

Insincere Confession

Posted by Oslost - 25 Feb 2014 07:55

I have asked Hashem many times for freedom from sex addiction and the many forms it has taken in my life. But often even as I am asking for help, I know I will go back to what I have been doing in some form or other. I have been struggling with some of these issues for almost 4 decades, and it kind of feels unrealistic that I will ever succeed in maintaining any kind of sexual sobriety. Sometimes, I feel I should just stop asking because I'm obviously not sincere. Maybe I should daven for sincerity?

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