Tryin'
Posted by cordnoy - 23 Jun 2013 09:41

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Shalom

I am in my 40s married with children

Recently, I decided to get help on a serious level with my addiction .

My mind wanders and the tayva builds.

It would be easy to blame this on the lack of excitement in marriage intimacy, but I had done this at times before marriage, and at times, when marriage bedroom was good, I'd still fall. Perhaps it still is the reason, but marriage stuff is probably not gettin' better anytime soon.

I have more to write, but as this is my first post, id like to hear some suggestions first please.

Thank you so much

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Re: Tryin'
Posted by cordnoy - 10 Mar 2015 16:46

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Heard on Dov's call today:

The only thing separating me and God is "me."

Kotzker: Where is God found? Wherever you let him in.

Faith and trust in Hashem! If you need to contemplate this and worry about it in every occurrence, that means you are not there yet; it is not part of you.

Teshuvah does not help an addict. We have cycles. We go from the geshmak of actin' out to the geshmak of teshuvah to the geshmak of an orgasm again.

People are free to do as they will (Ramba"m) - even sins. Torah tells us that it's not good for us and damagin', and as the Baal haTanya says: assur means we are tied to something; but addicts are not free to choose.

Addicts are sick in da head; we have an allergy. We can live normally, but not thru normal means. Chizuk will not make you/I change, for we are fish on a line.

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Re: Tryin'
Posted by cordnoy - 15 Mar 2015 15:20

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cry2tatty once posted the followin' song from yesteryear.....why is it that we like to do what we do.....

TTTO: Eye of the tiger or Just one Shabbos.....

I love my computer

you make me feel alright

every waking hour

and every lonely night

I love my computer

for all you give to me

predictable errors and no identity

and its never been quite so easy

Ive never been quite so happy

all I need to do is click on you

and well be joined

in the most soul-less way

and well never

ever ruin each others day

cuz when Im through I just click

and you just go away

I love my computer

youre always in the mood

I get turned on

when I turn on you

I love my computer

you never ask for more

you can be a princess

or you can be my whore

and its never been quite so easy

Ive never been quite so happy

the world outside is so big

but its safe in my domain

because to you

Im just a number

and a clever screen name

all I need to do is click on you

and well be together for eternity

and no one is ever gonna take my love

from me because Ive got security,

her password and a key

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Re: Tryin'
Posted by cordnoy - 19 Mar 2015 12:19
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A snippet of a post from 2010:

Growth is a ladder, not an escalator or even a flight of steps.

Escalators require no effort at all on our part.

Steps can be skipped and you can climb them two at a time.

A ladder needs climbing rung by rung. One at a time.

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Re: Tryin'
Posted by skeptical - 19 Mar 2015 14:16
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Makes me want to try climbing a ladder more than one rung at a time!

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Re: Tryin'
Posted by cordnoy - 19 Mar 2015 15:46
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skeptical wrote**:**

Makes me want to try climbing a ladder more than one rung at a time!

We know the repercussions of that.

Warning: Spoiler!

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Re: Tryin'
Posted by Menachem clean by peach - 19 Mar 2015 22:05
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Hey Cordnoy! I'm happy to present you with karma #100! Congratulations! You deserve it. Thanks for keeping this forum pumping!

I especially appreciate those great oldie threads you've been pulling out.

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Re: Tryin'
Posted by cordnoy - 19 Mar 2015 22:15

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Wow!

Thank you

Tis my pleasure.

the oilam here is terrific!

b'hatzlachah to all

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Re: Tryin'
Posted by Shmeichel - 19 Mar 2015 23:20

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and one from me

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Re: Tryin'
Posted by Ezra - 20 Mar 2015 00:06

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Actually, a question I've been wondering. What's the difference between saying Thank you or

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Re: Tryin'
Posted by cordnoy - 20 Mar 2015 01:33

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Warning: Spoiler!

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Re: Tryin'
Posted by gibbor120 - 20 Mar 2015 14:24

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mazal tov cords. I'd wish you ad meah v'esrim, but I have a feeling you will surpass that, so I wish you bracha ad bli dai!

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Re: Tryin'
Posted by Shmeichel - 20 Mar 2015 16:29

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Re: Tryin'
Posted by belmont4175 - 20 Mar 2015 16:46

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And one from me tooooooooooooooo!

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Re: Tryin'
Posted by skeptical - 20 Mar 2015 17:42

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Ezra

Actually, a question I've been wondering. What's the difference between saying Thank you or Karma. What is Karma for? Is there some great GYE protocol?

I believe a thank you is for when you like a specific post, and karma is if someone makes you feel good in general.

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Re: Tryin'
Posted by cordnoy - 22 Mar 2015 14:24

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This is a conundrum of sorts

Warning: Spoiler!

However, i think the answer is: To get to Heaven, one must use the....

Warning: Spoiler!

Now, i am not really advocatin' that that is the only way; it's just a joke, but it is a good one. I am also not advocatin' that this recovery thin' is about Heaven, but in every joke, there is an element.....

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