

Genital size fears

Posted by charlie - 14 May 2014 16:50

I went through a stage of being very very concerned over the size of my genitalia.

I even opened up to my wife who was incredibly supportive and kind. saying that it is not the size that counts etc. I think I became obsessed - checking medical research etc, measuring.

My wife looks back at this time as a period of great self growth for me as I attributed this fear to a low level of self confidence, she was proud of me and how I was becoming real with myself....

and the bomb!!

I think I even fooled myself. All this was me just abusing my poor wife that was trying to help me!!.

Our marriage now is strained. I had told her in the beginning of our marriage that "a man MUST be together at certain times" to the extent that she agreed to being together even with tears in her eyes. I told her recently that I had learnt a new derech when sex is a what and not a need this has left her reeling. we have not been together for over 6 months now

Help

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Re: Genital size fears

Posted by cordnoy - 14 May 2014 17:41

Please remove the triggerin' parts in the middle.

Wouldn't you think that a therapist should be your first stop?

b'hatzlachah

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Re: Genital size fears

Posted by dd - 14 May 2014 17:42

[charlie wrote:](#)

we have not been together for over 6 months now

Help

i have a great idea for you read through cordnoy and mbj's threads get source of chizzuk in this matter

guardyoureyes.com/forum/17-Balei-Battims-Forum/210070-Mikvah-Night---and-All-Nights

guardyoureyes.com/forum/4-On-the-Way-to-90-Days/147170-MBJs-90-day-%28and-more%29-Journey

kol tuv and hatzlachah KOMT!!!!

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Re: Genital size fears

Posted by cordnoy - 14 May 2014 17:50

DD...I agree with you many times...not here, however.

Cordnoy and MBJ's threads are about shalom bayis issues mixed with lust addictions, and while the issues on those threads are intertwined, the issue on this thread is a different one...at least the way it is bein' presented. Charlie is screamin' and hollerin' that his entire life or a main part of it at least, is filled with fantasy....in his house and in his work place. I do not know why he hasn't been with his wife for six months; he never said. But his first order of business is to calm his fantasies; try to get a better understanding of where they are comin' from and why they are hauntin' him in such a way. That could be accomplished by a specialized sex therapist, of which there are many in the Israeli community.

[Later he can read the Mikvah and S"B threads.]

b'hatzlachah

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Re: Genital size fears

Posted by dd - 14 May 2014 18:10

cordnoy ... i agree with you many times...this time as well,

i posted this here before i saw his other posts/threads so i wrote the above,

actually if i would have read the other posts i don't think i would have posted anything to complicated for me,

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Re: Genital size fears

Posted by charlie - 14 May 2014 19:02

sorry

I have fixed the post

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Re: Genital size fears

Posted by cordnoy - 14 May 2014 19:05

thank you

there are other posts as well that need fixin'

also, if you would consolidate your posts to one thread, the oilam here will get a better feel as to your issues and your struggles, and they will be better suited and equipped to help you, for that is our ultimate goal.

b'hatzlachah

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Re: Genital size fears

Posted by dd - 15 May 2014 01:33

[charlie wrote:](#)

sorry

I have fixed the post

thanks charlie and KOMT!!!!

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