

Back on the Site

Posted by strugglingguy - 28 Jan 2014 04:08

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This is my first time back on the site in a couple years. I have been busy... I have had good stretches and bad stretches. Currently, I have been struggling. Today (after a couple classes) I felt I needed some "relief" so I looked at some P. I told myself I needed it and there was no stopping myself on the comp. (I get ard. the filter w a proxy). So, that is that...

I'm going to go now - continue with this later...

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Re: Back on the Site

Posted by mggsbms - 18 Jan 2016 17:28

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That's definitely a step in the right direction, however it doesn't necessarily fix the problem.

I also fell today (I'm posting it here due to the lack of a proper place to come clean)after18 days, i can put the blame on a tough situation which i was put into. But I'm NOT. It's abundantly clear to me had i not been an addict i wouldn't fall even in such a situation.

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Re: Back on the Site

Posted by Bigmoish - 18 Jan 2016 18:26

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[mggsbms wrote:](#)

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So, instead you're placing the blame on the fact that you're an addict?

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Re: Back on the Site

Posted by mggsbms - 18 Jan 2016 18:32

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Noooooooo i wouldn't do something that stupid...

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Re: Back on the Site

Posted by cordnoy - 18 Jan 2016 19:01

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[strugglingguy wrote:](#)

hi

i just slipped and read a p story

but then turned off my phone before it went further

victory?

Good goin'.

What is your question though?

Was it a victory to you?

We cannot decide for you.

And truthfully, what is the difference?

Will it change your recovery method?

B'hatzlachah

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Re: Back on the Site

Posted by cordnoy - 18 Jan 2016 19:01

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[mggsbms wrote:](#)

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I also fell today (I'm posting it here due to the lack of a proper place to come clean)after18 days, i can put the blame on a tough situation which i was put into. But I'm NOT. It's abundantly clear to me had i not been an addict i wouldn't fall even in such a situation.

Thanks for the share.

What is your next move?

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Re: Back on the Site

Posted by mggsbms - 18 Jan 2016 21:15

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Dono yet

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Re: Back on the Site

Posted by strugglingguy - 05 Feb 2016 18:43

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fell today

not much time to eloborate

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told my wife

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Re: Back on the Site

Posted by markz - 05 Feb 2016 18:54

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Please forgive me but I am asking the following from total and absolute ignorance.

Are you telling your wife about that because she encourages you to continue acting out

Alternatively is your wife your partner to help you out of lust?

Or is she your therapist?

I am totally lost I would appreciate it if you could clarify for me

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Re: Back on the Site

Posted by cordnoy - 05 Feb 2016 20:19

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[strugglingguy wrote on Unknown:](#)

fell today

not much time to elaborate

told my wife

Thanks for the share.

Hatzlachah movin' forward.

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Re: Back on the Site

Posted by markz - 07 Feb 2016 15:25

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Hey struggling guy - how are you doing this week?

[quote="markz" post=276837 date="]Please forgive me but I am asking the following from total and absolute ignorance.

Are you telling your wife about that because she encourages you to continue acting out

Alternatively is your wife your partner to help you out of lust?

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I am totally lost I would appreciate it if you could clarify for me[/quote]

Please see this Dov quote [url=https://guardyoureyes.com/forum/17-Balei-Battims-Forum/126363-Dov-Quotes---Married-Section#126507]HERE[/url]

KEEP ON TRUCKING and KEEP IN TOUCH!

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Re: Back on the Site

Posted by markz - 07 Feb 2016 15:28

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Hey struggling guy - how are you doing this week? [quote="markz" post=276837 date="]Please forgive me but I am asking the following from total and absolute ignorance. Are you telling your wife about that because she encourages you to continue acting out Alternatively is your wife your partner to help you out of lust? Or is she your therapist? I am totally lost I would appreciate it if you could clarify for me[/quote] Please see this Dov quote [url=https://guardyoureyes.com/forum/17-Balei-Battims-Forum/126363-Dov-Quotes---Married-Section#126507]HERE[/url] KEEP ON TRUCKING and KEEP IN TOUCH!

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Re: Back on the Site

Posted by strugglingguy - 15 Feb 2016 15:32

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was home alone -- my job is flexible (and I don't have a car and it's cold out,) unfortunately I guess

u could say i shouldn't b home alone but that is basically impossible

watched for an hour thru proxy on my comp but cov eyes caught it

going thru the charade now of posting here

this stuff is too powerful - only "consolation" is that i didn't ejac (yet)

davened that i shouldn't have this today but i guess i didnt help myself out

going away on vaca for a week and won't b alone so maybe that will be a good start

please continue with the chizuk

for those that asked, my wife used to be very mad but last time she didn't really press me on it ... prob a bad sign

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Re: Back on the Site

Posted by strugglingguy - 15 Feb 2016 15:44

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Someone that has stayed clean for a while: please PM me, I need the assistance.

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Re: Back on the Site

Posted by cordnoy - 15 Feb 2016 22:08

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i don't use pm (if i can help it), but you can always email.

bhatzlachah

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