

Tryin'

Posted by cordnoy - 23 Jun 2013 09:41

Shalom

I am in my 40s married with children

Recently, I decided to get help on a serious level with my addiction .

My mind wanders and the tayva builds.

It would be easy to blame this on the lack of excitement in marriage intimacy, but I had done this at times before marriage, and at times, when marriage bedroom was good, I'd still fall. Perhaps it still is the reason, but marriage stuff is probably not gettin' better anytime soon.

I have more to write, but as this is my first post, id like to hear some suggestions first please.

Thank you so much

C

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Re: tryin

Posted by cordnoy - 29 Aug 2013 21:38

thanks tons

although to get from the "70" to the "90" one needs to travel on the "80," we are flyin' over it; no need for any drivin' there; no roads, no ez pass, no lights, no traffic.

As long as there aint no incomin' missiles flyin' thru the air

we can always duck!

b'hatzlachah

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Re: tryin

Posted by Pidaini - 29 Aug 2013 21:39

and that tank has anti missile equitment

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Re: tryin

Posted by cordnoy - 30 Aug 2013 18:48

and besides, the "80" is basically only a means to get from one chashuve place to another. Who lives off the "80"? Who remains on the "80"?

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Re: tryin

Posted by tryingtoshteig - 30 Aug 2013 19:12

[cordnoy wrote:](#)

although to get from the "70" to the "90" one needs to travel on the "80," we are flyin' over it; no need for any drivin' there; no roads, no ez pass, no lights, no traffic.

Just wanted to point out that if you *travel on* I-80, you will NOT be able to get from I-70 to I-90, they are parallel! In reality, you need to *cross* I-80 to get from 70 to 90. Please don't jaywalk.

All 2-digit, even numbered highways are east-west, and the odd numbers are north-south. Also, the round numbers are usually cross country highways.

If you wanted to get from the 70 to the 90 you could take, to name a few examples, I-55 (from St. Louie to Chicago), I-65 (from Indianapolis to Gary, Indiana), or I-75 (from Dayton, OH to Toledo, OH)

I should also point out that there is a long stretch (Most of the Indiana Toll Road and Ohio Turnpike) where the 80 and 90 are actually merged together into one road!

(The above contain deep yesodos related to our recovery. Maybe I should have put it in the Kabbalah thread.)

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Re: tryin

Posted by cordnoy - 30 Aug 2013 19:24

Kabbalah aint my thing, but if youre on da "70" and wish to go north with the "75," wouldn't you hit the "80" and then continue west, it will merge as 80/90?

perhaps I am incorrect.

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Re: tryin

Posted by Machshovo Tova - 30 Aug 2013 19:32

Yeso"d is gematria 80. I.m not sure, is that a kabalistic term, or Brisk/Yeshivish?

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Re: tryin

Posted by tryingtoshteig - 30 Aug 2013 19:36

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Re: tryin

Posted by cordnoy - 01 Sep 2013 07:34

I succeeded in not taking the "second look" seven or eight times in a row! It is a good feeling. I actually never thought that I'd be able to let go even once or twice. It was so natural for me to take a second, third and fourth look at any woman who caught my attention. I am not saying this cheshbon is good for anybody; it might not even be good for me, but it is making me more aware of it, and it is inspiring me to chizuk. And as other wrote here many times, this is an important trigger to avoid.

and the continued update is we are still not updating chart. we shall see you at 90 on Yom Kippur.

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Re: tryin

Posted by reallygettingthere - 01 Sep 2013 09:54

KOMT!!!!

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Re: tryin

Posted by cordnoy - 25 Sep 2013 13:55

Onto day 101! [Is there such a Highway?]

feels like years ago

lookin back at this thread, there were some posters who helped me in beginning, and I have not heard from them since...dor holech v'dor ba.

Be it what it may; I still here...truckin' on, or lately, limpin' on, but at least...still on da same road.

Scorecard....first one ended 74 for 100.

Second one started 6 for 6.

Just wanted to thank ya' all for all your words of chizuk, encouragement and all your gentle (and sometimes not so gentle) proddin'. Both are very good for me.

Thank you and may we all be zoche to a good kvittel, a year of success in all our worthy endeavors, shnah shelo tapil isha pri bitna, shana shel aliyah b'ruchniyos, shanah sheyereid geshem b'ito ubzmano, etc.

A gutten kvittel

A gutten Moed

A gutten Yom Tov

Avrohom

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Re: tryin

Posted by chesky - 25 Sep 2013 16:20

[cordnoy wrote:](#)

lookin back at this thread, there were some posters who helped me in beginning, and I have not heard from them since...dor holech v'dor ba.

Ooops! I plead guilty.

Avrohom,

i am very happy for you. You are a real inspiration, another living proof that HaShem can do for us what we cannot do for ourselves. All we need to do is genuinely ask Him.

May He grant you, me and everyone else here another day of sobriety and sanity.

With respect and love

Chesky

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Re: tryin

Posted by tryingtoshteig - 25 Sep 2013 19:30

[cordnoy wrote:](#)

Onto day 101! [Is there such a Highway?]

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Re: tryin
Posted by cordnoy - 25 Sep 2013 19:36

oy!

South?!?

thanks though

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Re: tryin
Posted by tryingtoshteig - 25 Sep 2013 21:38

[cordnoy wrote:](#)

South?!?

It was just for you, Cordnoy...

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Towards Yerushalayim, like Rashi says.

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