## **GYE - Guard Your Eyes**

Generated: 23 August, 2025, 10:14

Im still here

Posted by that guyover there - 22 Sep 2013 12:23

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My thread at "introduce yourself" apparently became a bit too triggering and was moved to baalei batim. Anyhow, just wanted to let you guys know that Im still here, and still going strong. I dont have much time to hang around, but constant updating here is one of the things that keep me from falling.

Day 28! Feeling great!

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Re: Im still here

Posted by that guyover there - 23 Sep 2013 09:55

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Hitting 30 days tomorrow! Woohoo!

Happy Sukkot everyone! Havent been here for a while, and I kinda miss you. On the other hand, I should be thankful that there's very little spare time.

My spiritual life has been soaring these last few days. Reading Torah, humming tehillim during the day... feels great!

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Re: Im still here

Posted by Avrom - 24 Sep 2013 01:54

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thatguyoverthere wrote:

Hitting 30 days tomorrow! Woohoo!

and I kinda miss you.!

Missed you too
Re: Im still here Posted by thatguyoverthere - 24 Sep 2013 09:39
Especially in the "not balei batim forum"
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Re: Im still here Posted by inastruggle - 24 Sep 2013 09:59
Mazel tov.
I'm glad you're still gonna keep us single guys updated here.
KOMT and KUTGW!
30 days! 30 days! 30 days!
Re: Im still here Posted by tryingtoshteig - 24 Sep 2013 17:59
Thanks for the update. Happy to hear you are doing well.

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==== Re: Im still here Posted by thatguyoverthere - 01 Oct 2013 12:00 I hit 37 days today, and doing great. Just a quick update, for accountability's sake. Three more days and I'll be at the Moshe-point. 40 days on Mount Sinai. And I feel that I just want more and more of haShem. I have revitalized my spiritual life, and I feel great. Re: Im still here Posted by Pidaini - 01 Oct 2013 13:35 Great to Hear!!!! Thanks for the update. KOMT!!! Re: Im still here Posted by thatguyoverthere - 13 Oct 2013 10:30 Everything's still great. And it's getting easier and easier! Hitting 50 days soon!! Re: Im still here Posted by Gevura Shebyesod - 13 Oct 2013 10:32 **KUTGW!!** 

Re: Im still here Posted by ddmm11219 - 13 Oct 2013 17:39 WOW ur so lucky and thank you for helping me, Thank you for bringing the whole world more to Kaf Zchus, that brings a Ruach Taharah for all of us, Falmidei Baal Shem zy"u are bringing this point, that when someone feel that Mitzvos are easier, and easier to be Misgaber on the YH its because epes a holy yid was zich misgaber today and this helped the whole world. so thanks from me -and from all of us, if i may say-==== Re: Im still here Posted by AlexEliezer - 13 Oct 2013 18:55 thatguyoverthere wrote: Everything's still great. And it's getting easier and easier! Hitting 50 days soon!! Great. But please don't confuse "easier" with the need for less vigilance. It's easier because you've gotten better at avoiding lust.

And because your brain is a little used to living without its drug.

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actionated. 25 Addati, 2025, 10.11
Keep doing everything you did to get you this far.
Forever. One day at a time.
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Re: Im still here Posted by thatguyoverthere - 23 Oct 2013 15:54
Tomorrow I hit 60 days! It's surreal, really!
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Re: Im still here Posted by tryingtoshteig - 23 Oct 2013 16:54
Sorry about the delay
Warning: Spoiler!
But why didn't I get a "congrats" email when I reached 50? It's another level and all no email!

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Re: Im still here

Posted by that guyover there - 30 Oct 2013 10:49

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Day 66. I have had some problems, but no falls. Once again we had a sick child and I stayed up all night. I have the non-filter filter. That is, it doesn't filter, but it highlights problematic web pages and sends a list of them to my wife. Lately they have been empty (although once it did react on a page with a shi'ur that mentioned a certain biblical word referring to a donkey - gave my wife a laugh).

Anyway I actually caught myself NOT looking away when inappropriate things came up in commercials etc, and from there I started to search things without actually searching for them. Sort of trying to get to the "oops, I stumbled upon this but didn't mean to" idea. Getting as close as possible to the pit without falling in.

Luckily I was unsuccessful, and it eventually waded away. As I went to sleep in the morning to catch a few hours of sleep I had a nightly emission. I guess my thoughts helped it build up or something. Anyway, I am so happy I didn't fall, and that G-d prevented me from succeeding.

Yesterday G-d sent me an even harder test which I was able to ride out. Wife gives me a book on medicine and doctors that is for kids and says "please throw it. I have looked through it, and it's just too much nudity in it for it to be appropriate". Guess what? I did throw it without looking in it!!

These dangerous pitfalls are scary. They prove to me that I could easily fall again at any moment. I can never let my guard down. Soon to reach 70!

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