

Tryin'

Posted by cordnoy - 23 Jun 2013 09:41

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Shalom

I am in my 40s married with children

Recently, I decided to get help on a serious level with my addiction .

My mind wanders and the tayva builds.

It would be easy to blame this on the lack of excitement in marriage intimacy, but I had done this at times before marriage, and at times, when marriage bedroom was good, I'd still fall. Perhaps it still is the reason, but marriage stuff is probably not gettin' better anytime soon.

I have more to write, but as this is my first post, id like to hear some suggestions first please.

Thank you so much

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Re: Tryin'

Posted by cordnoy - 20 Aug 2015 19:18

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[stillgoing wrote:](#)

**CordNoy**

Perhaps you should have stayed for some spellin'.

yo brodder. ef yoo new what hood i'z grown up in, yood bee glade I don't be tawke'n like  
KAAALEEEEEEEEEEEEEEEEEEDDDDDDDDD!

and, atleast I know my "g"s

Kol hakavod to you.

On a serious note, I see how you wrote it and I always wondered. Is it "g"s, or "g's"?

Thanks

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Re: Tryin'  
Posted by Bigmoish - 20 Aug 2015 19:25

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Geez!

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Re: Tryin'  
Posted by cordnoy - 24 Aug 2015 14:53

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Thanks to R' Guard, we now have a new number.

There are extra benefits for this.

The main one is that now there is a local number for 55 countries.

that means if you are in Australia, Romania, Ukraine, Slovenia, New York, Israel, Barbados, or any of a list of 55 countries, you can now access the call free of charge.

So, if you have 25 minutes today to help me manage my life, email me please for the new number.

Call will be from 1:20 - 1:45 EST iy"H.

Step 1!

White book and Big book

We will be continuin' Step 1 today iy"H!

We will encourage Step 1 shares (personal history), but very brief, and NEVER any pressure \*.

Work it, for you're worth it!

\* (to say anythin'; "encourage," for it's been proven to be productive, but there will be no pressurin' at all)

No need to announce yourself or to speak or to say your name.

Any concerns or requests, let me know please.

Cordnoy/Avrohom

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Re: Tryin'

Posted by cordnoy - 25 Aug 2015 16:49

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Today's call!

!:20 - 1:45

Step work

We still in Step 1.

Local numbers for all.

Email me for call info please.

Thanks

b'hatzlachah

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Re: Tryin'

Posted by cordnoy - 26 Aug 2015 14:13

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Higher Power, God, Spiritual Addiction, Religion, Spiritual Attitude, etc.

All you ever wanted to know about Heaven and the Sefiros.

Call today @ 1:20, as Serenity explains it all in a 'down-to-earth' manner.

You will exit the call 'walkin'-on-air' (believe it or not).

Don't miss it!

Check out the new ad for the call here: [Readin' made simple](#)

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Re: Tryin'  
Posted by cordnoy - 27 Aug 2015 16:25

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Call today

Step 1

As we bring you back from heaven.

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Re: Tryin'  
Posted by ZemirosShabbos - 27 Aug 2015 20:48

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[cordnoy wrote:](#)

Call today

Step 1

As we bring you back from heaven.

reminds me of the song "Why can't we just stay in heaven?" by John Sequitor

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Re: Tryin'  
Posted by cordnoy - 27 Aug 2015 21:22

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[ZemirosShabbos wrote:](#)

[cordnoy wrote:](#)

Call today

Step 1

As we bring you back from heaven.

reminds me of the song "Why can't we just stay in heaven?" by John Sequitor

or, "steps out of Heaven" by Elvis Costello

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Re: Tryin'

Posted by Gevura Shebyesod - 28 Aug 2015 04:53

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Stairway To Heaven

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Re: Tryin'

Posted by cordnoy - 28 Aug 2015 10:20

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[Gevura Shebyesod wrote:](#)

Stairway To Heaven

My apologies.

Actually for this song, we were tryin' to exit heaven.

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Re: Tryin'

Posted by Gevura Shebyesod - 28 Aug 2015 15:37

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You can go down the stairs too

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Re: Tryin'

Posted by stillgoing - 31 Aug 2015 00:08

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Re: Tryin'

Posted by cordnoy - 31 Aug 2015 16:57

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We are also formin' an email group.

If interested, post here, or send me an email please; thanks!

Dial In Number:

U.S: 605 562-3130

From Israel: 076-599-0000

From UK: 0330 606 0182

Participant PIN: 340483#

Call will be from 1:20 - 1:45 EST iy"H.

Step 1!

White book and Big book

No pressure to say anythin' at all!

For local call in numbers from other countries, email me please or look on gye phone page..

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Re: Tryin'

Posted by cordnoy - 01 Sep 2015 15:05

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Dial In Number:

U.S: 605 562-3130

From Israel: 076-599-0000

From UK: 0330 606 0182

Participant PIN: 340483#

Call will be from 1:20 - 1:45 EST iy"H.

Step 1!

White book and Big book

No pressure to say anythin' at all!

No need to introduce yourself.

We will have a first-step share today @ 1:38



For local call in numbers from other countries, email me please or look on gye phone page..

I would like to start an email group for this call. if you are interested in joinin', let me know please.

We already have a group of 6 - 8 fellows who joined yesterday.

Thanks

Avrohom/Cordnoy

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