Discussing past struggles with others
Posted by Lev Tahor - 20 Mar 2014 11:32

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Haven't been on this forum in a long long long time. Had ups and downs during that time, mostly strongly linked to episodes of loneliness in my life. Now after years of dating, I am iyh standing on the cusp of engagement. I wonder what the good people of GYE can advise with regard to discussing these kind of struggles with one's Kallah/wife. I have, and anticipate continuing to have a very open, frank relationship, with the young woman in question, and am generally reluctant to hide things from her. FWIW, the last time I fell substantially was before I started going out with this particular girl (coming up on the famed 90 days).

Also FWIW, I think the nature of my struggles has been more directly linked to loneliness than in some other cases (I've seen how it's been easier and harder at varying stages of my life based on that), and hope I can sincerely say that I've moved beyond the hardest part. So that further plays into my question - hoping, praying, and proactively ensuring that is in my past makes me feel it is less important to discuss - although I still think the question might come up one day as to how do I know as much I do about these matters...

Hope my question makes some sense! I searched and couldn't seem to find it having been brought up in the past. Thanks for all you do!

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Re: Discussing past struggles with others
Posted by mr.clean - 10 Apr 2014 02:49

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mazal tov lev!

pls can u tell me/us how u said it and what her reaction was etc. u are really the first person i know that said something pre-marriage and i really would like to know from peoples experiences what i maybe should or shouldn't do. of course i will consult a rebbe first but it helps when i can hear what others did.

a smart man learns from his mistakes a wise man learns from other peoples mistakes

not that this is a mistake actually quite the opposite but im just applying.

thx!

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