

Back on the Site

Posted by strugglingguy - 28 Jan 2014 04:08

This is my first time back on the site in a couple years. I have been busy... I have had good stretches and bad stretches. Currently, I have been struggling. Today (after a couple classes) I felt I needed some "relief" so I looked at some P. I told myself I needed it and there was no stopping myself on the comp. (I get ar.d. the filter w a proxy). So, that is that...

I'm going to go now - continue with this later...

=====
=====

Re: Strides

Posted by strugglingguy - 23 Dec 2014 02:05

Looked at some questionable stuff on the tablet ("How to...") moved it away ... trying to install webchaver on it also... going to mincha.

=====
=====

Re: Strides

Posted by strugglingguy - 29 Dec 2014 00:28

took my wife's ipod late last nite and almost looked at p*** but clicked away at last second.

=====
=====

Re: Strides

Posted by serenity - 29 Dec 2014 02:26

How does that great accomplishment make you feel?

=====
=====

Re: Strides

Posted by strugglingguy - 01 Jan 2015 02:15

idk: lucky?
Re: Back on the Site

Posted by aryehdavid85 - 01 Jan 2015 02:40

[quote="Dov" post=227169]You didn't ask, but...

It sounds to me that you simply have not suffered enough pain from your lack of self-control. I wish you no pain c"v, but it seems to me that whatever pain you have had is just not enough to help you take this seriously - perhaps it has only been *private* and *theoretical* pain. *Philosophic* pain. Like the horrible guilt and the idea of gehinom, etc.

But if you get caught, get fired, or defamed publicly for doing the stuff you do in private, and the whole naked truth comes out to people who know you and love you - the realness will be there. The search for the most respectable, comfortable and convenient way out of this habit will suddenly end. Real measures will be taken.

Real powerful stuff!! we must not minimize...

me2 back aka yedidya have been in live 12 step mtngs...doing a little better

Re: Back on the Site

Posted by skeptical - 01 Jan 2015 03:02

Getting caught and the whole naked truth coming out to people who knew me and loved me did not cause any real change in me.

=====

=====

Re: Back on the Site

Posted by aryehdovid85 - 01 Jan 2015 04:44

thanks for your honesty. sounds like u have traveled a long & painful journey. what was your path?

Rehab? live meetings? lots of step work? addiction therapy?

=====

=====

Re: Back on the Site

Posted by cordnoy - 01 Jan 2015 04:57

[quote="aryehdovid85" post=246344][Dov wrote:](#)

You didn't ask, but...

It sounds to me that you simply have not suffered enough pain from your lack of self-control. I wish you no pain c"v, but it seems to me that whatever pain you have had is just not enough to help you take this seriously - perhaps it has only been *private* and *theoretical* pain. *Philosophic* pain. Like the horrible guilt and the idea of gehinom, etc.

But if you get caught, get fired, or defamed publicly for doing the stuff you do in private, and the whole naked truth comes out to people who know you and love you - the realness will be there. The search for the most respectable, comfortable and convenient way out of this habit will suddenly end. Real measures will be taken.

Real powerful stuff!! we must not minimize...

me2 back aka yedidya have been in live 12 step mtngs...doing a little better

yedidya?

me2?

me3?

who were you?

edit: found you now!

=====

Re: Back on the Site

Posted by aryehdovid85 - 01 Jan 2015 05:01

yedidya aleph

=====

Re: Back on the Site

Posted by skeptical - 01 Jan 2015 07:35

aryehdovid85

thanks for your honesty. sounds like u have traveled a long & painful journey. what was your path?

Rehab? live meetings? lots of step work? addiction therapy?

In short, GYE is my path. You can read more [here](#).

=====

=====

Re: Back on the Site

Posted by aryehdovid85 - 02 Jan 2015 21:24

thanks for sharing. Ever been to a live 12 step meeting?

how is your Shalom Bayis now?

=====

=====

Re: Back on the Site

Posted by reallygettingthere - 02 Jan 2015 21:35

[skeptical wrote:](#)

Getting caught and the whole naked truth coming out to people who knew me and loved me did not cause any real change in me.

Ditto. Big time

=====

=====

Re: Back on the Site

Posted by aryehdovid85 - 02 Jan 2015 21:58

thanks for sharing. so,what tools have helped u? Sorry,i'm still finding my way around this site,& a bit too lazy to look up & read your thread.

=====

=====

Re: Back on the Site

Posted by cordnoy - 02 Jan 2015 22:58

Ummm

Laziness is not the greatest tool for recovery.

=====

====