

Questioning myself

Posted by Othniel - 11 Dec 2013 18:25

I've be on this site for little over a year now. I remember crying the day I found GYE. I finally felt like there was hope. But I just can't seem to make the commitment that I need to stop. I've had a few falls in this year; one just yesterday. I think maybe I need a stronger connection with people suffering like myself. I need to make GYE more real. Also I need stronger finances, so I downloaded a filter last night and will be joining one of the phone conferences soon. I realized recently, I can't trust myself.

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Re: Questioning myself

Posted by cordnoy - 11 Dec 2013 18:40

The connections are here for the pickin'

Plenty of types to choose from....don't be a stranger!

Do yourself a favor and get a filter that you wont come back in three weeks sayin' that you found your way around it. plenty of people to hold passwords for you.

Join the conferences; the feedbacks from them have been great!

Focus on what led to the fall and see if you can avoid those build-ups!

b'hatzlachah

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Re: Questioning myself

Posted by Pidaini - 11 Dec 2013 23:50

Welcome to the club!!!

I can't either trust myself, and I am actually very relieved about that. Another responsibility off

As for connecting with others, feel free to chat with me. I usually don't bite (I do sometimes, but rarely).

We can be in touch by email as well if you like.

my back!!

Have you opened up to anyone in real life yet?

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Re: Questioning myself

Posted by Othniel - 12 Dec 2013 19:05

No I have not opened up to real life person, but I think that's what I need. I've looked for SA groups in my area, but have found none so far.

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Re: Questioning myself

Posted by cordnoy - 12 Dec 2013 19:12

so text someone

email someone

call someone

youll be surprised as to how much it helps

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Re: Questioning myself

Posted by Othniel - 17 Dec 2013 20:42

I've found a live group in my area. I start tomorrow. I'm a bit nerves, but I know it will be for good. I would have never taken such a step w/o you guy's help. Maybe after some time I can start being chizuk to others on the forums now.

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Re: Questioning myself

Posted by gibbor120 - 17 Dec 2013 20:59

Great! Let us know how it goes.

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Yeah

Re: Questioning myself

Posted by Pidaini - 18 Dec 2013 00:13

WOOOOOOOOHHOOOOOOOOOO!!!!!!!!!!

Thanks for the update!!!!

May you see much Hatzlacha!!!!!!!!!!!!

KUTGW!!!!!!!!

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Re: Questioning myself

Posted by cordnoy - 30 Oct 2014 17:13

[Othniel wrote:](#)

I've found a live group in my area. I start tomorrow. I'm a bit nerves, but I know it will be for good. I would have never taken such a step w/o you guy's help. Maybe after some time I can start being chizuk to others on the forums now.

Othniel, has it been 'some time' yet?

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Yeah