

Does anyone know good English Narrative Therapists

Posted by quick - 12 Nov 2013 21:00

Hi, Im a user on this site under a different pen name but I needed to ask a question unrelated to my usual profile.

I have a friend who doesnt suffer from anything we usually suffer from here such as sex and lust addiction, but is in urgent need of a therapist nonetheless. I have been greatly helped by a narrative therapist but my friend is in London and wants someone as good.

Does anyone have good experience with a Narrative Therapist in London and not sex related? Rather the usual problems of real low self esteem etc.

Thanks guys!

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Re: Does anyone know good English Narrative Therapists

Posted by cordnoy - 12 Nov 2013 21:10

mine is a specialist in narrative therapy.

he speaks English as well

I speak to him on the phone; he does Skype as well.

its the 21st century.

plenty of us have relationships that way as well (es chatasi ani mazkir hayom).

b'hatzlachah

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Re: Does anyone know good English Narrative Therapists

Posted by quick - 12 Nov 2013 21:23

Thanks Cordnoy,

Is it not better to find someone who can do it in person? Wont it be so much more effective?

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Re: Does anyone know good English Narrative Therapists

Posted by cordnoy - 12 Nov 2013 21:28

I don't know to compare....I am appreciating it this way.

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Re: Does anyone know good English Narrative Therapists

Posted by quick - 12 Nov 2013 21:41

Right! I suppose anyway that its better to get a top therapist by phone then just a usual one in person.

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