

How to keep motivation?

Posted by R76 - 13 Oct 2013 04:08

For the past few years I have been engaging in m. about twice a week. I also had a stack of magazines/videos which I recently threw away. When I was visiting a Reform Jewish therapist, he told me that there is nothing wrong with what I do.

Given that I am single, I do not know what problems did my behavior produce in this life. There are no immediate repercussions.

Recently I have learned some spiritual effects of my sin and have stayed clean since Oct 1. How can I keep my motivation for change?

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Re: How to keep motivation?

Posted by Kedushat Yesod - 25 Oct 2013 16:32

I do believe your local orthodox community/synagogue would be filled with people who understood you more. They would certainly ask you to come to their house and spend shabbat with them if you make yourself known.

About the job, your local rabbi or community could try finding something out for you, maybe as a teacher (if you can teach) of some subject you like or working at the synagogue/charity/organizing events.

Try taking a vocational test and see what your aptitudes are, then see how you could take your skills to help the Jews around you. It will give you a lot of meaning and happiness.

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Re: How to keep motivation?

Posted by R76 - 25 Oct 2013 22:17

Thank you very much. I will be praying to G-d for a job and I will try to contact my local community.

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