

Tryin'

Posted by cordnoy - 23 Jun 2013 09:41

Shalom

I am in my 40s married with children

Recently, I decided to get help on a serious level with my addiction .

My mind wanders and the tayva builds.

It would be easy to blame this on the lack of excitement in marriage intimacy, but I had done this at times before marriage, and at times, when marriage bedroom was good, I'd still fall. Perhaps it still is the reason, but marriage stuff is probably not gettin' better anytime soon.

I have more to write, but as this is my first post, id like to hear some suggestions first please.

Thank you so much

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Re: Tryin'

Posted by LifneiHashem - 16 Mar 2017 12:50

[Singularity wrote on 16 Mar 2017 07:36:](#)

Though you must know it helps us newbies tremendously to know veterans still lust. Or at least it gives me an air of calm. Haha. So thank you.

But hatzlocha nevertheless!

What about it do you find helpful?

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Re: Tryin'

Posted by Singularity - 16 Mar 2017 13:11

[LifneiHashem wrote on 16 Mar 2017 12:50:](#)

[Singularity wrote on 16 Mar 2017 07:36:](#)

Though you must know it helps us newbies tremendously to know veterans still lust. Or at least it gives me an air of calm. Haha. So thank you.

But hatzlocha nevertheless!

What about it do you find helpful?

that you don't just achieve this immortality. That you're a normal guy with all these struggles but you just know how to navigate them better.

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Re: Tryin'

Posted by Shlomo24 - 16 Mar 2017 13:59

[Singularity wrote on 16 Mar 2017 12:25:](#)

Shkoyach on the big steps.

That's a copyright infringement.

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Re: Tryin'

Posted by eslaasos - 16 Mar 2017 14:37

Was going to post something really stupid, and deleted it before I hit submit.

Thinkin' of you.

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Re: Tryin'

Posted by cordnoy - 16 Mar 2017 14:42

[eslaasos wrote on 16 Mar 2017 14:37:](#)

Was going to post something really stupid, and deleted it before I hit submit.

Thinkin' of you.

Generally, stupid and I go together.

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Re: Tryin'

Posted by eslaasos - 16 Mar 2017 14:44

[cordnoy wrote on 16 Mar 2017 14:42:](#)

[eslaasos wrote on 16 Mar 2017 14:37:](#)

Was going to post something really stupid, and deleted it before I hit submit.

Thinkin' of you.

Generally, stupid and I go together.

But not today.

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Re: Tryin'
Posted by MayanHamisgaber - 16 Mar 2017 21:31

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Re: Tryin'
Posted by cordnoy - 17 Mar 2017 02:23

[MayanHamisgaber wrote on 16 Mar 2017 21:31:](#)

Guess you haven't emailed him yet

Not sure about this one.

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Re: Tryin'

Posted by MayanHamisgaber - 17 Mar 2017 10:24

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Re: Tryin'

Posted by cordnoy - 20 Mar 2017 15:44

My respect for gedolim went up today (especially when we don't think the same).

Myl respect for friends went up todayl (even when we don't necessarily think the same).

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Re: Tryin'

Posted by MayanHamisgaber - 20 Mar 2017 18:30

mind elaborating

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Re: Tryin'

Posted by cordnoy - 20 Mar 2017 21:03

[MayanHamisgaber wrote on 20 Mar 2017 18:30:](#)

mind elaborating

Yes.

Difficult to do on a public forum, although I do a lot of that. I also write it in emails and on calls.

Regardin' friends, I spoke to a fellow today who sees things from a different perspective than I. He sees the Hand of God in many occurrences of life. I don't. But his perspective helped me today, for I was willin' to simply listen.

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Re: Tryin'
Posted by cordnoy - 21 Mar 2017 03:35

One valuable lesson learned today:

Manyl times, we find ourselves sayin', "why should I talk to so-and-so (rebbe, mentor, wife, group member, therapist, sponsor, friend, buddy, teacher)? What are they gonna say anyway? It's not rocket science, you know!" And therefore, we shy away.

Now, there is always the concept of sharin' which helps in a big way, but today I saw that we/i do not know everythin'. There is a lot to be learned and gained from hearin' from someone with a different perspective and different outlook.

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Re: Tryin'
Posted by cordnoy - 21 Mar 2017 15:34

Random thoughts:

Speakin' of fightin' and battleground, here are some:

- Manhattan streets
- Lakewood co-op parking lot
- Beach
- meah shearim shuk
- Barbados
- Rush street
- Bucharest
- Anywhere else?

Random question: what would have been so bad if God created everyone handsome, gorgeous and attractive?

End rant

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