

Tryin'

Posted by cordnoy - 23 Jun 2013 09:41

Shalom

I am in my 40s married with children

Recently, I decided to get help on a serious level with my addiction .

My mind wanders and the tayva builds.

It would be easy to blame this on the lack of excitement in marriage intimacy, but I had done this at times before marriage, and at times, when marriage bedroom was good, I'd still fall. Perhaps it still is the reason, but marriage stuff is probably not gettin' better anytime soon.

I have more to write, but as this is my first post, id like to hear some suggestions first please.

Thank you so much

C

=====
====

Re: Tryin'

Posted by cordnoy - 10 Sep 2014 18:49

[Shmeichel wrote:](#)

allergic to romania?

cooked or raw?

mmm....to answer that question, I'd have to give in to my lust behavior.

I will need to leave it hangin' in the meantime.

you can always read this thread or my others to catch up on what you missed.

I will conclude by sayin' that I wish I was allergic to Romania or better said, Romanian women, but I am not a big fan of wishin'.

thanks

=====
=====

Re: Tryin'
Posted by TehillimZugger - 10 Sep 2014 20:16

Dude I don't see how all this Romanian talk can possibly be beneficial to you. You don't hear me talking about Chicago girls all day just because I once had a Chicago GF... Why obsess over Romania. It's ridiculous.

=====
=====

Re: Tryin'
Posted by cordnoy - 10 Sep 2014 20:34

[TehillimZugger wrote:](#)

Dude I don't see how all this Romanian talk can possibly be beneficial to you. You don't hear me talking about Chicago girls all day just because I once had a Chicago GF... Why obsess over Romania. It's ridiculous.

good point; thanks; much appreciated

=====
=====

Re: Tryin'
Posted by dms1234 - 10 Sep 2014 21:49

I guess you could cross off the country on "Cordnoy's Places to Visit" list

=====
=====

Re: Tryin'
Posted by Gevura Shebyesod - 10 Sep 2014 22:10

What's wrong with the country?

=====
=====

Re: Tryin'
Posted by TehillimZugger - 11 Sep 2014 04:14

Gevura, when I hear you mention the country it makes me think of birdies...

=====
=====

Re: Tryin'
Posted by Gevura Shebyesod - 11 Sep 2014 04:20

Then I guess you should cross off the country on "TZ's Places to Visit" list.

=====
=====

Oh you mean THAT country

Re: Tryin'
Posted by cordnoy - 12 Sep 2014 17:32

doin' well

feelin' of slight sadness/loneliness developin' though

sit by a Simcha and look around the table...my real friends (that means you guys) aren't there with me.

Wife doesn't know...can't really talk to her about it.

nu nu...don't think so much

two years ago, was it any better?

livin' the other life

I don't know

don't really remember my feelin's then; perhaps there weren't any, I was so preoccupied.

Thanks for listenin'

=====
=====

Re: Tryin'

Posted by ineedchizuk - 12 Sep 2014 18:05

Thanks for sharing.

Can very much relate.

??? ???

=====
=====

Re: Tryin'

Posted by Shmeichel - 12 Sep 2014 19:24

dearest cordony

i have exactly this dellema with myself

is it good or important to tell my wife, now after 2 years of being o.k.

on one side she might say:

now i know that all that we suffered with... was all because of you

you are disgusting

i knew that i shouldn't of married you, i always felt something is wrong

i (she) am a failure, by not giving you enough satisfaction

or on the other hand she might say:

really? how did you stop? you are a real tzaddik(not real though)

you decided to only love me, wow, now i really love you

now that you came over that, you are really strong (lets hope)

so ?? ??? ????? ????? is always a winner

=====
=====

Re: Tryin'

Posted by cordnoy - 12 Sep 2014 21:26

thanks so much to all of you.

the dilemma of tellin' wife is a back n' forth one.

this time it came about in a different manner than usual.

it wasn't as a marriage bond thing, but just for my sake; for my loneliness. Dov has said several times that many things we lust addicts do are really for ourselves. We would tell our wives, for they are the safest, for they won't disclose to others.

oh well

think about all the good stuff

and there is plenty...even without too much thinkin'

ill conclude with this:

I hardly ever say good shabbos on this site (check it out; you probably won't find too many); you know why? cuz it's like sayin' i'm done with you fellows for the day, and you know something....I'm not!

=====
=====

Re: Tryin'

Posted by Pidaini - 13 Sep 2014 23:19

Thank you cordnoy for sharing!

I have the feeling of not being able to share my feelings with anyone quite oft. The truth is, by me (and I don't mean anything here, just purely to share), that I could probably tell someone like my wife or some family member, it's just below my dignity to do so, they might look at me a little funny, not with the complete tolerance and acceptance of my GYE friends.

There I go again, ME.....

=====
=====

Re: Tryin'
Posted by cordnoy - 14 Sep 2014 19:27

The fellows here tryin' to change the loneliness thing.

What a great group!

Thanks.

=====
=====

Re: Tryin'
Posted by unanumun - 14 Sep 2014 20:42

[cordnoy wrote:](#)

What a great group!

=====
=====

