

Tryin'

Posted by cordnoy - 23 Jun 2013 09:41

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Shalom

I am in my 40s married with children

Recently, I decided to get help on a serious level with my addiction .

My mind wanders and the tayva builds.

It would be easy to blame this on the lack of excitement in marriage intimacy, but I had done this at times before marriage, and at times, when marriage bedroom was good, I'd still fall. Perhaps it still is the reason, but marriage stuff is probably not gettin' better anytime soon.

I have more to write, but as this is my first post, id like to hear some suggestions first please.

Thank you so much

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Re: Tryin'

Posted by peloni almoni - 06 May 2016 22:28

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Re: Tryin'

Posted by cordnoy - 09 May 2016 15:30

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The Kohen's Gadol's tefillah on Y"K in the K"K concluded with the bakashah that Hashem shouldn't listen to the "ovrei derachim's" tefillah that there shouldn't be rain then.

Isn't that an odd tefillah to be inserted at the holiest place on the holiest day at that time?

Mefarshei Tehillim say on Tehillim 22: ????? ??????? ????? ?????? - at times the Ribbono shel Olam acts with us different than our requests, and that is because the "yeshuah" is distant from our request, for we are askin' the wrong thin'. Additionally in 17 as well.

The tefillah of the "ovrei derachim" is a short-sighted one, for they are lookin' at themselves only, and just for that time. They are not seein' the full picture. This is code for all of our tefillos, every day. We may ask for a lot, but is that what we should be requestin'.

He knows what is good for us. May it be His will that He gives us the good allotted for us, and may it be His will that we should realize it.

That and more on the call today iy"H.

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Re: Tryin'

Posted by peloni almoni - 09 May 2016 16:29

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[cordnoy wrote on 09 May 2016 15:30:](#)

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That and more on the call today iy"H.

you will all hate me for this, so i recommend noone press on the spoiler.

**Warning: Spoiler!**

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Re: Tryin'  
Posted by cordnoy - 09 May 2016 17:19

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And to be more precise (as it was pointed out):t'was recited on the way out of the K"K in the Heichal.

the Gemora says that he was "mesayem" with this tefillah.

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Re: Tryin'

Posted by peloni almoni - 09 May 2016 17:59

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[cordnoy wrote on 09 May 2016 17:19:](#)

And to be more precise (as it was pointed out):t'was recited on the way out of the K"K in the Heichal.

the Gemora says that he was "mesayem" with this tefillah.

its annoying as hell that u can see my deleted posts.

yes the girsa of the gemara in yoma has this part at the end. and so does the rambam in hilchos avodas yo"k 4:1. but we pasken like the gemara in taanis 24b. see gevuras ari in yoma. also see the nusach of atta konanta that nusach sefard says that according to many was written by an actual kohen gadol. i think also the bais yosef siman 620 but i may be mistaken about this one.

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Re: Tryin'

Posted by cordnoy - 09 May 2016 18:13

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Sorry.

by the way anyone who subscribed to a thread can read deleted posts as well unless they are in a spoiler.

Thank you also for the other sources.

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Re: Tryin'  
Posted by cordnoy - 10 May 2016 16:09

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Hey, have you noticed that Dov is gearing up for today's call?

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Re: Tryin'  
Posted by stillgoing - 10 May 2016 16:35

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[cordnoy wrote on 09 May 2016 18:13:](#)

Sorry.

by the way anyone who subscribed to a thread can read deleted posts as well unless they are in a spoiler.

Thank you also for the other sources.

It Was in a spoiler. His exact words were "*you will all hate me for this, so i recommend noone press on the spoiler*",.

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Re: Tryin'  
Posted by cordnoy - 15 May 2016 15:19

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"Trucking on a highway" by definition means that you are heading to a destination. It is not what you're doing now, but rather, what you will be when you get to the promised land. For an addict like myself, that is precisely the analogy that will bring about my downfall. There are plenty of

rest stops along the road, and what really is the difference if I diddle or daddle somewhat. An hour here, an hour there will be mute and insignificant in the long run.....As long as I reach the final goal, and by the time I get there, who really knows or knew what the finishing line really looks like. No, my friends, we/us addicts, are not going anywhere. We have one task and one alone. For us frum yiddin (and this is almost a first for me), it is a simple one. What does God want from us right at this moment? Should I resent that person? Is now the right time to take revenge? Should I look across the aisle? What is there to be afraid of? Is this the link I should click? You can't seem to wanna do His will, fine, then pray for the willingness. It didn't work. Pray again. You looked. Fine. Now, do His will.

B'hatzlachah

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Re: Tryin'  
Posted by mggsbms - 15 May 2016 15:43

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Regarding your first point - rest stops - to the contrary the rest stops are what are killing me. By understanding that a rest stop means throwing away long term sobriety there should be no rest stops.

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Re: Tryin'  
Posted by Yesod - 15 May 2016 15:52

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I think that is precisely the point he is making, that in the context of the big picture a "rest stop" may seem trivial, when in actuality, to rest stop or not to rest stop is the raison d'etre for the addict and not just a side issue

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Re: Tryin'  
Posted by mggsbms - 15 May 2016 15:55

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So I don't get how focusing on the fact that a short term fall is going to affect me in the looking term is detrimental to sobriety.

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Re: Tryin'  
Posted by cordnoy - 15 May 2016 16:12

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What it seems you're not understandin' (i think), and again, this is only me talkin', is that there is no such thin' as long term sobriety. That should not be in your dictionary, for if it is, what real difference is there between 100 days, 400 days and 1,000 days? who really cares? If it's long term, what difference does it make if we start today or tomorrow or next week? It is rather right now that concerns me; that is it!

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Re: Tryin'  
Posted by mggsbms - 15 May 2016 16:25

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I should really shut up because arguing about these things will for sure not get me sober. But..

If I only focus on today what is my motivation. To be normal just today ? I'll handle one crazy day. It's a bunch of crazy days that are the problem. It's running the risk of acting out before my daughter's chupah that scares me to death.

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