

Rosh Chodesh

Posted by LEARNING - 12 Apr 2013 06:06

I've always fallen on Rosh Chodesh. I don't know if this is just superstitious but its almost as if the yetzer hara tries harder on these holy days. On this 2 day rosh chodesh Iyar I've already fallen the first day. Now I'm struggling to survive the second day. Any tips?

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Re: Rosh Chodesh

Posted by skeptical - 12 Apr 2013 06:30

Perhaps you are telling yourself that you always fall on Rosh Chodesh (whether consciously or subconsciously) and that's why you always fall on Rosh Chodesh.

It helps to catch yourself when you're giving yourself such messages and replace them.

Have a look at this guardyoureyes.com/forum/1-Break-Free/204408-the-void#204428

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