

confidence or lack thereof

Posted by cordnoy - 25 Jun 2013 15:35

Confidence...

It is a word that keeps poppin up by me

I am not confident that I can remain clean for 30 days, let alone 90 days

I am not confident that intimacy with wife will work out.

[By the way, in general, I am a confident type of guy.]

Reading the handbook, and listening to all the wonderful posters, ...who cares?

Focus on the moment!

What is the right thing to do right now?

And do it, or don't do it (depending on situation).

As rabbi kalman rosenberg had a sign in his room, "vas zagt Gut?" "What does God say?"

That seems to be the key

That will be mine today

Hatzlachah to us all

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