I've become addicted to sex webcam chat sites, where I chat with strangers while masturbating.

I don't know why I like it - I don't think I'm gay (I'm never attracted to men other than on these sites). There's some messed up feeling inside me that loves being watched and knowing that other people are getting off to me. It's also just so easily accessible.

First, is this a "normal" (relatively speaking) problem to have or is it even yotzei min haklal in this crazy addiction?

Second, has anyone else struggled with this who can give me advice?

I just feel on such a high when I'm doing it, and so, so disgusting when it's over.

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Re: Webcam

Posted by Pidaini - 01 Jun 2014 08:50

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Welcome back!!

We all have our thing, and it really doesn't make all that much of a difference as to how it expresses itself. Recognizing what it is, is the first step to fixing it, so congratulations on that!!

What have you tried to do to stop?

Don't be a stranger!! We're all on the same "lust" boat, all "surfing" (no pun intended) the same waters!!

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Re: Webcam

Posted by cordnoy - 01 Jun 2014 09:30

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I echo what 9494 and Pidiani said.

Once we are addicted (like I am), our addiction takes us many places (places we really do not wanna be). One fellow on this site told me that his addiction takes him to neighborhoods that he wouldn't dare visit even in the daytime. I had that on one occasion as well. Once we are addicted, it manifests and rears its ugly head in all sorts of ways.

So you probably are normal.

You might be addicted.

Either way, not much of a difference. You need a plan of action!

b'hatzlachah

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Re: Webcam

Posted by neshamatehora - 03 Jun 2014 05:11

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Re: Webcam

Posted by shomer bro - 06 Jun 2014 21:55

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Like everyone here has been saying, nothing is considered not normal when it comes to how the yetzer hara attacks us. I can totally hear what you're going through, and it can be very hard to cope with. What are you doing to deal with this nisayon? Do you have a filter that would block out chats like that? I would assume that you can only access them through certain websites which should be blocked by a filter such as K9. I know that I personally had a problem with watching other people's webcams, and reading people's fantasy stories. We all have our areas where we struggle. The key is finding ways to deal with it. For me, the first step in my long journey was to install a filter, and install accountability software which send a list of sites I visit to someone. It may seem so hard to sope with the nisyonos, but you can do it!

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