

Tryin'

Posted by cordnoy - 23 Jun 2013 09:41

Shalom

I am in my 40s married with children

Recently, I decided to get help on a serious level with my addiction .

My mind wanders and the tayva builds.

It would be easy to blame this on the lack of excitement in marriage intimacy, but I had done this at times before marriage, and at times, when marriage bedroom was good, I'd still fall. Perhaps it still is the reason, but marriage stuff is probably not gettin' better anytime soon.

I have more to write, but as this is my first post, id like to hear some suggestions first please.

Thank you so much

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Re: Tryin'

Posted by stillgoing - 29 Aug 2019 20:21

Thank you for sharing that.

It takes a lot of courage to come here and say that.

As we well know, the disease is a very real one.

Someone has in his signature, "the right thin' and the hard thin' to do are usually the same."

What's workin' for others?

(and maybe pick up the phone some time, will ya? :-))

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Re: Tryin'

Posted by sleepy - 29 Aug 2019 20:36

great quote from stillgoings signature-FSKOT! (Fell Shmell--Keep on Trucking) (The Rebba R' Bards),i fell after 8 years,chazak!

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Re: Tryin'

Posted by sleepy - 29 Aug 2019 20:39

heres a great quote from still going-FSKOT! (Fell Shmell--Keep on Trucking) (The Rebba R' Bards)

i fell after 8 years,hatzlacha!

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Re: Tryin'

Posted by Hashem Help Me - 02 Sep 2019 19:25

[cordnoy wrote on 29 Aug 2019 18:42:](#)

[Gevura Shebyesod wrote on 07 Jun 2019 03:20:](#)

Wow it's been a while since you last posted here.

Did I see something in that list about finding a lost Cords?

I'm not sure if I'm lost, but.....

After 4+ years of sobriety, I fell.

About 5 months ago (extremely enjoyable, and sadly, I'd probably do it again, if the opportunity arises).

The past 2 weeks as well. Not so enjoyable, and I would like not to do it again.

Three days good.

No real plan yet; we shall see.

Thanks

It takes courage to post that buddy. You have been a tremendous inspiration to the chevra here and iyh will continue. I recently heard a drosho from Rav Ades from Eretz Yisroel where he said (in Hebrew) "In every aspect of Avodas Hashem there will be nefila. It's part of the process. Our avoda is to as quickly as possible get back up and move on". Keep on inspiring by showing us how to do exactly that!

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Re: Tryin'

Posted by cordnoy - 10 Dec 2020 17:05

[cordnoy wrote on 29 Aug 2019 18:42:](#)

[Gevura Shebyesod wrote on 07 Jun 2019 03:20:](#)

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Thanks

Some make an erroneous conclusion that if someone fell after years of sobriety, that means the program he was workin' must be a failure. That is incorrect. Firstly, maybe it wasn't for him. Secondly, maybe he didn't work it correctly. Thirdly, and the most important of all, is that it depends on how he proceeds from there. There are many avenues he can take, some good, and that will be a product of his time and efforts in workin' that program, and some will be negative, and, quite possibly, despite of his program workin'.

Personally, whether I fall or not, I have gained tremendously from GYE, SA, the 12 steps, the books, the camaraderie of others, mussar and much more.

Godspeed to all

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Re: Tryin'

Posted by Hakolhevel - 11 Dec 2020 05:38

As a typical nudnick, I want to know what's the "much more"

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Re: Tryin'

Posted by cordnoy - 14 Dec 2020 20:03

[Hakolhevel wrote on 11 Dec 2020 05:38:](#)

As a typical nudnick, I want to know what's the "much more"

That's a good question; can't think of anythin' specific right now.

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Re: Tryin'

Posted by mggsbms - 14 Dec 2020 20:21

In the spirit of nudnick, what made you post this now?

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Re: Tryin'

Posted by cordnoy - 15 Dec 2020 22:04

[mggsbms wrote on 14 Dec 2020 20:21:](#)

In the spirit of nudnick, what made you post this now?

i saw that i was bein' used as an example of people usin' gye for a long time and then fallin'.

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Re: Tryin'

Posted by Bigmoish - 06 Jan 2021 05:46

You should be used as an example of people usin' GYE for a long time, through good times and not as good times, and still stickin' with it.

Not like those other "old timers" who completely vanished. Maybe some are still fightin' the good fight, but many are probably not.

As they say, "the road to secret old timers' forum is paved with..."

Actually, I'm not sure what it's paved with, but if anyone gets there, make sure to drop us a line.

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Re: Tryin'

Posted by cordnoy - 06 Jan 2021 14:11

[Bigmoish wrote on 06 Jan 2021 05:46:](#)

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"Stickin' with it" has its ups and downs. Sorta like life. Sorta like marriage. Sex, learnin', business, raisin' kids.

Dat's livin' I guess.

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Re: Tryin'

Posted by stillgoing - 07 Jan 2021 14:42

[Bigmoish wrote on 06 Jan 2021 05:46:](#)

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Welcome back SG. Long time no see?

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sorry to take an issue with HH ,hes a great poster, but...are you inferring that if youre not on gye youre probably not fighting?

i think you didnt mean that.

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Re: Tryin'

Posted by sleepy - 07 Jan 2021 18:59

[sleepy wrote on 07 Jan 2021 18:54:](#)

[Hakolhevel wrote on 07 Jan 2021 15:54:](#)

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line.I'm stillgoing....

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oops sorry HH, it looks like you were quoting big moish, my apologizes .

BM, are you inferring that if youre not on gye anymore you probably arent fighting?i strongly disagree with that statement,do you have that opinion based on your own experience?

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