

Tryin'

Posted by cordnoy - 23 Jun 2013 09:41

Shalom

I am in my 40s married with children

Recently, I decided to get help on a serious level with my addiction .

My mind wanders and the tayva builds.

It would be easy to blame this on the lack of excitement in marriage intimacy, but I had done this at times before marriage, and at times, when marriage bedroom was good, id still fall. Perhaps it still is the reason, but marriage stuff is probably not getting better anytime soon.

I have more to write, but as this is my first post, id like to hear some suggestions first please.

Thank you so much

C

=====
====

Re: tryin

Posted by cordnoy - 20 Aug 2018 22:58

"bardichev" post=114181 date=1313007391 catid=21MY EXPERIENCE SHOWS THAT THE YH USES "PAST EXPERIENCES"

ONLY TO "PROVE" WHAT A DIRTY ROTTEN LOWLIFE SCOUNDREL SCUM OF THE EARTH ROMANIAN POIR (FARMER)

I REALLY AM

SO I SAY

TOOOOOOOOOOOOOOOOOOOT!

SEE YA IN SYRACUSE!!

BYE

CIAO

SHALOM

GOTTA GO

VROOOOOOOOOOOOOOOOM!

Cordnoy: looks like the quote and paste didn't work so well. Sorry. Bards did mention two of my favorite places, but his business about the evil y"n is a must read.

=====
=====

Re: tryin
Posted by cordnoy - 20 Aug 2018 23:09

Lots to learn from uncle Jack:

[JackAbbey wrote on 31 Aug 2011 23:12:](#)

BOOM!!!

I just heard that i am about to loose my job!

i lost my business last year, and now my job

i know that my addict was the culprit, as i wasted hours upon hours every day (& night), & of course nothing got done in time, i am nkabel bahavah, & thank hashem for giving me that punishment, as it is a direct result of my bad behavior

(interesting, that it only came now after 25 days clean)

a few weeks ago i watched a spider creating a web, then i saw a fly flying right in it and the spider caught it, i learned a few things from it, 1) the food is ready for you, your worrying doesnt make any difference, 2) i have to make that web, i have to try whatever i can, 3) never give up, the web got destroyed soon after it made a new web

i was recently in the NJ beis hachayim i didnt see a single thombstone stating that this person died from hunger

so i am sure that hashem has parnoso ready for me, i just have to search for it

today i got a excellent good regard from my sons yeshiveh, never had such good feedback, so i loose here and win there

=====
=====

Re: tryin

Posted by cordnoy - 22 Aug 2018 00:03

How anonymous is anonymous?

[the.guard wrote on 19 Dec 2009 20:03:](#)

[Rage ATM wrote on 17 Dec 2009 21:39:](#)

[On The Road wrote on 17 Dec 2009 21:17:](#)

i was a bit miffed at the email today which had a letter of an addict who due to his 'caliber,' could not give his real name

whats your name, paco?

LOL Rage ;D

I think OTR just means that he was annoyed how the guy seemed unwilling to consider getting the help he really might have needed (SA) because of his anonymity fears. And OTR is right to be miffed at that, but thank G-d the guy was able to recover through our network and didn't need more. Had GYE not been enough for him and he would have kept falling, he would have likely stood at the crossroads where he would have to make a choice between possibly losing his job or getting real recovery. I don't wish that choice on anyone, but if it comes to that, RECOVERY wins. If we think it doesn't now, we'll come crawling back later admitting that we were wrong. :(

=====
=====

Re: tryin

Posted by cordnoy - 31 Aug 2018 13:18

Al precious mindset:

[On the road wrote on 15 Sep 2009 18:16:](#)

[sturggle wrote on 15 Sep 2009 16:59:](#)

i dunno what to say...

and a voice pops and says,

you dont need help,

you dont deserve help...,

just do this alone,

youre alone

:(:(

I think its a good idea to get out for a walk struggle....

This voice that you speak of .. this voice is your enemy. We are your friends. Listen to us and not to him. He has nothing to offer. We have warmth support and appreciation. His only goal is your total destruction. We seek to see you struggle..... but overcome.

When i see you name i think, anu amaeilim vheim ameilim. anu ameili umekablim schar. Heim

ameilim v'einam mekablím schar. Struggling is depressing and painful..... Unless! You realize a value in it. Humans were created to enjoy and not to feel pain. The only way to enjoy a struggle is to realiz the value of it. Each day is valuable. one day at a time is not a trick to push the YH off and just a stop gap. Its a mindset that each day and moment is valuable. Hope to here from you soon. Your words have helped me in the past and I hope mine are of help to you.

Loynata:

Im on 30 TODAY too so i know where your at . Lets keep pushing ahead. we can make it. we CAN make it.

=====
=====

Re: Tryin'
Posted by higher - 14 Oct 2018 00:41

Its amazing to read this first post (and others that you've written as well) and realize how far you've come. you are truly an inspiration that people can change.

=====
=====

Re: Tryin'
Posted by cordnoy - 15 Oct 2018 03:44

Just for the record, the thought of puttin' myself in a lustful position has crossed my mind two or three times tonight.

=====
=====

Re: Tryin'
Posted by cordnoy - 15 Oct 2018 14:17

[cordnoy wrote on 15 Oct 2018 03:44:](#)

Just for the record, the thought of puttin' myself in a lustful position has crossed my mind two or three times tonight.

God is higher than me; what a revelation!

=====
=====

Re: Tryin'

Posted by mzl - 15 Oct 2018 15:07

[cordnoy wrote on 15 Oct 2018 14:17:](#)

[cordnoy wrote on 15 Oct 2018 03:44:](#)

Just for the record, the thought of puttin' myself in a lustful position has crossed my mind two or three times tonight.

God is higher than me; what a revelation!

So thaaaat's why it says that He went down to see the tower ...

=====
=====

Re: Tryin'

Posted by cordnoy - 23 Nov 2018 14:25

Recently, at a joyous occasion, I had the merit of meetin', seein', schmoozin' with two legends of GYE. One from yesteryear and one current (can one be a livin' legend? Guess so.) It was pretty cool (besides the obvious advantage of meetin' live people, as I have said repeatedly here: meetin' one real guy once is worth more than one year of anonymous postin' (or somethin' like that)), as I felt I was bridgin' the gap; passin' the baton so to speak from the founders of this site to the new regime. Eventually, we are all just blips on the radar screen. Godspeed to all! Rage on! Sin' a song of Shabbos! Be grateful for what you have in life! Pidaini memuhamas maves and start livin' again. You have the gevurah! It may not be teazy, but it's worth the effort (that's

in someone's quote).

=====
=====

Re: Tryin'
Posted by stillgoing - 25 Nov 2018 18:25

know where i can get a Guard costume for the next occasion?

=====
=====

Re: Tryin'
Posted by cordnoy - 25 Nov 2018 21:07

[stillgoing wrote on 25 Nov 2018 18:25:](#)

know where i can get a Guard costume for the next occasion?

Nobody was wearin' costumes.

=====
=====

Re: Tryin'
Posted by Trouble - 26 Mar 2019 03:28

[stillgoing wrote on 25 Nov 2018 18:25:](#)

know where i can get a Guard costume for the next occasion?

I thought I saw one at the dais on Purim night.

=====
=====

Re: Tryin'

Posted by cordnoy - 07 Jun 2019 00:39

Nice to see that they had similar problems in 2010. This is a quote from a post on gue:

[Cry2Tatty wrote on 29 Apr 2010 20:03:](#)

love the one you're with...i get that...just so hard when the one youre with would rather do the following things instead of have sex:

- Wax the ceiling
- Rearrange political campaign signs
- Sharpen your teeth
- Play Houdini with one of your siblings
- Braid your dog's hair
- Clean and polish your belly button
- Water your dog...see if he grows
- Wash a tree
- Knight yourself
- Name your child Edsel
- Scare Stephen King
- Give your cat a mohawk
- Purr
- Mow your carpet
- Play Pat Boone records backwards
- Vacuum your lawn
- Sleep on a bed of nails

GYE - Guard Your Eyes

Generated: 5 August, 2021, 19:50

- DON'T toss and turn
- Boil ice cream
- Run around in squares
- Think of quadruple entendres
- Speak in acronyms
- Have your pillow X-rayed
- Drink straight shots...of water
- Calmly have a nervous breakdown
- Give your goldfish a perm
- Fly a brick
- Play tag...on West 34th Street
- Exorcise a ghost
- Exercise a ghost
- Be blue
- Be red
- But don't be orange
- Plant a shoe
- Sweat
- Give a Rorschach test to your gerbil
- Turn
- Write a letter to Plato
- Mail it
- Take your sofa for a walk
- Start

- Stop
- Dial 911 and breathe heavily
- Go to a funeral...tell jokes
- Play the piano...with mittens on
- Scheme
- Sit
- Stay
- Water your family room
- Cause a power failure
- Roll over
- Play dead
- Find a witch
- Burn her
- Donate your brother's body to science
- Ask why
- Wiggle
- Regress
- Sleepwalk without sleeping
- Try to join Hell's Angels by mail
- Wonder
- Be a square root
- Ask stupid questions
- Weld your car doors shut
- Spew

GYE - Guard Your Eyes

Generated: 5 August, 2021, 19:50

- Vacation at Three-Mile Island
- Surf Ohio
- Teach your pet rock to play dead
- Go bowling for small game
- Be a monk...for a day
- Wear a sweatband to your wedding
- Staple
- Run away
- Intimidate a piece of chalk
- Abuse the plumbing
- Bend a florescent light
- Bend a brick
- Annoy total strangers
- Let the best man win
- Believe in Santa Claus
- Throw marshmallows against the wall
- Hold an ice cube as long as possible
- Adopt strange mannerisms
- Blow up a balloon until it pops
- Sing soft and sweet and clear
- Sing loud and sour and gravely
- Open everything
- Balance a pencil on your nose
- Pour milk in your shoes

GYE - Guard Your Eyes

Generated: 5 August, 2021, 19:50

- Write graffiti under the rug
- Embarrass yourself
- Grind your teeth
- Chew ice
- Count your belly button
- Sit in a row
- Stack crumbs
- Gesture
- Save your toenail clippings
- Make a pass at your blender
- Punt
- Make up words that start with X
- Make oatmeal in the bathtub
- Search for the Lost Chord
- Chew on a sofa cushion
- Sing a duet
- Balance a pillow on your head
- Hold your breath
- Faint
- Stretch
- Flash your mailman
- Teach your TA English
- Learn to speak Farsi
- Swear in Russian

GYE - Guard Your Eyes

Generated: 5 August, 2021, 19:50

- Use an eraser until it goes away
- Disassemble your car
- Put it together inside out
- Record your walls
- Interview your feet
- Make a list of your favorite fungi
- Sell formaldehyde
- Repeat
- Ad lib
- Fade
- File your teeth - Whine
- Rake your carpet
- Re-elect Richard Nixon
- Critique "Three's Company"
- Listen to a painting
- Play with matches
- Buff your cat
- Race ferrets
- Paint your house...Day-Glow Orange
- Have a formal dinner at White Castle
- Read Homer in the original Greek
- Learn Greek
- Change your mind
- Change it back

GYE - Guard Your Eyes

Generated: 5 August, 2021, 19:50

- Watch the sun...see if it moves
- Build a pyramid
- Stand on your head
- Stand on someone else's head
- Spit shine your Nikes
- See how long you can stay awake
- See how long you can sleep
- Paint your teeth
- Wear a salad
- Speak with a forked tongue
- Paint stripes on a lake
- Ski Kansas
- Sleep in freefall
- Kill a Joule
- Test thin ice...with a pogo stick
- Apply for a unicorn hunting license
- Do a good job
- Crawl
- Invite the Mansons over for dinner
- Paint your windows
- Watch a watch until it stops
- Flash your goldfish
- Paint
- Flirt with an evergreen

- Smile
- Rotate your garden...daily
- Paint a smile
- Shoot a fire hydrant
- Apologize to it
- Pretend you're blind
- Annoy yourself
- Get mad at yourself
- Stop speaking to yourself
- Be a side effect
- Ride a bicycle...up Mt. McKinley
- Duck
- Redecorate...your garage
- Develop a complex
- Join the Army...be someone simple
- Try harder
- Hit the deck
- Put leg-warmers on your furniture
- Cut the deck
- Crumple
- Translate Shakespeare into English
- Skydive to church
- Cheer up a potato
- Do aerobic exercises...in your head

GYE - Guard Your Eyes

Generated: 5 August, 2021, 19:50

- Play cards with your swimming pool
- Pinstripe your driveway
- Play Kick the Fire Hydrant
- Harness chipmunk power
- Build a house with ice cubes
- Call London for a cab
- Mug a stop sign
- Change your name...daily
- Go for a walk in your attic
- Challenge your neighbor to a duel
- Build a house out of toothpicks
- Howl
- Wear a lampshade on your head
- Memorize the dictionary
- Stomp grapes in the bathtub
- Find a bug and chase it
- Make yourself a pair of wings
- Be immobile
- Dance 'til you drop
- Check under chairs for chewing gum
- Squish a loaf of bread
- Moo
- Bounce a potato
- Outmaneuver your shadow

GYE - Guard Your Eyes

Generated: 5 August, 2021, 19:50

- Climb the walls
- Appreciate everything
- Challenge yourself to a duel
- Make napalm
- Tattoo your dresser
- Watch a bowling ball
- Buy some diapers
- Eat everything
- Begin
- Pour milk in the sink
- Make cottage cheese
- Tie-dye your sheets
- Carpet your ceiling
- Hold your earlobes
- Fold your earlobes
- Flap
- Squawk
- Read tea leaves
- Analyze the Koran
- Be Buddha
- Award yourself a Nobel Peace Prize
- Plug in the cat
- Turn on everything
- Drop pebbles down the chimney

GYE - Guard Your Eyes

Generated: 5 August, 2021, 19:50

- Turn off your neighbor
- Kill a plant
- Buy a 1931 Almanac
- Memorize the weather section
- Think lewd thoughts about yourself
- Blow bubbles
- Send chills down your spine
- Peel grapes
- Make paper from the skins
- Bloat
- Catch them with your radiator
- Get run over by a train of thought
- Make up famous sayings
- Bite your pinkie - Get your dog braces
- Shave a shrub
- Have a proton fight
- Watch a car rust
- Quiver
- Rotate your carpet
- Learn to type...with your toes
- Set up your Christmas tree in April
- Be someone special
- Buy the Brooklyn Bridge
- Mail it to a friend

- Go back to square one
- Factor your social security number
- Take the fifth
- Memorize a series of random numbers
- Read the 1962 Des Moines white pages
- Join the Foreign Legion
- Learn Sanskrit
- Exist...existentially, of course
- Print counterfeit Confederate money
- Kick a cabbage
- Take a picture
- Put it back
- Sandpaper a mushroom
- Play solitaire...for cash
- Abuse your patio furniture
- Run for Pope
- Count to a million...fast
- Make a schematic drawing...of a rock
- Commit seppuku...with a paper knife
- Revert
- Think shallow thoughts
- Starch your shoes
- Polish your Calvin's
- Contemplate a cockroach

GYE - Guard Your Eyes

Generated: 5 August, 2021, 19:50

- Get a dog to chase your car
- Let him catch it
- Investigate the Czar
- Form a political party
- Climb a sidewalk
- Have a political party
- Get diagonal...with a good friend
- Ride a loaf of bread
- Sharpen a carrot
- Interrogate a gerbil
- Go bow hunting for Toyotas
- Kidnap Cabbage Patch Kids
- Jump back
- Play to lose
- Scalp a street light
- Have your car painted...plaid
- Read a tomato
- Sharpen your sleeping skills
- Watch a game show...take notes
- Put out a fire
- If you can't find a fire, make one
- Interview a cloud
- Play tiddlywinks...go for blood
- Play basketball...in a minefield

GYE - Guard Your Eyes

Generated: 5 August, 2021, 19:50

- Don't talk to things
- Draw Lewis structures on your ceiling
- Have your cat bronzed
- Have your gerbil gilded
- Write books about writing books
- Create random equations
- Mispell words
- Tell your feet a joke
- Throw a tomato into a fan
- Sing the ABC song backwards
- Pretend you're a dog
- Dial-a-prayer and argue with it
- Grease the doorknobs
- String up a room
- Stack furniture
- Relive fond memories
- Tie your shoelaces together
- Gargle
- Count your teeth with your tongue
- Decay
- Find your half-life
- Design a better toilet seat
- Shred a newspaper
- Have a headache

GYE - Guard Your Eyes

Generated: 5 August, 2021, 19:50

- Scratch
- Sniff
- Hatch an egg
- Play air guitar
- Act profound
- Spill
- Spell
- Stare
- Truncate
- Slouch
- Develop hearing problems
- Put your feet behind your head
- Tie bows in everything
- Hold your hand
- Watch the minute hand move
- Grow your fingernails
- Pretend you're a telephone
- Ring
- Radiate
- Skip
- Play hopscotch...with real scotch
- Clock the velocity of your REMs
- Put your shoes on the opposite feet
- Cross your toes

- Roll your tongue
- Crystallize
- Baby oil the floor
- Hide
- Attack innocent bunnies
- Declare war
- Destroy a tree
- Hide the scrabble bag
- Seduce your stick shift
- Wink
- Memorize the periodic table
- Mummify
- Pretend you're a roadie
- Buy a Ginsu knife
- Collect electrons
- Correct typos that aren't there
- Polish your neck...use Pledge
- Recopy the Bible substituting your name for God
- Loosen the lug nuts on your dad's new car
- Drop your cat off the roof to see if it lands on all four feet
- Count the bags under Walter Mondale's eyes
- Unscrew all the lightbulbs and rearrange the furniture
- Found the Jim Jones School of Bartending
- Listen for non-satanic messages (i.e. "Drink milk")

- Dress like Motley Crue...surprise your grandmother
- Dial-a-Prayer and tell them they're wrong
- Go into a bar and ask for a Molotov Cocktail
- Learn everything there is to know about the Holy Roman Empire
- Make a drive-in window at your local bank where there wasn't one before
- Walk on water...but don't get caught
- Confess to a crime...that didn't happen
- Be in the wrong place at the right time
- Plot the overthrow of your local School Board
- Request covert assistance from the CIA
- Discover the source of the Mississippi
- Search for buried treasure...in Nebraska
- Hot wax the bottom of your brother's dress shoes
- Preach the philosophy of Marx...Groucho, that is
- Drink as much prune juice as you can
- Write a book about your previous life
- Serve ping-pong balls...as hors d'oeuvres
- Jump up and down...on your alarm clock
- Make a quilt out of used cocktail napkins
- Sterilize your stereo...with Jack Daniels
- Carve you and your girlfriend's initials...in a marshmallow
- Drive the speed limit...in your garage
- Sing the national anthem...during your calculus final
- Wear a three-piece suit...in a sauna

- Pay off the national debt...with a bad check
- Go to a cemetery and verbally abuse dead people
- Give yourself a hernia...for Christmas
- Defend your neighborhood from roving Mongol hordes
- Recite romantic poetry...to your toaster
- See if you really can build a nuclear device in your own basement
- Go to McDonald's and pretend you can't speak English
- Write to your congressmen, senators, President, etc. to tell them what a good job they're doing...On April 1st
- Find the heat capacity of your chemistry professor
- Take apart all your major kitchen appliances...mix and match them
- Turn your TV picture tube upside down
- Phone in a death threat on President Kennedy
- Put lighted EXIT signs on all your closets
- Carry a tune...drop it, see if it breaks
- Be planar...but don't tell your parents
- Play hockey with your little cousin...as the puck
- Make a deal with the devil...but keep your fingers crossed
- Put instant concrete in your big brother's waterbed
- Give a lecture on the historical significance of cream cheese
- Debate politics with a fern
- See how small you can scrunch your face - Sell firewood door to door...in Atlantis
- Found the TLO (Toledo Liberation Organization)
- Play nuclear chicken with a small third world nation

- Raise professional certified racing turnips
- Give your grandmother a raise and another day of paid vacation
- Lead an aerobics class...for patients of the I.C.U.
- Go to a drive-in movie in a tank
- Go to a non-drive-in movie in a tank and drive in anyway
- Send President Reagan an alarm clock...wind it up first
- Found a cockroach stable and stud ranch
- Send your goldfish to obedience school
- Free the oppressed toasters of America
- Weave a tablecloth out of copper tubing
- Give your cat a suntan...in the microwave
- Park your car...with a friend
- Park your car...with a group of friends
- Frame your first statement of bankruptcy
- Place it on the wall of your office
- Solve the population problem ($x^2 + y^2 = \text{population} \dots \text{solve for } x$)
- Contribute to the population problem
- Wear a T-shirt that says "I'll walk on you to see The Who" and a peace sign
- Practice the Aztec method of heart removal on your professor
- Find out who made the super glue commercials and give them your Ginsu knife
- Get Ronco and K-tel to merge...they sell the same stuff anyway
- Sneak into a nuclear physics lab and stay the night
- Play with anything that looks interesting
- Drop piston engines on two people and see who squishes first

- See if your goldfish can live in Coors rather than water
- Try to ignite water...the Mississippi might work
- Draw Venn diagrams...screw them up
- State fallacies as fact (like, "peanuts grow on bushes")
- Visit the Architecture building...loudly criticize its design
- Make a schematic drawing...of a rock
- Wallpaper your laundry room...with pages from books you don't like
- See if diamonds really do cut glass...on everything in your neighbor's house
- Tenderize your tongue...chew on it for a while
- See how long you can stare at a fluorescent light...try green
- Bronze your sister's turtle
- See how long it takes for her to notice
- See what she does when she notices
- Bronze your sister- If you lose, stop watering it and try again.
- Increase your territorial holdings by force
- Find out how many ways there really are to skin a cat
- Boldly go where no man has gone before
- Be a threat to the American way of life
- Do research into the cause of World War III
- Be a threat to the Northwestern Tibetan way of life
- Re-establish the Roman Empire...in Pittsburgh

=====
=====

Re: Tryin'
Posted by Gevura Shebyesod - 07 Jun 2019 03:20

Wow it's been a while since you last posted here.

Did I see something in that list about finding a lost Cords?

=====
=====

Re: Tryin'
Posted by cordnoy - 29 Aug 2019 18:42

[Gevura Shebyesod wrote on 07 Jun 2019 03:20:](#)

Wow it's been a while since you last posted here.

Did I see something in that list about finding a lost Cords?

I'm not sure if I'm lost, but.....

After 4+ years of sobriety, I fell.

About 5 months ago (extremely enjoyable, and sadly, I'd probably do it again, if the opportunity arises).

The past 2 weeks as well. Not so enjoyable, and I would like not to do it again.

Three days good.

No real plan yet; we shall see.

Thanks

=====
=====